

Monday	Tuesday	Wednesday	Thursday	Friday
Feb 3 Banana Bread Mini Loaf 1% Milk	Feb 4 Educational Grahams Wowbutter	Feb 5 Cheddar Cheese Cup Broccoli	Feb 6 Blueberry Lemon Bites Banana	Feb 7 Yogurt Cup Assorted Flavors Granola
Feb 10 Goldfish Assorted Fruit Cups	Feb 11 WG Muffin Assorted Flavors 1% Milk	Feb 12 Crackers, Assorted, 1BG - OKI Applesauce Cup	Feb 13 Broccoli Hummus Cup Ranch Dressing	Feb 14
Feb 17	Feb 18 Yogurt Cup Assorted Flavors Granola	Feb 19 Apple Slices Wowbutter	Feb 20 Openfaced Turkey Sandwich Mayo Mustard Packet	Feb 21 Blueberry Lemon Bites 1% Milk
Feb 24 Goldfish Assorted Fruit Cups	Feb 25 Red Pepper Strips Hard-Boiled Egg Ranch Dressing	Feb 26 WG Muffin Assorted Flavors 1% Milk	Feb 27 Banana Wowbutter	Feb 28 Cucumber Slices Crackers, Assorted, 1BG - OKI Ranch Dressing

Chicken products are No Antibiotic Ever (NAE) or No Antibiotics Important to Human Medicine (NAIHM).

All menus are pork-free.

Grain/bread items served are Whole Grain Rich.

Our milk options include 1% and Skim.

Not all offerings may be available in all buildings and menu offerings may change with little to no notice.

This institution is an equal opportunity provider.

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Feb 1, 2025 thru Feb 28, 2025

Menu Name: Maywood prek Snack Menu

Include Cost: No

Site:

Use Alternate Menu Name: No

Monday - 02/03/2025

Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999373 Bread, Mini Loaf, Banana, IW, SB - OKI	1	159	0.99	139	16	15	4.48	0.00	0	26.86	1.00	2.98	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average		259	2.49	259	27	*15	6.98	0.00	15	37.86	1.00	10.98	*220	*132.3	*0.53	*0.00
% of Calories					41.7%	*23.2%	24.3%	0.0%		58.5%		17.0%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Tuesday - 02/04/2025

Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991136 Crackers, Educational Snacks - OKI	1	120	0.00	65	6	*N/A*	4.00	0.00	0	22.00	2.00	2.00	*N/A*	4.0	*N/A*	1.00
990769 Wowbutter, PC - OKI	1	198	2.98	99	3	2	14.88	0.00	0	7.94	2.98	6.95	*N/A*	39.7	*N/A*	0.99
Weighted Daily Average		318	2.98	164	9	*2	18.88	0.00	0	29.94	4.98	8.95	*N/A*	43.7	*N/A*	1.99
% of Calories					11.3%	*2.5%	53.4%	0.0%		37.7%		11.3%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Wednesday - 02/05/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Feb 1, 2025 thru Feb 28, 2025

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991739 Cheese, Cup, Cheddar - OKI	1	190	6.00	570	10	*N/A*	10.00	0.00	30	14.00	0.00	10.00	*N/A*	333.0	*N/A*	0.00
999688 Broccoli, Fresh, 1/2c - OKI	1	19	0.06	19	1	*N/A*	0.21	0.00	0	3.76	1.47	1.60	353	26.6	50.58	0.41
Weighted Daily Average		209	6.06	589	11	*N/A*	10.21	0.00	30	17.76	1.47	11.60	*353	359.6	*50.58	0.41
% of Calories			26.10 %		21.1%	*N/A*	44.0%	0.0%		34.0%		22.2%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Thursday - 02/06/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991140 Crackers, Blueberry, Lemon - OKI	1	121	0.51	61	8	8	3.54	0.00	0	21.26	2.02	2.02	*N/A*	5.1	*N/A*	1.01
990651 BANANAS, Fresh 150ct - OKI	1	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average		190	0.59	62	18	*8	3.80	0.00	0	38.94	4.04	2.87	*50	8.9	*6.73	1.21
% of Calories			2.79%		37.9%	*16.8%	18.0%	0.0%		82.0%		6.0%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Friday - 02/07/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00

Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990723 Granola, WG, 1BG- OKI	1	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
Weighted Daily Average		190	0.00	135	16	*10	4.00	0.00	0	30.00	2.00	5.00	*N/A*	320.0	*N/A*	0.70
% of Calories			0.00%		33.7%	*21.1%	18.9%	0.0%		63.2%		10.5%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Monday - 02/10/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990791 Cracker, Goldfish, WG - OKI	1	101	0.51	172	0	*N/A*	3.54	0.00	0	14.17	1.01	2.02	*N/A*	20.2	*N/A*	0.71
991461 Fruit, Cups, Assorted - OKI	1	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average		166	0.51	172	13	*0	3.54	0.00	0	29.97	1.91	*2.22	*N/A*	*27.6	*N/A*	*0.96
% of Calories			2.77%		31.3%	*0%	19.2%	0.0%		72.2%		*5.3%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Tuesday - 02/11/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00

Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average		255	2.25	226	23	*12	7.37	0.00	30	36.47	0.50	10.50	*220	150.2	*0.53	1.00
% of Calories			7.94%		36.1%	*18.8%	26.0%	0.0%		57.2%		16.5%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Wednesday - 02/12/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999725 Crackers, Assorted, 1BG - OKI	1	88	0.00	182	2	1	2.62	0.00	0	14.75	1.50	1.50	*93	11.8	*0.75	2.50
990653 Applesauce, Cup - OKI	1	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average		138	0.00	182	14	*1	2.62	0.00	0	28.75	2.50	1.50	*93	16.8	*0.75	2.50
% of Calories			0.00%		40.6%	*2.9%	17.1%	0.0%		83.3%		4.3%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Thursday - 02/13/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991441 Broccoli, Fresh, 1/2c, 1W - OKI	1	19	0.08	19	1	*N/A*	0.21	0.00	0	3.76	1.47	1.60	353	26.6	50.58	0.41
991005 Hummus, PC, 1.5MMA - OKI	1	110	0.00	100	4	*N/A*	2.00	0.00	0	18.00	5.00	6.00	*N/A*	33.0	*N/A*	2.00

Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990678 Sauce, Ranch, PKT - OKI	1	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
Weighted Daily Average		139	0.08	245	6	*N/A*	2.22	0.00	0	24.00	6.71	7.79	*353	66.2	*50.58	2.43
% of Calories			0.52%		17.3%	*N/A*	14.4%	0.0%		69.1%		22.4%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Tuesday - 02/18/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
Weighted Daily Average		190	0.00	135	16	*10	4.00	0.00	0	30.00	2.00	5.00	*N/A*	320.0	*N/A*	0.70
% of Calories			0.00%		33.7%	*21.1%	18.9%	0.0%		63.2%		10.5%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Wednesday - 02/19/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999408 Apple, Slices, IW, 1/2c - OKI	1	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*

Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	
990769 Wowbutter, PC - OKI	1	198	2.98	99	3	2	14.88	0.00	0.00	0	7.94	2.98	6.95	*N/A*	39.7	*N/A*	0.99
Weighted Daily Average		228	2.98	99	3	2	14.88	0.00	0.00	0	14.90	3.97	6.95	*N/A*	*39.7	*38.79	*0.99
% of Calories			11.76 %		5.3%	3.5%	58.7%	0.0%		26.1%		12.2%					
Weekly Nutrient Guideline		0 - 0	<0				<=0										

Thursday - 02/20/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991274 Sandwich, Turkey, 1BG - OKI	1	97	0.17	263	1	*1	1.33	0.00	13	14.00	2.00	9.33	*0	32.0	*0.00	1.00
999657 Mayo, PKT - OKI	1	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
Weighted Daily Average		158	1.10	384	2	*1	7.64	0.12	17	14.91	2.10	9.58	*0	34.7	*0.00	1.10
% of Calories			6.27%		5.1%	*2.5%	43.5%	0.7%		37.7%		24.3%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Friday - 02/21/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991140 Crackers, Blueberry, Lemon - OKI	1	121	0.51	61	8	8	3.54	0.00	0	21.26	2.02	2.02	*N/A*	5.1	*N/A*	1.01

Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average		221	2.01	181	19	*8	6.04	0.00	15	32.26	2.02	10.02	*220	137.3	*0.53	1.01
% of Calories			8.19%		34.4%	*14.5%	24.6%	0.0%		58.4%		18.1%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Monday - 02/24/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990791 Cracker, Goldfish, WG - OKI	1	101	0.51	172	0	*N/A*	3.54	0.00	0	14.17	1.01	2.02	*N/A*	20.2	*N/A*	0.71
991461 Fruit, Cups, Assorted - OKI	1	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average		166	0.51	172	13	*0	3.54	0.00	0	29.97	1.91	*2.22	*N/A*	*27.6	*N/A*	*0.96
% of Calories			2.77%		31.3%	*0%	19.2%	0.0%		72.2%		*5.3%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Tuesday - 02/25/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991098 Pepper, Fresh, Red, Strip, 1/2c - OKI	1	12	0.03	2	2	*N/A*	0.14	0.00	0	2.74	0.95	0.45	1420	3.2	57.92	0.20
999656 Egg, Hard Boiled, 1MMA - OKI	1	70	1.50	55	1	*N/A*	5.00	0.00	170	1.00	0.00	6.00	*N/A*	23.0	*N/A*	1.00

Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990678 Sauce, Ranch, PKT - OKI	1	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
Weighted Daily Average		91	1.53	183	4	*N/A*	5.14	0.00	170	5.97	1.19	6.64	*1420	32.7	*57.92	1.22
% of Calories			15.13 %		17.6%	*N/A*	50.8%	0.0%		26.2%		29.2%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Wednesday - 02/26/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
990668 Milk, 1/2PNT, 1% - OKI	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average		255	2.25	226	23	*12	7.37	0.00	30	36.47	0.50	10.50	*220	150.2	*0.53	1.00
% of Calories			7.94%		36.1%	*18.8%	26.0%	0.0%		57.2%		16.5%				
Weekly Nutrient Guideline		0 - 0	<0				<=0									

Thursday - 02/27/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990651 BANANAS, Fresh 150ct - OKI	1	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20

Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholest (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	
990769 Wowbutter, PC - OKI	1	198	2.98	99	3	2	14.88	0.00	0.00	0	7.94	2.98	6.95	*N/A*	39.7	*N/A*	0.99
Weighted Daily Average		267	3.06	100	12	*2	15.14	0.00	0.00	0	25.61	4.99	7.79	*50	43.6	*6.73	1.19
% of Calories			10.31%		18.0%	*3.0%	51.0%	0.0%		38.4%		11.7%					
Weekly Nutrient Guideline		0 - 0	<0				<=0										

Friday - 02/28/2025 Reimbursable Meal Total 1

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholest (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	
990757 Cucumber, Fresh, Slices, 1/2c - OKI	1	11	0.03	1	1	*N/A*	0.08	0.00	0.00	0	2.57	0.35	0.46	74	11.3	1.98	0.20
999725 Crackers, Assorted, 1BG - OKI	1	88	0.00	182	2	1	2.62	0.00	0.00	0	14.75	1.50	1.50	*93	11.8	*0.75	2.50
990678 Sauce, Ranch, PKT - OKI	1	9	0.00	126	1	*N/A*	0.01	0.00	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
Weighted Daily Average		107	0.03	310	5	*1	2.71	0.00	0.00	0	19.56	2.09	2.15	*167	29.6	*2.73	2.72
% of Calories			0.25%		18.7%	*3.7%	22.8%	0.0%		73.1%		8.0%					
Weekly Nutrient Guideline		0 - 0	<0				<=0										

Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholest (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		197	2	212	13	5	7.00	0.01	17	26.85	2.55	*6.79	*187	*107.8	*12.05	*1.23
% of Calories			7.22%		26.4%	*10.2%	32.0%	0.0%		54.5%		*13.8%				

Base Menu Spreadsheet

Open Kitchens Inc

Feb 1, 2025 thru Feb 28, 2025

Portion Values

**N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

1 - denotes required nutrient values

2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.