

Eligibility

Participation in Special Olympics training and all competition is open to all persons with intellectual disabilities regardless of level or degree of that person's disability, and whether or not that person also has other mental or physical disabilities.

All athletes must complete the Application for Participation through Special Olympics by obtaining a physical through a doctor.



District 89- Special Olympics



**"Let me win. But if I
cannot win let me be brave
in the attempt."**

—Special Olympics Oath



If you have any questions or would like to learn more about District 89's Special Olympics Program, please contact Allison Rodgers at allison.rodgers@maywood89.org or Nicole Pieranunzi at nicole.pieranunzi@maywood89.org



What is Special Olympics?

Special Olympics is a global wide organization that gives the opportunity for individuals with intellectual disabilities to participate in Olympic-like sports.

District 89's goal is for athletes to have an opportunity to interact with their peers, build social skills, increase physical activity, learn about sportsmanship, and to have fun.

Junior Level Sports

Junior level teams are for ages 8-15

Basketball

- October- January
- Practice 2 times a week at Stevenson Middle School
- Play at least 3 games against local teams
- Participate in the Special Olympics Basketball tournament
 - If we place 1st there will be a state competition in March at Illinois State University in Bloomington, IL.

Track and Field

- February- April
- Participate in the Special Olympics Track and Field meet
 - All athletes that place 1st in their division will participate in a state competition in June at Illinois State University in Bloomington, IL.
- Practice 2 times a week at Stevenson Middle School
- Students are able to choose 2 events to participate in:
 - Running long jump
 - Standing long jump
 - Short/ long distant running
 - Wheelchair racing
 - Shotput
 - High jump
 - Softball/ Tennis ball throw
 - Race walking
 - Relay races

Young Athletes Program

Young Athletes program is for ages 2-7

The Young Athletes Program will allow athletes the opportunity to develop early basic skills of sports such as; running, jumping, catching, throwing, striking, and kicking.

Practice will be held at Garfield Elementary School once a week from November-June.

There will be a Young Athletes Ceremony at the end of the year to demonstrate to family and friends what we have accomplished over the season.

