



May 2025 Dining Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			May 1 Blueberry Lemon Bites Apple Slices	May 2 Yogurt Cup Assorted Flavors Granola
May 5 Goldfish Assorted Fruit Cups	May 6 WG Muffin Assorted Flavors 1% Milk	May 7 Crackers, Assorted, 1BG - OKI Applesauce Cup Assorted Flavors	May 8 Yogurt Cup Assorted Flavors Granola	May 9 Educational Grahams Banana
May 12 Banana Bread Mini Loaf 1% Milk	May 13 Cheddar Cheese Cup Soft Mini Pretzel	May 14 Yogurt Cup Assorted Flavors Granola	May 15 Openfaced Turkey Sandwich Mayo Mustard Packet	May 16 Blueberry Lemon Bites Banana
May 19 Goldfish Assorted Fruit Cups	May 20 WG Muffin Assorted Flavors 1% Milk	May 21 Crackers, Assorted, 1BG - OKI Broccoli Ranch Dressing	May 22 Yogurt Cup Assorted Flavors Apple Slices	May 23 Cucumber Slices Crackers, Assorted, 1BG - OKI Ranch Dressing
May 26	May 27 Educational Grahams Yogurt Cup Assorted Flavors	May 28 Cheddar Cheese Cup Broccoli	May 29 Blueberry Lemon Bites Apple Slices	May 30 Yogurt Cup Assorted Flavors Granola

Chicken products are No Antibiotic Ever (NAE) or No Antibiotics Important to Human Medicine (NAIHM).

All menus are pork-free.

Grain/bread items served are Whole Grain Rich.

Our milk options include 1% and Skim.

Not all offerings may be available in all buildings and menu offerings may change with little to no notice.

This institution is an equal opportunity provider.

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru May 31, 2025

Menu Name: Maywood Snack

Include Cost: No

Site:

Use Alternate Menu Name: No

Thursday - 05/01/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991140 Crackers, Blueberry, Lemon - OKI	1BG	1	121	0.51	61	8	8	3.54	0.00	0	21.26	2.02	2.02	*N/A*	5.1	*N/A*	1.01
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	1	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*
Weighted Daily Average			151	0.51	61	8	8	3.54	0.00	0	28.23	3.02	2.02	*N/A*	*5.1	*38.79	*1.01
% of Calories				3.04%		21.2%	21.2%	21.1%	0.0%		74.8%		5.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/02/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	1	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
Weighted Daily Average			190	0.00	135	16	*10	4.00	0.00	0	30.00	2.00	5.00	*N/A*	320.0	*N/A*	0.70
% of Calories				0.00%		33.7%	*21.1%	18.9%	0.0%		63.2%		10.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 05/05/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990791 Cracker, Goldfish, WG - OKI	1BG	1	101	0.51	172	0	*N/A*	3.54	0.00	0	14.17	1.01	2.02	*N/A*	20.2	*N/A*	0.71
991461 Fruit, Cups, Assorted - OKI	1/2c	1	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			166	0.51	172	13	*0	3.54	0.00	0	29.97	1.91	*2.22	*N/A*	*27.6	*N/A*	*0.96
% of Calories				2.77%		31.3%	*0%	19.2%	0.0%		72.2%		*5.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 05/06/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	1	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			255	2.25	226	23	*12	7.37	0.00	30	36.47	0.50	10.50	*220	150.2	*0.53	1.00
% of Calories				7.94%		36.1%	*18.8%	26.0%	0.0%		57.2%		16.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 05/07/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999725 Crackers, Assorted, 1BG - OKI	1BG	1	88	0.00	182	2	1	2.62	0.00	0	14.75	1.50	1.50	*93	11.8	*0.75	2.50

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999478 Applesauce, Cup, Assort - OKI	1/2c	1	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			137	0.00	182	14	*1	2.62	0.00	0	28.73	2.50	1.50	*93	16.7	*0.75	2.50
% of Calories				0.00%		40.9%	*2.9%	17.2%	0.0%		83.9%		4.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 05/08/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	1	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
Weighted Daily Average			190	0.00	135	16	*10	4.00	0.00	0	30.00	2.00	5.00	*N/A*	320.0	*N/A*	0.70
% of Calories				0.00%		33.7%	*21.1%	18.9%	0.0%		63.2%		10.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/09/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991136 Crackers, Educational Snacks - OKI	1BG	1	120	0.00	65	6	*N/A*	4.00	0.00	0	22.00	2.00	2.00	*N/A*	4.0	*N/A*	1.00

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990651 BANANAS, Fresh 150ct - OKI	1/2c	1	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			189	0.09	66	15	*N/A*	4.26	0.00	0	39.68	4.01	2.84	*50	7.9	*6.73	1.20
% of Calories				0.43%		31.7%	*N/A*	20.3%	0.0%		84.0%		6.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 05/12/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999373 Bread, Mini Loaf, Banana, IW, SB - OKI	1BG	1	159	0.99	139	16	15	4.48	0.00	0	26.86	1.00	2.98	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			259	2.49	259	27	*15	6.98	0.00	15	37.86	1.00	10.98	*220	*132.3	*0.53	*0.00
% of Calories				8.65%		41.7%	*23.2%	24.3%	0.0%		58.5%		17.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 05/13/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991739 Cheese, Cup, Cheddar - OKI	1MMA	1	190	6.00	570	10	*N/A*	10.00	0.00	30	14.00	0.00	10.00	*N/A*	333.0	*N/A*	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991745 Pretzel, Soft, Mini, IW - OKI	1BG	1	70	0.00	90	0	0	0.00	0.00	0	14.00	1.00	2.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			260	6.00	660	10	*0	10.00	0.00	30	28.00	1.00	12.00	*N/A*	333.0	*N/A*	0.00
% of Calories				20.77 %		15.4%	*0%	34.6%	0.0%		43.1%		18.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 05/14/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	1	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
Weighted Daily Average			190	0.00	135	16	*10	4.00	0.00	0	30.00	2.00	5.00	*N/A*	320.0	*N/A*	0.70
% of Calories				0.00%		33.7%	*21.1%	18.9%	0.0%		63.2%		10.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 05/15/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991274 Sandwich, Turkey, 1BG - OKI	1BG, 1MMA	1	97	0.17	263	1	*1	1.33	0.00	13	14.00	2.00	9.33	*0	32.0	*0.00	1.00
999657 Mayo, PKT - OKI	1	1	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990679 Mustard, PKT - OKI	1	1	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
Weighted Daily Average			158	1.10	384	2	*1	7.64	0.12	17	14.91	2.10	9.58	*0	34.7	*0.00	1.10
% of Calories				6.27%		5.1%	*2.5%	43.5%	0.7%		37.7%		24.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/16/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991140 Crackers, Blueberry, Lemon - OKI	1BG	1	121	0.51	61	8	8	3.54	0.00	0	21.26	2.02	2.02	*N/A*	5.1	*N/A*	1.01
990651 BANANAS, Fresh 150ct - OKI	1/2c	1	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			190	0.59	62	18	*8	3.80	0.00	0	38.94	4.04	2.87	*50	8.9	*6.73	1.21
% of Calories				2.79%		37.9%	*16.8%	18.0%	0.0%		82.0%		6.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 05/19/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990791 Cracker, Goldfish, WG - OKI	1BG	1	101	0.51	172	0	*N/A*	3.54	0.00	0	14.17	1.01	2.02	*N/A*	20.2	*N/A*	0.71

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991461 Fruit, Cups, Assorted - OKI	1/2c	1	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			166	0.51	172	13	*0	3.54	0.00	0	29.97	1.91	*2.22	*N/A*	*27.6	*N/A*	*0.96
% of Calories				2.77%		31.3%	*0%	19.2%	0.0%		72.2%		*5.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 05/20/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	1	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			255	2.25	226	23	*12	7.37	0.00	30	36.47	0.50	10.50	*220	150.2	*0.53	1.00
% of Calories				7.94%		36.1%	*18.8%	26.0%	0.0%		57.2%		16.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 05/21/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999725 Crackers, Assorted, 1BG - OKI	1BG	1	88	0.00	182	2	1	2.62	0.00	0	14.75	1.50	1.50	*93	11.8	*0.75	2.50
991441 Broccoli, Fresh, 1/2c, IW - OKI	1/2c	1	19	0.08	19	1	*N/A*	0.21	0.00	0	3.76	1.47	1.60	353	26.6	50.58	0.41

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990678 Sauce, Ranch, PKT - OKI	1	1	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
Weighted Daily Average			116	0.08	327	4	*1	2.84	0.00	0	20.75	3.21	3.29	*446	44.9	*51.33	2.93
% of Calories				0.62%		13.8%	*3.4%	22.0%	0.0%		71.6%		11.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 05/22/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	1	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*
Weighted Daily Average			110	0.00	75	12	7	0.00	0.00	0	21.96	1.00	3.00	*N/A*	*320.0	*38.79	*0.00
% of Calories				0.00%		43.6%	25.5%	0.0%	0.0%		79.9%		10.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/23/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990757 Cucumber, Fresh, Slices, 1/2c - OKI	1/2c	1	11	0.03	1	1	*N/A*	0.08	0.00	0	2.57	0.35	0.46	74	11.3	1.98	0.20
999725 Crackers, Assorted, 1BG - OKI	1BG	1	88	0.00	182	2	1	2.62	0.00	0	14.75	1.50	1.50	*93	11.8	*0.75	2.50

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990678 Sauce, Ranch, PKT - OKI	1	1	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
Weighted Daily Average			107	0.03	310	5	*1	2.71	0.00	0	19.56	2.09	2.15	*167	29.6	*2.73	2.72
% of Calories				0.25%		18.7%	*3.7%	22.8%	0.0%		73.1%		8.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 05/27/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991136 Crackers, Educational Snacks - OKI	1BG	1	120	0.00	65	6	*N/A*	4.00	0.00	0	22.00	2.00	2.00	*N/A*	4.0	*N/A*	1.00
999479 Yogurt, Cups, Assorted - OKI	1MMA	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
Weighted Daily Average			200	0.00	140	18	*7	4.00	0.00	0	37.00	2.00	5.00	*N/A*	324.0	*N/A*	1.00
% of Calories				0.00%		36.0%	*14.0%	18.0%	0.0%		74.0%		10.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 05/28/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991739 Cheese, Cup, Cheddar - OKI	1MMA	1	190	6.00	570	10	*N/A*	10.00	0.00	30	14.00	0.00	10.00	*N/A*	333.0	*N/A*	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991441 Broccoli, Fresh, 1/2c, IW - OKI	1/2c	1	19	0.08	19	1	*N/A*	0.21	0.00	0	3.76	1.47	1.60	353	26.6	50.58	0.41
Weighted Daily Average			209	6.08	589	11	*N/A*	10.21	0.00	30	17.76	1.47	11.60	*353	359.6	*50.58	0.41
% of Calories				26.18 %		21.1%	*N/A*	44.0%	0.0%		34.0%		22.2%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 05/29/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991140 Crackers, Blueberry, Lemon - OKI	1BG	1	121	0.51	61	8	8	3.54	0.00	0	21.26	2.02	2.02	*N/A*	5.1	*N/A*	1.01
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	1	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*
Weighted Daily Average			151	0.51	61	8	8	3.54	0.00	0	28.23	3.02	2.02	*N/A*	*5.1	*38.79	*1.01
% of Calories				3.04%		21.2%	21.2%	21.1%	0.0%		74.8%		5.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/30/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990723 Granola, WG, 1BG- OKI	1BG	1	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
Weighted Daily Average			190	0.00	135	16	*10	4.00	0.00	0	30.00	2.00	5.00	*N/A*	320.0	*N/A*	0.70
% of Calories				0.00%		33.7%	*21.1%	18.9%	0.0%		63.2%		10.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	183	1	215	14	6	4.76	0.01	7	29.26	2.06	*5.44	*87	*155.1	*11.28	*1.04
% of Calories		5.41%		30.6%	*13.1%	23.4%	0.0%		64.0%		*11.9%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.