

# THE *Monthly* MENU



OPEN KITCHENS  
*Serving the Best*

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct 1 Celery Sticks Wowbutter	Oct 2 Educational Grahams Wowbutter	Oct 3 Red Pepper Strips Hummus Cup Ranch Dressing	Oct 4 Savory Herb Crackers Fruit Punch Juice
Oct 7 String Cheese Pretzel Goldfish	Oct 8 Yogurt Cup Assorted Flavors Granola	Oct 9 Hard-Boiled Egg Pizza Crackers	Oct 10 Educational Grahams 1% Milk	Oct 11
Oct 14	Oct 15 Tortilla Chips Fruit Punch Juice Salsa Cup	Oct 16 Yogurt Cup Assorted Flavors Granola	Oct 17 Cucumber Slices Hummus Cup Ranch Dressing	Oct 18 Broccoli Cheddar Cheese Cup
Oct 21 Goldfish 1% Milk	Oct 22 Celery Sticks Wowbutter	Oct 23 WG Muffin Assorted Flavors 1% Milk	Oct 24 Red Pepper Strips Hummus Cup Ranch Dressing	Oct 25 Savory Herb Crackers Fruit Punch Juice
Oct 28 Goldfish 1% Milk	Oct 29 Celery Sticks Wowbutter	Oct 30 Educational Grahams Wowbutter	Oct 31 Red Pepper Strips Hummus Cup Ranch Dressing	

Chicken products are No Antibiotic Ever (NAE) or No Antibiotics Important to Human Medicine (NAIHM).

All menus are pork-free.

Grain/bread items served are Whole Grain Rich.

Our milk options include 1% and Skim.

Not all offerings may be available in all buildings and menu offerings may change with little to no notice.

This institution is an equal opportunity provider.