

Veterans Park District Newsletter



The purpose of the Park District is to enhance the quality of life of our residents by offering the best in recreational and leisure services. Visit our website at www.vdpark.org or call 708-343-5270 for more information.

Winter 2019

Winter Break Shooting Camp

This is strictly a shooting camp. Participants will come in and work on game speed and situation type shots. We will work on shooting off the dribble, off of screens, and spot up shooting. This camp will focus on the players form and proper footwork.

Age 6-10; Thursday/Friday, Dec 26-27; 10 AM-12 PM

Age 11-13; Thursday/Friday, Jan 2-3; 1-3 PM

R \$30/NR \$45

Location: Grant Park Recreation



A Splash of Color-Watercolor Painting I

In this class, children will become more creative, increase their critical-thinking skills, and will gain a lifelong appreciation of art. By teaching your children painting, you're also opening them up to an entire world of artistic expression! All supplies are included and you will finish 2 to 3 projects to take home.

Age 6+; Mondays, Jan 13-Mar 2*

*No class Jan 20

5-6 PM; R \$48/NR \$58

Location: Grant Park, Trevino Hall

(Additional sessions begin in March and May)



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Winter Break Sports Camp

Does your child enjoy playing sports? If so, this is the camp for him/her! The winter break sports camp will be filled with multiple sports such as baseball, flag football, kickball, soccer, and much more!

Don't miss out and sign up today!

Ages: 8-13; Monday-Friday Dec 13-Jan 3*

9 AM-5 PM; R \$140/NR \$160

*No camp Dec 24, 25, 31 and Jan 1

Location: George A. Leoni Complex



Youth Fit (Fitness for Kids)

Start them on a healthy path as early as possible! Kids can have fun and get some energy out while learning basic exercise techniques. Obstacle courses and other activities will create a healthy, competitive atmosphere to keep them engaged.

Ages: 7-15; Thursdays, Jan 9-Feb 13

5:30-6:30 PM; R \$35/NR \$50

Location: Cimbalo Fitness Center



WINTER

A FREE EVENT FOR THE WHOLE FAMILY!

Games - Prizes - Holiday Crafts - Family Bingo - Moon Jumps

Horse-Drawn Carriage Rides - Visit with Santa & Mrs. Claus

Candy Cane Concession Stand

BRING YOUR CAMERA!

In partnership with the City of Northlake
and Kiwanis Club of Northlake

Grant Park Recreation Center
44 W. Golfview Dr, Northlake



Saturday, December 7th - 11 AM-3 PM

Tumbling: Level 1

Beginner tumblers will learn forward rolls, cartwheels, bridges, and jumps. Strength and flexibility are also needed to progress into the higher level classes. Children will be evaluated at the end of each session and advised when to move to the next level.

Ages: 4-5 (Parents may stay with young children)

Wednesdays, Jan 29-Mar 18

* No class Feb 17

5-6 PM; R \$45/ NR \$60

(Additional sessions begin in March and May).

Location: Cimbalo Fitness Center

Tumbling: Level 2

This class is designed to perfect your child's beginner skills and add new skills. Skills to be taught are: backbends, handstand forward rolls, and round-offs. Children will be evaluated at the end of each session and advised when to move to the next level.

Ages 6-10

Wednesdays, Jan 29-Mar 18*

* No class Feb 17

6:10-7:10 PM

R \$45/NR \$60

(Additional sessions begin in March and May).

Location: Cimbalo Fitness Center



WINTER BREAK CAMP

Winter break may be a two-week vacation for school children, but not for most working parents. Our Winter Camp is a great way to make sure your kids are having a fun, structured, and supervised winter vacation. The camp features exciting art projects, games, and activities organized by our dedicated staff.

Ages 6-12

Dates: Dec 23, 26, 27, 30, Jan 2, 3*

*No camp Dec 24, 25, 31 and Jan 1

Time: 9 AM-4 PM

Fee: R \$140/NR \$160

Before Care: 8-9 AM; R \$30/NR \$50

After Care: 4-6 PM ; R \$50/NR \$55

Location: Grant Park



Special Recreation



Saturday Fun Club

This club was designed for those who want to get out of the house during the winter. Join your friends for a wonderful social experience. We will be doing different activities, anything from cooking to watching movies and crafts too! Bring your lunch and a drink.

Ages: 6-12; Saturdays, Jan 11-Apr 23; 10 AM-2 PM

R\$28/NR\$33

Location: Trumbull Park

Transportation: \$12. Available for residents only.



Winter Camp for Ages 6-21

Are you always bored over winter break? Veterans Park District can help you change that! Gather your friends and spend winter break with us! We will have a day full of crafts, games, movies, and fun outside, weather permitting. Please bring a lunch each day. Snacks and beverage will be provided.

Week 1: Dec 26-Dec 27

Week 2: Jan 2-Jan 3

Time: 9 AM-3 PM

Location: Trumbull Park

Fee Per Week: R \$30/NR \$35



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