

## Monday

**Feb 3**

- Pizza Boli
- Turkey & Cheese Lunchable
- Veggie Crackers
- Wowbutter & Jelly Sandwich
- Turkeyham Swiss Sandwich
- Celery Sticks
- Applesauce Cup
- Assorted Flavors Mayo
- Mustard Packet
- Ranch Dressing
- 1% Milk
- Skim Milk
- Chocolate Milk

**Feb 10**

- Chicken Taco
- WG Pizza Crunchers
- Turkey Coins & Cheese
- Veggie Crackers
- Wowbutter & Jelly Sandwich
- Turkeyham Swiss Sandwich
- Baby Carrots
- Applesauce Cup
- Assorted Flavors Mayo
- Ranch Dressing
- Mustard Packet
- Taco Sauce
- 1% Milk
- Chocolate Milk
- Skim Milk

**Feb 17**

- Cheese Sauce
- Tortilla Chips
- Cheese Quesadilla
- Wowbutter & Jelly Sandwich
- Turkey Cheddar Sandwich
- Cherry Tomatoes
- Pear
- Mayo
- Mustard Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

**Feb 24**

- Cheeseburger Mac&Cheese
- Veggie Chik'n Nuggets
- Turkey Coins & Cheese
- Veggie Crackers
- Wowbutter & Jelly Sandwich
- Turkeyham Swiss Sandwich
- Hot Broccoli
- Applesauce Cup
- Assorted Flavors Mayo
- Ranch Dressing
- Mustard Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

## Tuesday

**Feb 4**

- Chicken & Waffles
- Louisiana Chicken
- Veggie Chicken & Waffles
- Wowbutter & Jelly Sandwich
- Turkey Cheddar Sandwich
- Seasoned Diced Potatoes
- Pear
- Ketchup
- Mayo
- Mustard Packet
- Syrup
- 1% Milk
- Skim Milk
- Chocolate Milk

**Feb 11**

- Philly Cheesesteak
- Hoagie Roll
- Veggie Burger
- Wowbutter & Jelly Sandwich
- Turkey Cheddar Sandwich
- Roasted Peppers & Onions
- Pear
- Mayo
- Mustard Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

**Feb 18**

- Cheese Sauce
- Tortilla Chips
- Cheese Quesadilla
- Wowbutter & Jelly Sandwich
- Turkey Cheddar Sandwich
- Cherry Tomatoes
- Pear
- Mayo
- Mustard Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

**Feb 25**

- Chicken Nuggets
- Pizza Crackers
- Veggie Chik'n Nuggets
- Veggie Crackers
- Wowbutter & Jelly Sandwich
- Turkeyham Swiss Sandwich
- Tater Tots
- Pear
- Ketchup
- Mayo
- Mustard Packet
- BBQ Sauce Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

## Wednesday

**Feb 5**

- Chicken Quesadilla
- Cheese Quesadilla
- Chicken Chef Salad
- Veggie Crackers
- Wowbutter & Jelly Sandwich
- Turkey Cheddar Sandwich
- Red Pepper Strips
- Clementine
- Ranch Dressing
- Mayo
- Mustard Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

**Feb 12**

- Turkey Kielbasa
- Veggie Sausage Patty
- Whole Grain Bagel
- Chicken Chef Salad
- Veggie Crackers
- Wowbutter & Jelly Sandwich
- Turkeyham Swiss Sandwich
- Tater Tots
- Clementine
- Ketchup
- Jelly
- Mayo
- Mustard Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

**Feb 19**

- French Bread Cheese Pizza
- Chicken Chef Salad
- Veggie Crackers
- Wowbutter & Jelly Sandwich
- Turkeyham Swiss Sandwich
- Cauliflower
- Clementine
- Mayo
- Mustard Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

**Feb 26**

- Pepperoni Pizza
- Wild Mike's
- Wild Mike's Cheese Pizza
- Chicken Chef Salad
- Veggie Crackers
- Wowbutter & Jelly Sandwich
- Turkey Cheddar Sandwich
- Wango Mango Juice
- Clementine
- Mayo
- Mustard Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

## Thursday

**Feb 6**

- Lemon Pepper Drumstick
- Lemon Pepper Tofu
- Sister Schubert's Roll
- Cinnamon Bagel
- Yogurt & Wowbutter
- Cream Cheese Cup
- Wowbutter & Jelly Sandwich
- Turkeyham Swiss Sandwich
- BBQ Bean Salad
- Grape Juice
- Mayo
- Mustard Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

**Feb 13**

- Galaxy Pizza
- Turkey & Beef Pepperoni
- Galaxy Pizza
- Cheese
- Cinnamon Bagel
- Yogurt & Wowbutter
- Wowbutter & Jelly Sandwich
- Turkey Cheddar Sandwich
- Lemon Chickpea Salad
- Grape Juice
- Mayo
- Mustard Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

**Feb 20**

- Rotisserie Drumstick
- BBQ Tofu
- Sister Schubert's Roll
- Cinnamon Bagel
- Yogurt & Wowbutter
- Cream Cheese Cup
- Wowbutter & Jelly Sandwich
- Turkeyham Swiss Sandwich
- Mixed Greens Salad
- Grape Juice
- Mayo
- Mustard Packet
- Ranch Dressing
- 1% Milk
- Chocolate Milk
- Skim Milk

**Feb 27**

- Orange Chicken & Rice
- Orange Tofu & Rice
- Cinnamon Bagel
- Yogurt & Wowbutter
- Cream Cheese Cup
- Wowbutter & Jelly Sandwich
- Turkeyham Swiss Sandwich
- Wango Mango Juice
- Edamame
- Grape Juice
- Ranch Dressing
- Mayo
- Mustard Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

## Friday

**Feb 7**

- BBQ Turkey Sandwich
- Pretzel Roll
- Veggie Chicken Sandwich
- Yogurt & Cheese Protein Kit
- Wowbutter & Jelly Sandwich
- Turkey Cheddar Sandwich
- Mixed Greens Salad
- Banana
- Ranch Dressing
- Mayo
- Mustard Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

**Feb 14**

**Feb 21**

- Chef D's Glazed Meatloaf
- Mashed Potatoes
- Chef D's Veggie Tenders
- Mashed Potatoes
- Corn Bread Muffin
- Yogurt & Cheese Protein Kit
- Wowbutter & Jelly Sandwich
- Turkeyham Swiss Sandwich
- Buttered Corn
- Banana
- Mayo
- Mustard Packet
- 1% Milk
- Chocolate Milk
- Skim Milk

**Feb 28**

- Hamburger
- Veggie Burger
- Yogurt & Cheese Protein Kit
- Wowbutter & Jelly Sandwich
- Turkey Cheddar Sandwich
- Red Pepper Strips
- Banana
- Mayo
- Mustard Packet
- Ketchup
- 1% Milk
- Chocolate Milk
- Skim Milk

Chicken products are No Antibiotic Ever (NAE) or No Antibiotics Important to Human Medicine (NAIHM).

All menus are pork-free.

Grain/bread items served are Whole Grain Rich.

Our milk options include 1% and Skim.

Not all offerings may be available in all buildings and menu offerings may change with little to no notice.

This institution is an equal opportunity provider.

# Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Feb 1, 2025 thru Feb 28, 2025

Menu Name: Maywood 89 Elementary Lunch - K-8

Include Cost: No

Site:

Use Alternate Menu Name: No

## Monday - 02/03/2025

## Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991300 Pizza, Boli - OKI	2BG, 2MMA	350	309	5.99	35	5	2	12.98	29.95	689	2.00	2.00	15.97	*N/A*	354.4	*N/A*	2.00
991395 Cheese, Mini, Turkey, Coins, Pack - OKI	2MMA	50	161	6.57	442	0	*0	10.11	0.00	55	1.01	0.00	17.09	*N/A*	203.5	*N/A*	0.00
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	50	210	1.00	250	1	1	7.00	0.00	0	34.00	4.00	*N/A*	4	18.0	*N/A*	2.00
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4	*3	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
991113 Celery, Fresh, Sticks, 3/4c - OKI	3/4c	500	14	0.04	79	1	*N/A*	0.17	0.00	0	2.95	1.59	0.68	446	39.7	3.08	0.20
999478 Applesauce, Cup, Assort - OKI	1/2c	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	300	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	100	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
Weighted Daily Average		508	6.52	529	33	*7	16.55	20.97	500	45.24	6.03	*25.43	*769	618.4	*3.18	2.49
% of Calories			11.55 %		26.0%	*5.5%	29.3%	37.2%		35.6%		*20.0%				
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0									

## Tuesday - 02/04/2025

### Reimbursable Meal Total 500

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999905 Chicken, Louisiana, Waffles - OKI	350	440	2.50	900	11	*11	15.00	0.00	85	53.00	3.00	23.00	*N/A*	*N/A*	*N/A*	*N/A*
999906 Waffles, Chicken, Nuggets, Veggie - OKI	50	440	2.50	650	12	12	22.00	0.00	35	47.00	3.00	17.00	*N/A*	*60.0	*N/A*	*2.80
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	50	271	4.81	642	2	*2	9.59	0.00	40	28.00	4.00	22.59	*0	270.5	*0.00	2.00
991110 Potatoes, Diced, Seasoned, 3/4c - OKI	500	182	0.00	136	0	*N/A*	4.55	0.00	0	31.84	3.03	3.03	*N/A*	15.2	*N/A*	0.91
990652 Pear, Fresh, 150ct, - OKI	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999647 Ketchup, Pkt - OKI	500	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999658 Syrup, PKT - OKI	450	121	0.00	22	22	*N/A*	0.00	0.00	0	30.19	0.00	0.00	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	300	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	100	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
Weighted Daily Average		910	3.58	1191	59	*16	22.90	0.01	74	145.06	11.18	33.28	*323	*327.3	*5.96	*2.16
% of Calories			3.54%		25.9%	*7.0%	22.6%	0.0%		63.8%		14.6%				
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0									

## Wednesday - 02/05/2025

### Reimbursable Meal Total 500

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991251 Quesadilla, Chicken, Cheese, Chile - OKI	300	309	5.87	387	1	*N/A*	12.59	0.00	39	31.61	4.39	17.30	87	257.5	1.81	2.51
991127 Quesadilla, chile, cheese - OKI	50	322	6.91	403	1	*N/A*	14.00	0.00	32	32.19	4.43	16.83	*N/A*	*N/A*	*N/A*	*N/A*
999436 Salad, Chef, Chicken, Cheese - OKI	50	166	6.59	249	0	*0	11.00	0.00	51	2.46	0.49	13.50	*2771	*212.5	*3.44	0.71
991131 Crackers, Veggie, Darlington, 2BG - OKI	50	210	1.00	250	1	1	7.00	0.00	0	34.00	4.00	*N/A*	4	18.0	*N/A*	2.00
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	50	271	4.81	642	2	*2	9.59	0.00	40	28.00	4.00	22.59	*0	270.5	*0.00	2.00
991115 Pepper, Fresh, Red, Strip, 3/4c - OKI	500	18	0.04	3	3	*N/A*	0.20	0.00	0	4.10	1.43	0.67	2130	4.8	86.89	0.29
991204 Clementine, Fresh - OKI	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholest (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
990669 Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average		546	6.51	741	36	*12	16.47	0.01	43	74.61	9.26	*27.11	*2601	*486.3	*88.42	*2.77
% of Calories			10.73 %		26.4%	*8.8%	27.1%	0.0%		54.7%		*19.9%				
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0									

## Thursday - 02/06/2025

### Reimbursable Meal Total 500

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholest (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991314 Chicken, Drumstick, Lemon Pepper - OKI	300	178	2.72	395	0	*N/A*	10.17	0.00	102	0.12	0.00	19.99	0	8.8	0.00	0.78
999843 Tofu, Lemon Pepper - OKI	50	180	1.57	295	*0	*N/A*	10.88	0.00	0	3.47	2.87	21.54	207	852.0	0.25	3.32
991627 Roll, Dinner, Schubert, 2BG - OKI	350	170	0.00	210	5	4	2.00	0.00	5	32.00	3.00	5.00	*N/A*	0.0	*N/A*	1.70
991206 Bagel, Wowbutter, Yogurt, Pack - OKI	50	449	2.98	456	22	11	15.89	0.00	0	60.16	6.00	14.98	*N/A*	410.0	*N/A*	3.00
990784 Cream Cheese, Cup - OKI	50	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	50	297	4.56	519	4	*3	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
990662 Bean, BBQ, Salad, 3/4 c - OKI	500	244	0.00	682	3	*0	2.09	0.00	0	45.51	10.21	11.72	*0	*69.4	*0.00	*2.06

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999429 Juice, Grape, Citrus Sun, 4oz - OKI	500	60	0.00	2	16	*N/A*	0.00	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	0.00	15	11.00	0.00	8.00	220	132.3	0.53
990670 Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*
990669 Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	0.00	5	11.25	0.00	7.64	463	276.7	0.00
Weighted Daily Average		795	3.96	1430	*42	*16	18.48	0.01	0.01	79	114.73	14.60	43.39	*162	*503.2	*0.13
% of Calories			4.48%		*21.1%	*8.1%	20.9%	0.0%			57.7%	21.8%				
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0									

## Friday - 02/07/2025 Reimbursable Meal Total 500

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999766 Sandwich, Turkey, BBQ, Pretzel - OKI	300	340	2.12	396	15	13	7.58	0.05	0.05	75	46.83	3.48	21.61	*11	34.9	*0.00
991771 Sandwich, Veggie, Chicken - OKI	50	369	2.00	619	3	3	14.99	0.00	0.00	0	39.86	4.99	18.97	*N/A*	109.7	*N/A*
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	50	400	6.00	460	20	13	15.50	0.00	0.00	30	48.00	4.00	14.00	*0	498.0	*0.00
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*
999626 Sandwich, Turkey, Cheddar - OKI	50	271	4.81	642	2	*2	9.59	0.00	0.00	40	28.00	4.00	22.59	*0	270.5	*0.00
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	500	9	0.01	15	1	*N/A*	0.07	0.00	0.00	0	1.75	0.68	0.58	3955	15.8	3.86

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990651 BANANAS, Fresh 150ct - OKI	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
990678 Sauce, Ranch, PKT - OKI	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
990669 Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average		560	3.67	776	40	*22	13.23	0.04	59	82.58	7.33	29.48	*4152	405.4	*10.70	4.10
% of Calories			5.90%		28.6%	*15.7%	21.3%	0.1%		59.0%		21.1%				
Weekly Nutrient Guideline		600 - 650	<10	1110		<=0										

## Monday - 02/10/2025

### Reimbursable Meal Total 500

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999565 Taco, Chicken, Cheese, Shredded, Tort, 6in - OKI	300	312	6.87	584	2	*0	12.40	0.00	47	31.27	0.00	17.47	*12	*99.5	*0.00	*0.58
999482 Pizza, Crunchers, WG - OKI	50	430	8.00	780	4	1	20.00	0.50	35	42.00	5.00	20.00	*N/A*	430.0	*N/A*	2.50
991399 Kit, Turkey, Coins, Cheese, Cubes - OKI	50	140	5.00	430	0	*0	8.00	0.00	45	0.00	0.00	17.00	*N/A*	204.0	*N/A*	0.00
991131 Crackers, Veggie, Darlington, 2BG - OKI	50	210	1.00	250	1	1	7.00	0.00	0	34.00	4.00	*N/A*	4	18.0	*N/A*	2.00
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990806	Sandwich, Turkey Ham, Swiss, - OKI	50	297	4.56	519	4	*3	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
999685	Carrots, Fresh, Baby, 3/4c - OKI	500	35	0.02	77	5	*N/A*	0.13	0.00	0	8.18	2.88	0.64	13683	31.8	2.58	0.88
999478	Applesauce, Cup, Assort - OKI	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990678	Sauce, Ranch, PKT - OKI	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
999657	Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679	Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999659	Sauce, Taco, PKT - OKI	300	5	0.00	95	0	*N/A*	0.02	0.00	0	1.04	0.19	0.06	*N/A*	*N/A*	*N/A*	*N/A*
990668	Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990670	Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
990669	Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			557	7.02	1033	37	*13	16.59	0.06	48	75.66	6.53	*26.46	*13832	*470.5	*2.69	*2.39
% of Calories				11.34 %		26.6%	*9.3%	26.8%	0.1%		54.3%		*19.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

## Tuesday - 02/11/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991299	Cheesesteak, Philly, Filling - OKI	300	147	4.31	390	0	*N/A*	8.89	0.00	46	0.50	0.00	14.39	*N/A*	*N/A*	*N/A*	*N/A*
991589	Roll, Hoagie, WG - OKI	300	150	0.00	105	1	1	2.00	0.00	0	29.00	2.00	5.00	*N/A*	26.0	*N/A*	1.44



# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
999637 Sandwich, Burger, Veggie, - OKI	50	277	0.00	702	4	3	6.91	0.00	0.00	0	33.74	7.90	19.75	*N/A*	118.6	*N/A*	3.16
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	50	271	4.81	642	2	*2	9.59	0.00	0.00	40	28.00	4.00	22.59	*0	270.5	*0.00	2.00
991680 Peppers, Onions, Roasted, Fz, 3/4c - OKI	500	90	0.00	15	10	0	0.00	0.00	0.00	0	18.00	4.50	3.00	*N/A*	45.0	*N/A*	0.90
990652 Pear, Fresh, 150ct, - OKI	500	78	0.03	1	13	*N/A*	0.19	0.00	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
990669 Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average		565	4.11	671	42	*13	12.72	0.01	0.01	39	83.83	12.12	28.70	*141	*382.2	*5.96	*3.01
% of Calories			6.55%		29.7%	*9.2%	20.3%	0.0%			59.3%	20.3%					
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0										

## Wednesday - 02/12/2025 Reimbursable Meal Total 500

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
991626 Kielbasa, Turkey - OKI	300	270	2.00	900	4	4	9.50	0.00	0.00	60	32.00	3.00	18.00	*N/A*	110.0	*N/A*	2.50
990911 Sausage, Veggie, 2MMA - OKI	50	240	0.00	680	2	*N/A*	14.00	0.00	0.00	0	10.00	4.00	18.00	*N/A*	60.0	*N/A*	2.80

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)		
990768 Bagel, WG, IW - OKI	2BG	50	150	0.00	270	3	*N/A*	1.00	0.00	0.00	0	29.00	3.00	5.00	*N/A*	30.0	*N/A*	1.80	
999436 Salad, Chef, Chicken, Cheese - OKI	2MMA, 1/2cVeg	50	166	6.59	249	0	*0	11.00	0.00	0.00	51	2.46	0.49	13.50	*2771	*212.5	*3.44	0.71	
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	50	210	1.00	250	1	1	7.00	0.00	0.00	0	34.00	4.00	*N/A*	4	18.0	*N/A*	2.00	
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	15	13	31.77	0.00	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01	
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4	*3	11.62	0.00	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00	
999686 Tater, Tots, 3/4c - OKI	3/4c	500	136	0.62	248	1	*N/A*	4.95	0.00	0.00	0	21.05	2.48	1.24	*N/A*	*N/A*	*N/A*	*N/A*	
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*	
999647 Ketchup, Pkt - OKI	1	500	11	0.00	96	2	2	0.08	0.00	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03	
999660 Jelly, PKT - OKI	1	350	36	0.00	6	7	7	0.01	0.00	0.00	0	9.03	0.03	0.04	*N/A*	0.4	*N/A*	0.02	
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0	*N/A*	6.03	0.12	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02	
990679 Mustard, PKT - OKI	1	350	4	0.02	65	0	0	0.27	0.00	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08	
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00	
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18	*18	0.00	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10	
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07	
Weighted Daily Average			680	4.06	1350	43	*22	19.91	0.01	0.01	53	99.54	9.69	*28.57	*419	*402.8	*0.45	*3.01	
% of Calories				5.37%		25.3%	*12.9%	26.4%	0.0%			58.6%		*16.8%					
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0											

Thursday - 02/13/2025

Reimbursable Meal Total 500

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals' (kcal)	S-Fat' (g)	Sodm' (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc'm (mg)	Vit-C (mg)	Iron (mg)
991950 Pizza, Galaxy, Pepperoni - OKI	300	290	6.00	490	8	2	13.00	0.00	35	28.00	3.00	16.00	*N/A*	260.0	*N/A*	1.90
991951 Pizza, Galaxy, Cheese - OKI	50	280	6.00	410	8	2	12.00	0.00	30	28.00	3.00	15.00	*N/A*	280.0	*N/A*	1.70
991206 Bagel, Wowbutter, Yogurt, Pack - OKI	50	449	2.98	456	22	11	15.89	0.00	0	60.16	6.00	14.98	*N/A*	410.0	*N/A*	3.00
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	50	271	4.81	642	2	*2	9.59	0.00	40	28.00	4.00	22.59	*0	270.5	*0.00	2.00
999649 Salad, Lemon Chickpea, 3/4c - OKI	500	373	2.81	566	8	*N/A*	22.49	*0.00	0	34.44	10.60	12.32	*211	*92.9	*12.36	*1.73
999429 Juice, Grape, Citrus Sun, 4oz - OKI	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
990669 Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average		872	8.80	1237	48	*15	38.38	*0.01	35	100.08	14.71	37.52	*352	*615.4	*12.46	*4.02
% of Calories			9.08%		22.0%	*6.9%	39.6%	*0.0%		45.9%		17.2%				
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0									

Tuesday - 02/18/2025

Reimbursable Meal Total 500

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991122 Cheese, Sauce, 2MMA - OKI	300	260	12.00	800	0	*N/A*	18.00	0.00	60	10.00	0.00	14.00	*N/A*	446.0	*N/A*	0.00
999650 Chips, tortilla, WG, IW- OKI	300	200	1.00	160	0	0	7.00	0.00	0	29.00	3.00	3.00	*N/A*	40.0	*N/A*	0.60
991127 Quesadilla, chile, cheese - OKI	50	322	6.91	403	1	*N/A*	14.00	0.00	32	32.19	4.43	16.83	*N/A*	*N/A*	*N/A*	*N/A*
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	50	271	4.81	642	2	*2	9.59	0.00	40	28.00	4.00	22.59	*0	270.5	*0.00	2.00
990655 Tomatoes, Cherry, 3/4 cup - OKI	500	18	0.03	5	3	*N/A*	0.20	*N/A*	0	3.82	1.18	0.86	818	9.8	13.46	0.26
990652 Pear, Fresh, 150ct, - OKI	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
990669 Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average		595	10.04	910	33	*12	22.09	*0.01	51	75.20	9.05	24.84	*960	*611.2	*19.41	*1.55
% of Calories			15.19 %		22.2%	*8.1%	33.4%	*0.0%		50.6%		16.7%				
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0									

Wednesday - 02/19/2025

Reimbursable Meal Total 500

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991832 Pizza, Cheese, Garlic, French Bread, WG - OKI	350	339	7.98	548	3	1	15.95	0.00	40	28.91	1.99	18.94	*N/A*	*N/A*	*N/A*	*N/A*
999436 Salad, Chef, Chicken, Cheese - OKI	50	166	6.59	249	0	*0	11.00	0.00	51	2.46	0.49	13.50	*2771	*212.5	*3.44	0.71
991131 Crackers, Veggie, Darlington, 2BG - OKI	50	210	1.00	250	1	1	7.00	0.00	0	34.00	4.00	*N/A*	4	18.0	*N/A*	2.00
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	50	297	4.56	519	4	*3	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
991434 Cauliflower, Fresh, 3/4c, 1W - OKI	500	25	0.13	30	2	*N/A*	0.28	0.00	0	4.93	1.98	1.90	0	21.8	47.83	0.42
991204 Clementine, Fresh - OKI	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
990669 Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average		566	7.94	741	36	*13	18.95	0.01	45	71.51	7.90	*29.15	*419	*347.2	*48.28	*1.37
% of Calories			12.63 %		25.4%	*9.2%	30.1%	0.0%		50.5%		*20.6%				
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0									

Thursday - 02/20/2025

Reimbursable Meal Total 500

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999744 Chicken, Drumstick, Rotisserie - OKI	300	178	2.72	250	*0	*N/A*	10.17	0.00	102	0.12	*0.00	19.99	*0	*8.8	*0.00	*0.78
999850 Tofu, BBQ- OKI	50	183	1.27	264	*0	*N/A*	8.81	0.00	0	11.98	2.32	17.45	*168	690.1	*0.20	2.69
991627 Roll, Dinner, Schubert, 2BG - OKI	350	170	0.00	210	5	4	2.00	0.00	5	32.00	3.00	5.00	*N/A*	0.0	*N/A*	1.70
991206 Bagel, Wowbutter, Yogurt, Pack - OKI	50	449	2.98	456	22	11	15.89	0.00	0	60.16	6.00	14.98	*N/A*	410.0	*N/A*	3.00
990784 Cream Cheese, Cup - OKI	50	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	50	297	4.56	519	4	*3	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34
999429 Juice, Grape, Citrus Sun, 4oz - OKI	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990678 Sauce, Ranch, PKT - OKI	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
990669 Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average		569	3.94	800	*41	*16	16.26	0.01	79	74.06	*5.26	32.02	*4113	*440.0	*3.99	*3.28
% of Calories			6.23%		*28.8%	*11.2%	25.7%	0.0%		52.1%		22.5%				
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0									

# Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Feb 1, 2025 thru Feb 28, 2025

## Friday - 02/21/2025

## Reimbursable Meal Total 500

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Choist (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999897 Meatloaf, Chef D Glaze, Potatoes - OKI	300	279	4.57	1186	2	*N/A*	11.16	0.00	41	26.44	1.74	15.95	*0	*4.9	*0.00	*0.14
999908 Veggie, Tenders, Chef D's Glaze, Potatoes - OKI	50	326	2.00	1403	0	*0	13.98	0.00	0	35.37	3.72	14.71	*0	*64.8	*0.00	*2.14
991993 Muffin, Corn, WG, 2.4oz, SB - OKI	350	190	1.00	190	17	16	6.00	0.00	0	32.02	1.00	3.00	*N/A*	9.0	*N/A*	1.00
991141 Yogurt, Granola, CjCheese, Crackers Kit-OKI	50	400	6.00	460	20	13	15.50	0.00	30	48.00	4.00	14.00	*0	498.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	50	297	4.56	519	4	*3	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
999902 Corn, Buttered, 3/4c - OKI	500	199	7.00	91	4	*0	12.48	0.00	30	23.61	2.95	2.95	*N/A*	*3.0	*N/A*	*0.00
990651 BANANAS, Fresh 150ct - OKI	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
990669 Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average		835	12.80	1399	46	*25	32.09	0.01	69	112.18	8.89	29.75	*191	*374.7	*6.84	*2.36
% of Calories			13.80 %		22.0%	*12.0%	34.6%	0.0%		53.7%		14.3%				
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0									

# Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Feb 1, 2025 thru Feb 28, 2025

## Monday - 02/24/2025 Reimbursable Meal Total 500

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholest (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999564 Pasta, Mac, Cheeseburger - OKI	300	343	7.85	430	0	*N/A*	17.15	0.54	54	28.56	4.79	19.13	*N/A*	*183.0	*N/A*	*1.54
999636 Nuggets, Veggie, Chick'n - OKI	50	210	1.00	340	1	1	13.00	0.00	0	13.00	1.00	12.00	*N/A*	60.0	*N/A*	2.80
991399 Kit, Turkey, Coins, Cheese, Cubes - OKI	50	140	5.00	430	0	*0	8.00	0.00	45	0.00	0.00	17.00	*N/A*	204.0	*N/A*	0.00
991131 Crackers, Veggie, Darlington, 2BG - OKI	100	210	1.00	250	1	1	7.00	0.00	0	34.00	4.00	*N/A*	4	18.0	*N/A*	2.00
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	50	297	4.56	519	4	*3	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
991423 Broccoli, Hot, 3/4c - OKI	500	33	0.11	32	2	*N/A*	0.36	0.00	0	6.49	2.54	2.76	609	46.0	87.24	0.71
999478 Applesauce, Cup, Assort - OKI	500	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
990669 Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average		570	7.09	819	33	*13	19.66	0.33	49	72.22	8.96	*28.74	*751	*499.6	*87.35	*3.02
% of Calories			11.19 %		23.2%	*9.1%	31.0%	0.5%		50.7%		*20.2%				
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0									



# Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Feb 1, 2025 thru Feb 28, 2025

## Tuesday - 02/25/2025

### Reimbursable Meal Total 500

Portion Size	Reimb Qty	Cals' (kcal)	S-Fat' (g)	Sodm' (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990578 Chicken, Nuggets, WG - OKI	300	240	2.50	440	1	0	14.01	0.00	25	16.01	3.00	14.01	*N/A*	30.0	*N/A*	1.90
991398 Crackers, Pizza - OKI	300	80	0.00	180	2	*0	2.00	0.00	0	15.00	2.00	2.00	372	19.0	3.00	3.00
999636 Nuggets, Veggie, Chik'n - OKI	50	210	1.00	340	1	1	13.00	0.00	0	13.00	1.00	12.00	*N/A*	60.0	*N/A*	2.80
991131 Crackers, Veggie, Darlington, 2BG - OKI	50	210	1.00	250	1	1	7.00	0.00	0	34.00	4.00	*N/A*	4	18.0	*N/A*	2.00
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	50	297	4.56	519	4	*3	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
999686 Tater, Tots, 3/4c - OKI	500	136	0.62	248	1	*N/A*	4.95	0.00	0	21.05	2.48	1.24	*N/A*	*N/A*	*N/A*	*N/A*
990652 Pear, Fresh, 150ct, - OKI	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999647 Ketchup, Pkt - OKI	500	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999505 Sauce, BBQ, Packet - OKI	300	15	0.00	158	3	2	0.03	0.00	0	3.36	0.16	0.14	*N/A*	1.5	*N/A*	0.05
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average		663	3.82	1147	38	*16	22.35	0.01	27	93.97	11.82	*24.13	*365	*353.7	*7.76	*4.41
% of Calories			5.19%		22.9%	*9.7%	30.3%	0.0%		56.7%		*14.6%				
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0									

## Wednesday - 02/26/2025

### Reimbursable Meal Total 500

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991244 Pizza, Pepperoni, Beef, Wild Milkes, IW - OKI	300	410	8.00	630	5	*N/A*	17.00	0.00	40	36.00	1.00	19.00	*N/A*	368.0	*N/A*	2.00
991243 Pizza, Cheese, Wild Mike, IW - OKI	50	400	8.00	540	5	*N/A*	15.00	0.00	40	36.00	1.00	19.00	*N/A*	416.0	*N/A*	2.00
999436 Salad, Chef, Chicken, Cheese - OKI	50	166	6.59	249	0	*0	11.00	0.00	51	2.46	0.49	13.50	*2771	*212.5	*3.44	0.71
991131 Crackers, Veggie, Darlington, 2BG - OKI	50	210	1.00	250	1	1	7.00	0.00	0	34.00	4.00	*N/A*	4	18.0	*N/A*	2.00
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	50	271	4.81	642	2	*2	9.59	0.00	40	28.00	4.00	22.59	*0	270.5	*0.00	2.00
991666 Juice, Vegetable, Wango Mango - OKI	500	80	0.00	30	20	0	0.00	0.00	0	22.00	0.00	*N/A*	*N/A*	10.0	*N/A*	1.20
991204 Clementine, Fresh - OKI	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
990670 Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
990669 Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average		667	7.85	802	55	*12	19.01	0.01	0.01	44	93.29	5.22	*27.48	*419	*592.9	*0.45	*3.56
% of Calories			10.59 %		33.0%	*7.2%	25.7%	0.0%			55.9%	*16.5%					
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0										

## Thursday - 02/27/2025 Reimbursable Meal Total 500

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991843 Chicken, Orange, Rice, White - OKI	300	433	3.54	460	10	*10	18.22	0.00	40	48.56	3.25	17.22	*N/A*	*18.3	*0.00	*2.02
991844 Tofu, Orange, Rice, White - OKI	50	416	1.57	187	*10	*10	10.91	0.00	0	55.84	5.10	25.60	*207	*855.1	*0.25	*3.32
991206 Bagel, Wowbutter, Yogurt, Pack - OKI	50	449	2.98	456	22	11	15.89	0.00	0	60.16	6.00	14.98	*N/A*	410.0	*N/A*	3.00
990784 Cream Cheese, Cup - OKI	50	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	50	297	4.56	519	4	*3	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
991174 Edamame, 3/4c - OKI	500	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
999429 Juice, Grape, Citrus Sun, 4oz - OKI	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	500	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02

# Base Menu Spreadsheet

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990679 Mustard, PKT - OKI	50	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
990669 Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average		757	4.45	762	*47	*21	25.56	0.01	38	94.83	11.08	39.84	*162	*522.9	*0.13	*5.10
% of Calories			5.29%		*24.8%	*11.1%	30.4%	0.0%		50.1%		21.1%				
Weekly Nutrient Guideline		600 - 650	<10	1110			<=0									

## Friday - 02/28/2025

### Reimbursable Meal Total 500

Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999627 Sandwich, Hamburger - OKI	300	266	2.70	490	3	*3	8.99	0.00	29	27.86	2.99	17.97	*N/A*	91.7	*N/A*	3.39
999637 Sandwich, Burger, Veggie, - OKI	50	277	0.00	702	4	3	6.91	0.00	0	33.74	7.90	19.75	*N/A*	118.6	*N/A*	3.16
991141 Yogurt, Granola, C-JCheese, Crackers Kit-OKI	50	400	6.00	460	20	13	15.50	0.00	30	48.00	4.00	14.00	*0	498.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	50	573	5.95	424	15	13	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	50	271	4.81	642	2	*2	9.59	0.00	40	28.00	4.00	22.59	*0	270.5	*0.00	2.00
991115 Pepper, Fresh, Red, Strip, 3/4c - OKI	500	18	0.04	3	3	*N/A*	0.20	0.00	0	4.10	1.43	0.67	2130	4.8	86.89	0.29
990651 BANANAS, Fresh 150ct - OKI	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
999657 Mayo, PKT - OKI	50	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02

# Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat <sup>2</sup> (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990679	Mustard, PKT - OKI	350	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999647	Ketchup, Pkt - OKI	350	11	0.00	96	2	2	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990668	Milk, 1/2PNT, 1% - OKI	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990670	Milk, 1/2PNT, Choc, Skim - OKI	300	110	0.00	210	18	*18	0.00	0.00	5	19.00	0.00	7.00	8	290.0	*N/A*	0.10
990669	Milk, 1/2PNT, Skim - OKI	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			517	3.85	808	35	*17	13.62	0.01	32	72.65	7.98	27.46	*2321	424.7	*93.73	4.07
% of Calories				6.70%		27.1%	*13.2%	23.7%	0.0%		56.2%		21.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	652	6	953	*41	*16	20.27	*1.20	76	87.85	*9.31	*30.19	*1803	*465.5	*22.10	*3.21
% of Calories		8.43%		*25.2%	*9.8%	28.0%	*1.7%		53.9%		*18.5%				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - denotes required nutrient values

2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.