

RAISING VIRTUAL ATHLETES 101



BRINGING ATHLETES TOGETHER, VIRTUALLY!

The perfect mixture of physical education and social emotional learning. We will provide live basketball workouts & activities, nutritional education, social emotional techniques and participation incentives!



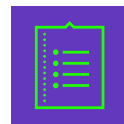
Program Benefits

80% of athletes that participated in our program improved in Positive Identity, Social Skills, Self Management. 100% of athletes improved in 1 or more areas in athletic performance.



Program Testimonies

"Great workouts, great coaches, great program." - K.M
"Amazing program! Needed during this time." - A. S"
"Thank you so much for everything, I appreciate being in this program!" - C. S.



Program Details

- 4 week program with CO-ED sessions for ages 10-13 & 14-17
- Virtual group discussions with peers and certified & professional coaches
- Individual check-ins addressing emotional and social needs

Find out more information at www.4ptplay.org or call 708-320-8011



Coach Lodree
Walther Christian Academy
Head Varsity Coach
Chicago Bulls Youth Hoops Coach



Coach Harris
Walther Christian Academy
Head junior Varsity Coach
UP2US Americorps Coach



Coach Jones
Walther Christian Academy
Assistant Coach
UP2US Americorps Coach



Coach Brown
UP2US Americorps Coach
Teacher Assistant, Proviso West
High School

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