



April 2025 Dining Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Apr 1	Apr 2	Apr 3	Apr 4
Apr 7 Blueberry Mini Waffles Yogurt Cup Assorted Flavors Granola Clementine Apple Juice 1% Milk Skim Milk	Apr 8 Spicy Breakfast Pocket Whole Grain Bagel Cream Cheese Cup Apple Assorted Fruit Cups 1% Milk Skim Milk	Apr 9 Pancake Bowl Assorted Flavors WG Granola Bar Assorted Flavors String Cheese Banana That's It Bar 1% Milk Skim Milk	Apr 10 Egg & Cheese Bagel Assorted Oatmeal Rounds Apple Clementine 1% Milk Skim Milk	Apr 11 Stuffed Mini Bagels Strawberry Cream Cheese Assorted Breakfast Bread Pear Applesauce Cup Assorted Flavors 1% Milk Skim Milk
Apr 14 Poffitz Pancake Bites Cinnamon Raisin Bagel Cream Cheese Cup Clementine Apple Juice 1% Milk Skim Milk	Apr 15 Chicken & Cheese Waffle Yogurt Cup Assorted Flavors Granola Apple Assorted Fruit Cups 1% Milk Skim Milk	Apr 16 Breakfast Hash Cornbread Muffin Pull-a-Part Donut Banana That's It Bar 1% Milk Skim Milk	Apr 17 Breakfast Sandwich WG Muffin Assorted Flavors String Cheese Apple Clementine 1% Milk Skim Milk Jelly	Apr 18
Apr 21 Snackn Waffles Assorted Flavors Yogurt Cup Assorted Flavors Granola Applesauce Cup Assorted Flavors Clementine 1% Milk Skim Milk	Apr 22 Caramel Cinnis Whole Grain Bagel Cream Cheese Cup Apple Assorted Fruit Cups 1% Milk Skim Milk	Apr 23 Biscuits & Gravy Assorted Oatmeal Rounds Banana That's It Bar 1% Milk Skim Milk	Apr 24 Pancakes & Turkey Bacon WG Granola Bar Assorted Flavors String Cheese Apple Clementine 1% Milk Skim Milk	Apr 25 Fiesta Egg Scramble Tortilla Chips Assorted Breakfast Bread Pear Applesauce Cup Assorted Flavors 1% Milk Skim Milk
Apr 28 Cinnamon Toast Crunch Bar Cinnamon Raisin Bagel Cream Cheese Cup Clementine Apple Juice 1% Milk Skim Milk	Apr 29 Pancake Sausage Bites Yogurt Cup Assorted Flavors Granola Apple Assorted Fruit Cups Skim Milk 1% Milk	Apr 30 Chicken Biscuit Pull-a-Part Donut Banana That's It Bar Syrup 1% Milk Skim Milk		

Chicken products are No Antibiotic Ever (NAE) or No Antibiotics Important to Human Medicine (NAIHM).

All menus are pork-free.

Grain/bread items served are Whole Grain Rich.

Our milk options include 1% and Skim.

Not all offerings may be available in all buildings and menu offerings may change with little to no notice.

This institution is an equal opportunity provider.

Base Menu Spreadsheet

Portion Values

Apr 1, 2025 thru Apr 30, 2025

Menu Name: Maywood 89 Breakfast - K-12 **Include Cost:** No
Site:
Use Alternate Menu Name: No

Monday - 04/07/2025 Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999765 Waffles, Blueberry, Mini, IW - OKI	2BG	100	210	1.00	170	12	11	6.00	0.00	0	37.00	2.00	4.00	*N/A*	30.0	*N/A*	1.40
999479 Yogurt, Cups, Assorted - OKI	1MMA	100	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	100	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
991824 Juice, Apple, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13	0	0.00	0.00	0	13.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			420	1.31	267	53	*10	6.55	0.00	10	76.04	4.66	13.55	*341	*379.5	*0.26	*1.08
% of Calories				2.81%		50.5%	*9.5%	14.0%	0.0%		72.4%		12.9%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 04/08/2025 Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999936 Pocket, Breakfast, Egg, Cheddar, Spicy, IW - OKI	1MMA, 1.5BG	100	220	4.00	380	2	2	8.00	0.00	70	26.01	2.00	9.00	*N/A*	153.1	*N/A*	2.00

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990768 Bagel, WG, IW - OKI	2BG	100	150	0.00	270	3	*N/A*	1.00	0.00	0	29.00	3.00	5.00	*N/A*	30.0	*N/A*	1.80
990784 Cream Cheese, Cup - OKI	1	100	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			435	4.85	492	40	*1	9.55	*0.00	55	71.45	6.27	*15.84	*406	*310.6	*5.77	*2.33
% of Calories				10.03 %		36.8%	*0.9%	19.8%	*0.0%		65.7%		*14.6%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 04/09/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999477 Bowl, Pancake, Assorted - OKI	2BG	100	230	2.50	333	16	6	4.83	0.00	35	40.60	2.00	4.99	*N/A*	*17.6	*N/A*	*1.33
999492 Bars, Granola, Assorted - OKI	1BG	100	140	0.63	79	9	8	4.50	0.00	5	23.00	1.00	2.25	*N/A*	10.3	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	100	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
999442 Bar, That's It, Assorted - OKI	1/2c	200	90	0.00	18	16	0	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			472	4.46	433	50	*7	9.26	0.00	40	83.93	5.51	15.29	*391	*328.0	*7.00	*1.67
% of Calories				8.50%		42.4%	*5.9%	17.7%	0.0%		71.1%		13.0%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 04/10/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991654 Bagel, Breakfast, Egg, Cheese, Tony's - OKI	1MMA, 1.25BG	100	180	3.00	380	6	1	6.00	0.00	55	23.00	2.00	9.00	40	200.0	*N/A*	1.30
999812 Rounds, Oatmeal, Assorted - OKI	2BG	100	273	4.23	239	15	13	11.93	0.00	15	38.77	3.98	4.97	*N/A*	29.8	*N/A*	1.49
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			449	4.46	420	48	*7	10.71	*0.00	45	76.94	8.52	16.34	*426	*326.6	*5.77	*1.57
% of Calories				8.94%		42.8%	*6.2%	21.5%	*0.0%		68.5%		14.6%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 04/11/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999764 Bagels, Mini, Stuffed, Strawberry, IW - OKI	2BG	100	230	2.00	190	13	12	6.00	0.00	10	42.00	2.00	6.00	*N/A*	30.0	*N/A*	1.60
999424 Bread, Breakfast, Assorted - OKI	2BG	100	260	1.50	243	23	23	8.00	0.00	0	44.33	2.33	5.00	*N/A*	107.0	*N/A*	1.36
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			461	2.59	326	55	*17	8.53	0.00	15	88.99	7.38	13.81	*341	290.2	*6.12	1.76
% of Calories				5.06%		47.7%	*14.8%	16.7%	0.0%		77.2%		12.0%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 04/14/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991819 Pancake, Bites, Poffitz, WG, IW - OKI	2BG	100	250	1.00	290	13	11	12.01	0.00	40	37.02	2.00	4.00	*N/A*	36.0	*N/A*	1.00
991059 Bagel, Cinnamon Raisin - OKI	2BG	100	171	0.00	282	7	2	1.01	0.00	0	37.22	3.02	5.03	*N/A*	50.3	*N/A*	2.01
990784 Cream Cheese, Cup - OKI	1	100	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
991824 Juice, Apple, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13	0	0.00	0.00	0	13.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			466	3.32	458	49	*7	11.56	0.00	40	80.16	5.17	14.07	*341	*247.6	*0.26	*1.54
% of Calories				6.41%		42.1%	*6.0%	22.3%	0.0%		68.8%		12.1%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 04/15/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999422 Waffle, Stuffed, Chx & Cheese - OKI	1MMA, 1.5BG	100	190	4.00	330	9	8	8.00	0.00	55	23.00	1.00	9.00	*N/A*	*N/A*	*N/A*	*N/A*
999479 Yogurt, Cups, Assorted - OKI	1MMA	100	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	100	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			405	2.85	341	49	*9	7.54	*0.00	37	69.95	5.27	*15.33	*406	*379.1	*5.77	*0.78
% of Calories				6.33%		48.4%	*8.9%	16.8%	*0.0%		69.1%		*15.1%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 04/16/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999941 Hash, Breakfast - OKI	6oz	100	91	0.82	193	1	*0	3.30	0.00	24	8.54	1.14	7.40	*397	*5.4	*23.60	*0.42
991546 Muffin, Cornbread, IW, WG - OKI	1BG	100	150	0.50	90	9	*9	5.00	0.00	15	23.01	0.00	3.00	*N/A*	21.0	*N/A*	1.00
991732 Donut, Pull-a-Part, Goodyman - OKI	2BG	100	240	4.50	300	8	8	11.00	0.00	0	31.00	2.00	4.00	*N/A*	24.0	*N/A*	1.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
999442 Bar, That's It, Assorted - OKI	1/2c	200	90	0.00	18	16	0	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			488	3.81	418	46	*9	11.25	0.00	29	82.41	5.58	15.87	*589	*240.2	*18.80	*1.71
% of Calories				7.03%		37.7%	*7.4%	20.7%	0.0%		67.5%		13.0%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 04/17/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991553 Sandwich, BKF, EM, Egg - OKI	2BG, 1MMA	100	181	1.01	341	2	*0	6.06	0.00	76	22.01	1.00	9.04	*N/A*	282.4	*N/A*	1.60
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	100	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	100	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
999660 Jelly, PKT - OKI	1	100	36	0.00	6	7	7	0.01	0.00	0	9.03	0.03	0.04	*N/A*	0.4	*N/A*	0.02
Weighted Daily Average			448	3.73	437	49	*9	10.21	*0.00	65	75.31	6.29	18.14	*406	*461.0	*5.77	*1.49
% of Calories				7.49%		43.8%	*8.0%	20.5%	*0.0%		67.2%		16.2%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 04/21/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999771 Waffle, Snackn, Assorted - OKI	2BG	100	250	4.00	290	15	14	9.00	0.00	44	37.00	2.00	6.00	*N/A*	*N/A*	*N/A*	*N/A*
999479 Yogurt, Cups, Assorted - OKI	1MMA	100	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	100	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			430	2.81	322	53	*12	8.05	0.00	32	77.01	5.66	14.55	*341	*369.5	*0.26	*0.38
% of Calories				5.88%		49.3%	*11.2%	16.8%	0.0%		71.6%		13.5%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 04/22/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999425 Cinnis, Caramel, Mini - OKI	2BG	100	210	1.00	280	10	8	6.00	0.00	0	35.03	2.00	5.00	*N/A*	30.0	*N/A*	1.50
990768 Bagel, WG, IW - OKI	2BG	100	150	0.00	270	3	*N/A*	1.00	0.00	0	29.00	3.00	5.00	*N/A*	30.0	*N/A*	1.80
990784 Cream Cheese, Cup - OKI	1	100	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			431	3.35	442	44	*4	8.55	*0.00	20	75.96	6.27	*13.84	*406	*249.1	*5.77	*2.08
% of Calories				7.00%		40.8%	*3.7%	17.9%	*0.0%		70.5%		*12.8%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 04/23/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990637 Biscuits & Gravy - OKI	2oz	100	220	4.96	540	3	*N/A*	11.36	0.00	39	17.61	1.00	12.32	*N/A*	262.1	*N/A*	1.18
999812 Rounds, Oatmeal, Assorted - OKI	2BG	100	273	4.23	239	15	13	11.93	0.00	15	38.77	3.98	4.97	*N/A*	29.8	*N/A*	1.49
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
999442 Bar, That's It, Assorted - OKI	1/2c	200	90	0.00	18	16	0	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			494	5.49	516	46	*7	13.24	0.00	37	79.32	6.50	17.31	*391	361.0	*7.00	1.84
% of Calories				10.00 %		37.2%	*5.7%	24.1%	0.0%		64.2%		14.0%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 04/24/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991309 Pancakes, Bacon, Turkey - OKI	2BG	100	260	2.00	890	7	*1	12.00	0.00	41	27.00	2.00	14.00	*N/A*	*0.0	*N/A*	*0.40
999492 Bars, Granola, Assorted - OKI	1BG	100	140	0.63	79	9	8	4.50	0.00	5	23.00	1.00	2.25	*N/A*	10.3	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	100	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			462	4.16	695	47	*5	13.00	*0.00	43	72.06	7.03	20.48	*406	*315.8	*5.77	*0.88
% of Calories				8.10%		40.7%	*4.3%	25.3%	*0.0%		62.4%		17.7%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 04/25/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991548 Egg, Scramble, Fiesta - OKI	1MMA	100	96	2.72	249	1	*N/A*	5.87	0.00	70	5.33	0.53	5.33	*N/A*	110.4	*N/A*	0.53
991397 Chips, Tortilla, WG, IW, 1BG - OKI	1BG	100	120	0.50	100	0	*0	4.50	0.00	0	18.00	2.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*
999424 Bread, Breakfast, Assorted - OKI	2BG	100	260	1.50	243	23	23	8.00	0.00	0	44.33	2.33	5.00	*N/A*	107.0	*N/A*	1.36
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			454	3.20	405	49	*11	10.71	0.00	45	79.66	7.65	14.48	*341	*330.4	*6.12	*1.23
% of Calories				6.34%		43.2%	*9.7%	21.2%	0.0%		70.2%		12.8%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2025 thru Apr 30, 2025

Monday - 04/28/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991450 Bar, Cinn Toast Crunch, Soft - OKI	2BG	100	264	2.53	294	15	13	8.11	0.00	5	41.56	3.04	6.08	*N/A*	30.4	*N/A*	1.62
991059 Bagel, Cinnamon Raisin - OKI	2BG	100	171	0.00	282	7	2	1.01	0.00	0	37.22	3.02	5.03	*N/A*	50.3	*N/A*	2.01
990784 Cream Cheese, Cup - OKI	1	100	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
991824 Juice, Apple, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13	0	0.00	0.00	0	13.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			473	4.08	460	50	*8	9.61	0.00	22	82.43	5.69	15.11	*341	*244.8	*0.26	*1.85
% of Calories				7.76%		42.3%	*6.8%	18.3%	0.0%		69.7%		12.8%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 04/29/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990778 Bites, Pancake Sausage - OKI	1.5BG, 2MMA	100	256	0.90	586	11	*N/A*	5.00	0.00	29	37.00	4.00	17.00	*N/A*	70.0	*N/A*	3.00
999479 Yogurt, Cups, Assorted - OKI	1MMA	100	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	100	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			438	1.30	469	50	*5	6.04	*0.00	24	76.95	6.77	*19.33	*406	*414.1	*5.77	*2.28
% of Calories				2.67%		45.7%	*4.6%	12.4%	*0.0%		70.3%		*17.7%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 04/30/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999834 Biscuit, Chicken, Tender - OKI	1.5BG, 1MMA	100	215	2.00	370	4	4	8.50	0.00	22	22.00	2.00	12.00	*N/A*	126.0	*N/A*	1.80
991732 Donut, Pull-a-Part, Goodyman - OKI	2BG	100	240	4.50	300	8	8	11.00	0.00	0	31.00	2.00	4.00	*N/A*	24.0	*N/A*	1.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
999442 Bar, That's It, Assorted - OKI	1/2c	200	90	0.00	18	16	0	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
999658 Syrup, PKT - OKI	1	100	121	0.00	22	22	*N/A*	0.00	0.00	0	30.19	0.00	0.00	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	12	*N/A*	0.18	0.00	5	11.25	0.00	7.64	463	276.7	0.00	0.07
Weighted Daily Average			535	4.15	473	54	*6	11.35	0.00	21	92.73	6.01	16.67	*391	290.5	*7.00	1.92
% of Calories				6.98%		40.4%	*4.5%	19.1%	0.0%		69.3%		12.5%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	457	4	434	49	8	9.75	*0.00	34	78.90	6.25	*15.88	*392	*325.8	*5.50	*1.55
% of Calories		6.93%		42.9%	*7.0%	19.2%	*0.0%		69.1%		*13.9%				

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- * - denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ - denotes required nutrient values
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.