



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# IS YOUR CHILD SAFE AROUND WATER?

## WEST COOK YMCA SWIM LESSONS for ages 6 mo.-adult

### SWIMMING LESSONS MATTERS!

When a child learns to swim, his or her risk of drowning is cut by 80%.

### Swim Lessons at the West Cook YMCA

- Teach Safety in and around Water
- Develop and improve strokes
- Prepare for competitive swimming
- Lessons for all ages (6 mos.-adult)

**SIGN YOUR CHILD UP NOW TO LEARN THIS  
ENJOYABLE, HEALTHY, AND POTENTIALLY  
LIFE-SAVING SKILL.**

### GROUP SWIM LESSONS PRIVATE LESSONS SEMI-PRIVATE LESSONS

Contact Lauren Bell at  
708-434-0220 or [lbell@westcookymca.org](mailto:lbell@westcookymca.org)

### NEW LOWER PRICES

Winter I Session: Jan. 7– Feb. 24  
Winter II Session: Feb. 25– Apr. 14

Member Registration: 12/10  
Winter I Open Registration: 12/17  
Winter II Open Registration: 2/4

These are NOT school sponsored activities.

West Cook YMCA | 255 S. Marion St., Oak Park, IL 60532 | 708-383-5200 | [www.westcookymca.org](http://www.westcookymca.org)

