

SUGGESTED ITEMS INCLUDE:

FOOD ITEMS

- ★ Granola/Protein Bars
- ★ Beef Jerky
- * Slim Jims
- * Summer Sausage
- * Beef Sticks
- Fruit Snacks
- ★ Individual Drink Mix Packs
- ★ Trail Mix/Nuts
- * Sunflower Seeds
- **★** Peanut Butter/Jellies (No Glass Please)

PERSONAL HEALTH-CARE/HYGIENE

- **★** Foot Powder
- ★ Mouthwash
- **★** Anti-Fungal Cream ★ Toothpaste
- ★ Deodorant
- * Toothbrushes
- **★** Shaving Cream
- ★ Dental Floss
- ★ Soap/Body Wash ★ Lip Balm
- **★** Disposable Razors ★ Sun Block
- * Vitamins

- **★** Wet Wipes
- ★ Nail Clippers
- ★ Small Size **Shampoos & Conditioners**

All donated items will be packaged in an individual box and sent to members of the military who are currently serving overseas.



For more information contact **Proviso Township** Kate - (708) 240-4435

