

THE Monthly MENU



OPEN KITCHENS
Serving the Best

Monday

Tuesday

Wednesday

Thursday

Friday

Oct 1

Hamburger
Veggie Burger
Pizza Bagel
Turkey Pepperoni
Sauce, Marinara, PC - OKI
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Pickles
Pear
Ketchup
Mustard Packet
Mayo
1% Milk
Chocolate Milk
Skim Milk

Oct 2

Pizza Boli
Chicken Chef Salad
Veggie Crackers
Wowbutter & Jelly
Sandwich
Turkeyham Swiss Sandwich
Mixed Greens Salad
Orange
Ranch Dressing
Mayo
Mustard Packet
1% Milk
Chocolate Milk
Skim Milk

Oct 3

Breakfast Sandwich
Cheddar Jalapeno Biscuit
Breakfast Sandwich
Cheddar Jalapeno Biscuit
Cinnamon Bagel
Yogurt & Wowbutter
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Cherry Tomatoes
Grape Juice
Ranch Dressing
Jelly
Cream Cheese Cup
Mustard Packet
Mayo
1% Milk
Chocolate Milk
Skim Milk

Oct 4

Hot Honey Drumstick
White Rice
Hot Honey Tofu
White Rice
Chickpea Wrap
Wowbutter & Jelly
Sandwich
Turkeyham Swiss Sandwich
BBQ Bean Salad
Banana
Ranch Dressing
Mayo
Mustard Packet
1% Milk
Chocolate Milk
Skim Milk

Oct 7

Chicken Nuggets
Pizza Crackers
Veggie Chik'n Nuggets
Veggie Crackers
Turkey & Cheese Lunchable
Wowbutter & Jelly
Sandwich
Turkeyham Swiss Sandwich
Tater Tots
Applesauce Cup
Assorted Flavors
Ketchup
Ranch Dressing
BBQ Sauce Packet
Mayo
Mustard Packet
1% Milk
Chocolate Milk
Skim Milk

Oct 8

Pizza Meatball Sub
Veggie Meatball Sub
Hoagie Roll
Pizza Bagel
Turkey Pepperoni
Sauce, Marinara, PC - OKI
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Celery Sticks
Pear
Ranch Dressing
Mayo
Mustard Packet
1% Milk
Chocolate Milk
Skim Milk

Oct 9

Teriyaki Chicken & Rice
Teriyaki Tofu & Rice
Chicken Chef Salad
Veggie Crackers
Wowbutter & Jelly
Sandwich
Turkeyham Swiss Sandwich
Edamame
Orange
Mayo
Mustard Packet
1% Milk
Chocolate Milk
Skim Milk

Oct 10

Barbacoa & Cheese
Cheese Sauce
Tortilla Chips
Cinnamon Bagel
Yogurt & Wowbutter
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Roasted Peppers & Onions
Apple
Taco Sauce
Cream Cheese Cup
Mayo
Mustard Packet
1% Milk
Chocolate Milk
Skim Milk

Oct 11

Oct 14

Oct 15

Chicken & Waffles
Veggie Chicken & Waffles
Pizza Bagel
Turkey Pepperoni
Sauce, Marinara, PC - OKI
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Seasoned Diced Potatoes
Pear
Ketchup
Ranch Dressing
Syrup
Mayo
Mustard Packet
1% Milk
Chocolate Milk
Skim Milk

Oct 16

Beef Gyo
WG Pita
Falafel Sandwich
WG Pita
Chicken Chef Salad
Veggie Crackers
Wowbutter & Jelly
Sandwich
Turkeyham Swiss Sandwich
Tomato Slices
Orange
Ranch Dressing
Tzatziki Sauce
Mayo
Mustard Packet
1% Milk
Chocolate Milk
Skim Milk

Oct 17

Galaxy Pizza
Turkey & Beef Pepperoni
Galaxy Pizza
Cheese
Cinnamon Bagel
Yogurt & Wowbutter
Cream Cheese Cup
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Mixed Greens Salad
Grape Juice
Ranch Dressing
Mayo
Mustard Packet
1% Milk
Chocolate Milk
Skim Milk

Oct 18

Cheeseburger Mac&Cheese
Veggie Tenders
Veggie Crackers
Chickpea Wrap
Wowbutter & Jelly
Sandwich
Turkeyham Swiss Sandwich
Pickles
Banana
Ranch Dressing
Mayo
Mustard Packet
1% Milk
Chocolate Milk
Skim Milk

<div>Oct 21</div> <div> Chicken Dumplings Vegetable Potstickers Turkey & Cheese Lunchable Veggie Crackers Wowbutter & Jelly Sandwich Turkeyham Swiss Sandwich Snap Peas Applesauce Cup Assorted Flavors Ranch Dressing Mayo Mustard Packet 1% Milk Chocolate Milk Skim Milk </div>	<div>Oct 22</div> <div> Buffalo Boneless Wings Chili Lime Crackers Buffalo Veggie Tenders Veggie Crackers Pizza Bagel Turkey Pepperoni Sauce, Marinara, PC - OKI Wowbutter & Jelly Sandwich Turkey Cheddar Sandwich Corn Pear Mayo Mustard Packet 1% Milk Chocolate Milk Skim Milk </div>	<div>Oct 23</div> <div> Turkey-Sausage Pizza Cheese Pizza Chicken Chef Salad Veggie Crackers Wowbutter & Jelly Sandwich Turkeyham Swiss Sandwich Baby Carrots Orange Ranch Dressing Mayo Mustard Packet 1% Milk Chocolate Milk Skim Milk </div>	<div>Oct 24</div> <div> Sweet & Sticky Drumstick White Rice Sweet & Sticky Tofu White Rice Cinnamon Bagel Yogurt & Wowbutter Wowbutter & Jelly Sandwich Turkey Cheddar Sandwich Edamame Grape Juice Ranch Dressing Mayo Mustard Packet 1% Milk Chocolate Milk Skim Milk </div>	<div>Oct 25</div> <div> Penne Meatball Marinara Veggie Meatball Marinara WG Pasta Chickpea Wrap Wowbutter & Jelly Sandwich Turkeyham Swiss Sandwich Mixed Greens Salad Banana Ranch Dressing Mayo Mustard Packet 1% Milk Chocolate Milk Skim Milk </div>
<div>Oct 28</div> <div> Breakfast Sandwich Cheddar Jalapeno Biscuit Breakfast Sandwich Cheddar Jalapeno Biscuit Turkey & Cheese Lunchable Veggie Crackers Wowbutter & Jelly Sandwich Turkeyham Swiss Sandwich Seasoned Diced Potatoes Applesauce Cup Assorted Flavors Jelly Mayo Mustard Packet 1% Milk Chocolate Milk Skim Milk </div>	<div>Oct 29</div> <div> Hamburger Veggie Burger Pizza Bagel Turkey Pepperoni Sauce, Marinara, PC - OKI Wowbutter & Jelly Sandwich Turkey Cheddar Sandwich Pickles Pear Ketchup Mustard Packet Mayo 1% Milk Chocolate Milk Skim Milk </div>	<div>Oct 30</div> <div> Pizza Boli Chicken Chef Salad Veggie Crackers Wowbutter & Jelly Sandwich Turkey Cheddar Sandwich Mixed Greens Salad Orange Ranch Dressing Mayo Mustard Packet 1% Milk Chocolate Milk Skim Milk </div>	<div>Oct 31</div> <div> Ghost Nachos Ghost Nachos White Nacho Doritos Cinnamon Bagel Yogurt & Wowbutter Wowbutter & Jelly Sandwich Turkeyham Swiss Sandwich Diced Tomatoes Grape Juice Taco Sauce Ranch Dressing Mayo Mustard Packet 1% Milk Chocolate Milk Skim Milk </div>	

Chicken products are No Antibiotic Ever (NAE) or No Antibiotics Important to Human Medicine (NAIHM).

All menus are pork-free.

Grain/bread items served are Whole Grain Rich.

Our milk options include 1% and Skim.

Not all offerings may be available in all buildings and menu offerings may change with little to no notice.

This institution is an equal opportunity provider.