Veterans Park District The purpose of the Park District is to enhance the guality of life of our residents by offering the best in Winter 2021

The purpose of the Park District is to enhance the quality of life of our residents by offering the best in recreational and leisure services. Visit our website at www.vpdpark.org or call 708-343-5270 for more information.



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Volleyball Ages 10-15



This fun and instructional program prepares players to succeed in volleyball. Players will improve their serving, bumping, setting and spiking skills. Games will be played throughout the program. Teamwork and good sportsmanship are stressed. Wednesday, January 12—February 2, 4-5 PM, R \$55/ NR \$70 Grant Park 44 W Golfview Drive, Northlake

Soccer 101 Ages 4-7



VPD staff will lead players in specific drills for

an introduction to soccer. The class will cover shooting and passing. Non-competitive games will be played between the participants. Fun and sportsmanship will be stressed during the class. Age– appropriate equipment will be used. Wednesday, January 12—February 2, 4-5 PM, R \$55/NR \$70 Grant Park 44 W Golfview Drive, Northlake

Youth Athletic

Baseball Ages 10 - 14

Hitting , fielding, and pitching will be incorporated into each class. Participants will be put through drills to enhance their baseball skills. Please bring a baseball glove and baseball bat. Monday, January 10-31, 4-5PM, R\$55/NR \$70. George A. Leoni Complex 800 N. 17th Ave, Melrose Park

Baseball 101 Ages 4 - 7



Hitting, throwing, catching, running, and teamwork will be taught in this instructional baseball program. All skills will be taught in a fun and easy to learn environment. Non-competitive games will be played during each class, allowing all participants to get involved. Monday, January 10-31, 4-5PM, R\$55/NR \$70. Grant Park 44 W Golfview Drive, Northlake

Basketball 101 Ages 4-7



Dribbling, passing, shooting and teamwork will be taught in this instruction-

al basketball program. All skills will be taught in a fun and easy to learn environment. Non-competitive games will be played during each class, allowing all participants to get involved. Smaller basketballs and age—appropriate hoops will be used to help skill development. Tuesday, January 11—February 1, 4-5PM, R\$55/NR \$70. Grant Park 44 W Golfview Drive, Northlake

Creative Arts

Drawing Ages 6+

Learn the fundamentals of drawing such as light source, shading,

contouring, and more. You will have the opportunity to learn new ways to interpret the world. This can be a relaxing hobby that brings out your creativity. All supplies are included. Tuesday, January 11—February 15, 6:30—7:30 PM, R \$60/NR \$75. Grant Park 44 W. Golfview Drive, Northlake

Intermediate Ages Drawing 6+

Learn new and more challenging drawing techniques such as light source, shading, contorting, and more! Your child will have the opportunity to learn new ways to interpret the world around them. Tuesday, January 11—February 15, 7:45—8:45 PM, R \$60/NR \$75. Grant Park 44 W. Golfview Drive, Northlake

Painting Ages 8+



Learn basic watercolor techniques such as Wet on Wet, Wet on Dry and blending. You will also learn oil painting techniques using acrylic paints. All supplies are included. Monday, January 10—March 7, 6:30— 7:30PM, R \$65/NR \$80 . Grant Park 44 W. Golfview Drive, Northlake

Pour Painting Ages 8+



Do you want to try something different? How about Pour

Painting with acrylic paints? You will learn the basic techniques to create art by pouring paint on a canvas. This is a messy and fun activity. Most supplies will be included. Please bring 4 small cans for your first class, they need to be the same size. Monday, May 2 & 9, 6:30—8PM, R \$40/NR \$45. Grant Park 44 W. Golfview Drive, Northlake

Art Workshops For Tweens Ages 7-13

Galaxy Shoes

Enjoy the music and snacks while you paint your shoes to look "out of this world." You will paint your shoes dark blue and accent then with white paint to look like the sky filled with stars. Bring new white canvas shoes to class. Saturday, January 15th, 10AM—12PM, \$20, Grant Park 44 W. Golfview Drive, Northlake

Sharpie Tie Dye Shoes

Let your creativity run wild with this fun and wearable art project. You will need to bring a clean pair of plain white canvas shoes. Saturday, February 19, 10AM—12PM, \$20, Grant Park 44 W. Golfview Drive, Northlake

Galaxy Print Tee Shirt

Stars, comets, and/or planets can be added to your night sky T -Shirt. This fun shirt can be worn all year. You will need a black or navy tee shirt for this class. Please be sure it is washed without fabric softener. Saturday, April 9th, 10AM— 12PM, \$20, Grant Park 44 W. Golfview Drive, Northlake

Sharpie Tie Dye T—Shirt

Join your friends and make a sharpie Tie Dye T-Shirt, and it's washable. Make your own fashion statement! Bring a washed t-shirt and a jar with a cover to class. Do not use fabric softener when washing the shirt. All supplies are included in fee. Saturday, April 23rd, 10AM—12PM, \$20, Grant Park 44 W. Golfview Drive, Northlake

Duct Tape Wallet

Duct Tape wallets with card slots are so fun and easy to make. All supplies are included in the fee. Saturday, May 19th, 10AM—12PM, \$20, Grant Park 44 W. Golfview Drive, Northlake

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