



# April 2025 Dining Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Apr 1	Apr 2	Apr 3	Apr 4
Apr 7 Goldfish 1% Milk	Apr 8 WG Muffin Assorted Flavors 1% Milk	Apr 9 Crackers, Assorted, 1BG - OKI Applesauce Cup Assorted Flavors	Apr 10 Broccoli Hummus Cup Ranch Dressing	Apr 11 Educational Grahams Banana
Apr 14 Banana Bread Mini Loaf 1% Milk	Apr 15 Cheddar Cheese Cup Soft Mini Pretzel	Apr 16 Yogurt Cup Assorted Flavors Granola	Apr 17 Openfaced Turkey Sandwich Mayo Mustard Packet	Apr 18
Apr 21 Goldfish Assorted Fruit Cups	Apr 22 Broccoli Hummus Cup Ranch Dressing	Apr 23 WG Muffin Assorted Flavors 1% Milk	Apr 24 Yogurt Cup Assorted Flavors Apple Slices	Apr 25 Cucumber Slices Crackers, Assorted, 1BG - OKI Ranch Dressing
Apr 28 Banana Bread Mini Loaf 1% Milk	Apr 29 Educational Grahams Yogurt Cup Assorted Flavors	Apr 30 Cheddar Cheese Cup Broccoli		

Chicken products are No Antibiotic Ever (NAE) or No Antibiotics Important to Human Medicine (NAIHM).

All menus are pork-free.

Grain/bread items served are Whole Grain Rich.

Our milk options include 1% and Skim.

Not all offerings may be available in all buildings and menu offerings may change with little to no notice.

This institution is an equal opportunity provider.

**Base Menu Spreadsheet**

Portion Values

Apr 1, 2025 thru Apr 30, 2025

**Menu Name:** Maywood prek Snack Menu **Include Cost:** No  
**Site:**  
**Use Alternate Menu Name:** No

**Monday - 04/07/2025 Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990791 Cracker, Goldfish, WG - OKI	1BG	1	101	0.51	172	0	*N/A*	3.54	0.00	0	14.17	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			201	2.01	292	11	*N/A*	6.04	0.00	15	25.17	1.01	10.02	*220	152.5	*0.53	0.71
% of Calories				9.00%		21.9%	*N/A*	27.0%	0.0%		50.1%		19.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

**Tuesday - 04/08/2025 Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	1	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			255	2.25	226	23	*12	7.37	0.00	30	36.47	0.50	10.50	*220	150.2	*0.53	1.00
% of Calories				7.94%		36.1%	*18.8%	26.0%	0.0%		57.2%		16.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

**Wednesday - 04/09/2025 Reimbursable Meal Total 1**

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999725 Crackers, Assorted, 1BG - OKI	1BG	1	88	0.00	182	2	1	2.62	0.00	0	14.75	1.50	1.50	*93	11.8	*0.75	2.50
999478 Applesauce, Cup, Assort - OKI	1/2c	1	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			137	0.00	182	14	*1	2.62	0.00	0	28.73	2.50	1.50	*93	16.7	*0.75	2.50
% of Calories				0.00%		40.9%	*2.9%	17.2%	0.0%		83.9%		4.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

### Thursday - 04/10/2025

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991441 Broccoli, Fresh, 1/2c, IW - OKI	1/2c	1	19	0.08	19	1	*N/A*	0.21	0.00	0	3.76	1.47	1.60	353	26.6	50.58	0.41
991150 Hummus, red pepper, Veg - OKI	1/4c	1	110	0.00	100	4	*N/A*	2.00	0.00	0	18.00	5.00	6.00	*N/A*	33.0	*N/A*	2.00
990678 Sauce, Ranch, PKT - OKI	1	1	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
Weighted Daily Average			139	0.08	245	6	*N/A*	2.22	0.00	0	24.00	6.71	7.79	*353	66.2	*50.58	2.43
% of Calories				0.52%		17.3%	*N/A*	14.4%	0.0%		69.1%		22.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

### Friday - 04/11/2025

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991136 Crackers, Educational Snacks - OKI	1BG	1	120	0.00	65	6	*N/A*	4.00	0.00	0	22.00	2.00	2.00	*N/A*	4.0	*N/A*	1.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	1	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			189	0.09	66	15	*N/A*	4.26	0.00	0	39.68	4.01	2.84	*50	7.9	*6.73	1.20
% of Calories				0.43%		31.7%	*N/A*	20.3%	0.0%		84.0%		6.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

### Monday - 04/14/2025

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999373 Bread, Mini Loaf, Banana, IW, SB - OKI	1BG	1	159	0.99	139	16	15	4.48	0.00	0	26.86	1.00	2.98	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			259	2.49	259	27	*15	6.98	0.00	15	37.86	1.00	10.98	*220	*132.3	*0.53	*0.00
% of Calories				8.65%		41.7%	*23.2%	24.3%	0.0%		58.5%		17.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

### Tuesday - 04/15/2025

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991739 Cheese, Cup, Cheddar - OKI	1MMA	1	190	6.00	570	10	*N/A*	10.00	0.00	30	14.00	0.00	10.00	*N/A*	333.0	*N/A*	0.00

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991745 Pretzel, Soft, Mini, IW - OKI	1BG	1	70	0.00	90	0	0	0.00	0.00	0	14.00	1.00	2.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			260	6.00	660	10	*0	10.00	0.00	30	28.00	1.00	12.00	*N/A*	333.0	*N/A*	0.00
% of Calories				20.77 %		15.4%	*0%	34.6%	0.0%		43.1%		18.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

### Wednesday - 04/16/2025

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	1	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
Weighted Daily Average			190	0.00	135	16	*10	4.00	0.00	0	30.00	2.00	5.00	*N/A*	320.0	*N/A*	0.70
% of Calories				0.00%		33.7%	*21.1%	18.9%	0.0%		63.2%		10.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

### Thursday - 04/17/2025

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991274 Sandwich, Turkey, 1BG - OKI	1BG, 1MMA	1	97	0.17	263	1	*1	1.33	0.00	13	14.00	2.00	9.33	*0	32.0	*0.00	1.00
999657 Mayo, PKT - OKI	1	1	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990679 Mustard, PKT - OKI	1	1	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
Weighted Daily Average			158	1.10	384	2	*1	7.64	0.12	17	14.91	2.10	9.58	*0	34.7	*0.00	1.10
% of Calories				6.27%		5.1%	*2.5%	43.5%	0.7%		37.7%		24.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

### Monday - 04/21/2025

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990791 Cracker, Goldfish, WG - OKI	1BG	1	101	0.51	172	0	*N/A*	3.54	0.00	0	14.17	1.01	2.02	*N/A*	20.2	*N/A*	0.71
991461 Fruit, Cups, Assorted - OKI	1/2c	1	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			166	0.51	172	13	*0	3.54	0.00	0	29.97	1.91	*2.22	*N/A*	*27.6	*N/A*	*0.96
% of Calories				2.77%		31.3%	*0%	19.2%	0.0%		72.2%		*5.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

### Tuesday - 04/22/2025

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991441 Broccoli, Fresh, 1/2c, IW - OKI	1/2c	1	19	0.08	19	1	*N/A*	0.21	0.00	0	3.76	1.47	1.60	353	26.6	50.58	0.41
991150 Hummus, red pepper, Veg - OKI	1/4c	1	110	0.00	100	4	*N/A*	2.00	0.00	0	18.00	5.00	6.00	*N/A*	33.0	*N/A*	2.00

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990678 Sauce, Ranch, PKT - OKI	1	1	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
Weighted Daily Average			139	0.08	245	6	*N/A*	2.22	0.00	0	24.00	6.71	7.79	*353	66.2	*50.58	2.43
% of Calories				0.52%		17.3%	*N/A*	14.4%	0.0%		69.1%		22.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

### Wednesday - 04/23/2025

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	1	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			255	2.25	226	23	*12	7.37	0.00	30	36.47	0.50	10.50	*220	150.2	*0.53	1.00
% of Calories				7.94%		36.1%	*18.8%	26.0%	0.0%		57.2%		16.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

### Thursday - 04/24/2025

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00

**Base Menu Spreadsheet**

Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	1	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*
Weighted Daily Average			110	0.00	75	12	7	0.00	0.00	0	21.96	1.00	3.00	*N/A*	*320.0	*38.79	*0.00
% of Calories				0.00%		43.6%	25.5%	0.0%	0.0%		79.9%		10.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

**Friday - 04/25/2025**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990757 Cucumber, Fresh, Slices, 1/2c - OKI	1/2c	1	11	0.03	1	1	*N/A*	0.08	0.00	0	2.57	0.35	0.46	74	11.3	1.98	0.20
999725 Crackers, Assorted, 1BG - OKI	1BG	1	88	0.00	182	2	1	2.62	0.00	0	14.75	1.50	1.50	*93	11.8	*0.75	2.50
990678 Sauce, Ranch, PKT - OKI	1	1	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
Weighted Daily Average			107	0.03	310	5	*1	2.71	0.00	0	19.56	2.09	2.15	*167	29.6	*2.73	2.72
% of Calories				0.25%		18.7%	*3.7%	22.8%	0.0%		73.1%		8.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

**Monday - 04/28/2025**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999373 Bread, Mini Loaf, Banana, IW, SB - OKI	1BG	1	159	0.99	139	16	15	4.48	0.00	0	26.86	1.00	2.98	*N/A*	*N/A*	*N/A*	*N/A*



# Base Menu Spreadsheet

## Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			259	2.49	259	27	*15	6.98	0.00	15	37.86	1.00	10.98	*220	*132.3	*0.53	*0.00
% of Calories				8.65%		41.7%	*23.2%	24.3%	0.0%		58.5%		17.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

## Tuesday - 04/29/2025

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991136 Crackers, Educational Snacks - OKI	1BG	1	120	0.00	65	6	*N/A*	4.00	0.00	0	22.00	2.00	2.00	*N/A*	4.0	*N/A*	1.00
999479 Yogurt, Cups, Assorted - OKI	1MMA	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
Weighted Daily Average			200	0.00	140	18	*7	4.00	0.00	0	37.00	2.00	5.00	*N/A*	324.0	*N/A*	1.00
% of Calories				0.00%		36.0%	*14.0%	18.0%	0.0%		74.0%		10.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

## Wednesday - 04/30/2025

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991739 Cheese, Cup, Cheddar - OKI	1MMA	1	190	6.00	570	10	*N/A*	10.00	0.00	30	14.00	0.00	10.00	*N/A*	333.0	*N/A*	0.00

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2025 thru Apr 30, 2025

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991441 Broccoli, Fresh, 1/2c, IW - OKI	1/2c	1	19	0.08	19	1	*N/A*	0.21	0.00	0	3.76	1.47	1.60	353	26.6	50.58	0.41
Weighted Daily Average			209	6.08	589	11	*N/A*	10.21	0.00	30	17.76	1.47	11.60	*353	359.6	*50.58	0.41
% of Calories				26.18 %		21.1%	*N/A*	44.0%	0.0%		34.0%		22.2%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	190	2	263	14	5	5.19	0.01	11	28.79	2.21	*7.26	*145	*154.3	*11.96	*1.07
% of Calories		7.11%		29.5%	*10.5%	24.6%	0.0%		60.6%		*15.3%				

- \*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- \* - denotes combined nutrient totals with either missing or incomplete nutrient data
- <sup>1</sup> - denotes required nutrient values
- <sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**