

April 2026

Maywood Hot + Cold Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Spring Break	Spring Break	Spring Break
6	7	8	9	10
Poffitz Mini Pancakes Granola Bar with String Cheese Apple Crisps Fruit Cup	Stuffed Chicken & Cheese Waffle Breakfast Bread Orange Apple Crisps	Pancakes & Turkey Bacon Yogurt with Granola Banana Apple Cherry Juice	Chicken Biscuit Pull-a-part Donut Applesauce Orange	Hot Cinnamon Rolls Bagel & Cream Cheese Pear Apple
13	14	15	16	17
Blueberry Mini Waffles Mini Loaf with String Cheese Apple Fruit Cup	Egg Bites Yogurt & Graham Crackers Orange Apple Crisps	Biscuits & Gravy Bagel & Cream Cheese Banana Apple Cherry Juice	Cherry Frudel Oatmeal Round Applesauce Orange	Spicy Cheddar & Egg Pocket Muffin with Sunflower Seeds Pear Apple
20	21	22	23	24
Pancake Bowl Breakfast Bread Apple Fruit Cup	French Toast Sticks Yogurt with Granola Orange Apple Crisps	Maple Biscuit Granola Bar with String Cheese Banana Apple Cherry Juice	Breakfast Hash with Cornbread Cinnamon Roll Applesauce Orange	Turkey Ham & Cheese English Muffin Mini Loaf with String Cheese Pear Apple
27	28	29	30	
Snack'n Waffle Yogurt with Granola Apple Crisps Fruit Cup	Pancake Puffs Breakfast Breads Orange Apple Crisps	Turkey Sausage & Cheese Croissant Muffin with String Cheese Banana Apple Cherry Juice	Egg & Cheese Omelet with Tortilla Oatmeal Round Applesauce Orange	

All chicken served is raised with No Antibiotics Ever.
All menus contain No Pork. We serve Whole Grain Rich grain/bread items.
Milk options include 1%, Skim, & Chocolate Skim .

This institution is an equal opportunity provider.
Offerings may vary by school. Menus are subject to change. Questions? Contact the School Dining Manager.

Abril 2026

Maywood Desayuno caliente + frío



Lunes	Martes	Miércoles	Jueves	Viernes
		1 Vacaciones de primavera	2 Vacaciones de primavera	3 Vacaciones de primavera
6 Mini tortitas Poffitz Barritas de granola con palito de queso Chips de manzana Copa de fruta	7 Waffle relleno de pollo y queso Pan para el desayuno Naranja Chips de manzana	8 Panqueques y tocino de pavo Yogur con granola Plátano Zummo de manzana y cereza	9 Galleta de pollo Donut para compartir Compota de manzana Naranja	10 Rollos calientes de canela Bagel y queso crema Pera Manzana
13 Mini gofres de arándanos Mini panecillo con palito de queso Manzana Copa de fruta	14 Bocaditos de huevo Yogur y galletas Graham Naranja Chips de manzana	15 Bollos y salsa Bagel y queso crema Plátano Zummo de manzana y cereza	16 Frudel de cereza Galletas redondas de avena Compota de manzana Naranja	17 Bocadillo de queso cheddar picante y huevo Muffin con semillas de girasol Pera Manzana
20 Tazón de tortitas Panecillo para el desayuno Manzana Copa de fruta	21 Palitos de tostada francesa Yogur con granola Naranja Chips de manzana	22 Galletas de arce Barritas de granola con palito de queso Plátano Zummo de manzana y cereza	23 Hachís de desayuno con pan de maíz Rollito de canela Compota de manzana Naranja	24 Muffin inglés de pavo, jamón y queso Mini panecillo con palito de queso Pera Manzana
27 Waffle Snack'n Yogur con granola Chips de manzana Copa de fruta	28 Panqueques inflados Panecillo para el desayuno Naranja Chips de manzana	29 Croissant de salchicha de pavo y queso Muffin con palito de queso Plátano Zummo de manzana y cereza	30 Tortilla de huevo y queso con tortilla Galletas redondas de avena Compota de manzana Naranja	

Todo el pollo que servimos se cría sin antibióticos.
Ninguno de nuestros menús contiene cerdo. Servimos productos integrales ricos en cereales y pan.
Las opciones de leche incluyen 1 %, desnatada y desnatada con chocolate .

Esta institución ofrece igualdad de oportunidades. Las ofertas pueden variar según el centro educativo. Los menús están sujetos a cambios. ¿Preguntas?
Póngase en contacto con el responsable de comedores escolares.

Base Menu Spreadsheet

Portion Values

Apr 1, 2026 thru Apr 30, 2026

Menu Name: Breakfast 1 Hot/1 Cold

Include Cost: No

Site:

Use Alternate Menu Name: No

Wednesday - 04/01/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
339467 Croissant, Turkey, Sausage, Cheese, IW - OKI	1.5BG, .5MMA	150	290	8.00	450	5.00	4.00	14.00	0.00	60	31.00	0.00	9.00	*N/A*	85.0	*N/A*	7.00
999480 Muffin, Assorted, 1BG, BC, K12 - OKI	1BG	50	155	0.75	106	12.23	11.73	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20
991823 Juice, Apple, Cherry, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	50.00	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	150	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	50	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			499	8.43	534	40.66	*5.93	15.39	0.00	66	72.86	2.14	17.63	*0	*290.0	*57.13	*5.72
% of Calories				15.20 %		32.59%	*4.75%	27.8%	0.0%		58.4%		14.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Thursday - 04/02/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991668 Omelet, Colby Jack, Tortilla - OKI	1BG, 2MMA	150	200	5.00	420	1.00	*0.00	10.49	0.00	165	15.97	0.00	10.00	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999812 Rounds, Oatmeal, Assorted - OKI	2BG	50	273	4.23	239	14.91	13.42	11.93	0.00	15	38.77	3.98	4.97	*N/A*	29.8	*N/A*	1.49
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	11.98	*0.00	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
999646 Salsa Cup - OKI	1/4c Veg	150	15	0.00	100	2.00	0.00	0.00	0.00	0	3.00	1.00	1.00	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			413	5.63	557	38.20	*3.35	12.31	0.00	137	60.30	5.05	18.21	*0	*255.3	*51.33	*0.50
% of Calories				12.27%		37.00%	*3.24%	26.8%	0.0%		58.4%		17.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Friday - 04/03/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991007 Biscuit, Maple, IW - OKI	2BG	150	200	2.50	300	8.00	5.00	5.00	0.00	0	33.00	2.00	4.00	*N/A*	170.0	*N/A*	2.00
240754 Bread, Assorted, Mini Loaf - OKI	1BG	50	160	0.50	100	14.00	13.00	4.50	0.00	22	27.50	1.00	3.00	*N/A*	14.0	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13.27	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
999660 Jelly, PKT - OKI	1	150	36	0.00	6	7.03	6.82	0.01	0.00	0	9.03	0.03	0.04	*N/A*	0.4	*N/A*	0.02

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			466	3.88	415	51.99	*12.12	8.11	*0.00	20	87.27	8.86	13.90	*0	404.7	*11.62	2.19
% of Calories				7.49%		44.63%	*10.40 %	15.7%	*0.0%		74.9%		11.9%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Monday - 04/06/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991819 Pancake, Bites, Poffitz, WG, IW - OKI	2BG	150	250	1.00	290	13.01	11.01	12.01	0.00	40	37.02	2.00	4.00	*N/A*	36.0	*N/A*	1.00
999492 Bars, Granola, Assorted - OKI	1BG	50	140	0.63	79	9.00	8.00	4.50	0.00	5	23.00	1.00	2.25	*N/A*	10.3	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
327389 Apple, Dried, Crisps (1/2c) - OKI	1/2c	200	40	0.00	0	7.00	*N/A*	0.00	0.00	0	10.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13.00	*0.00	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			436	2.72	395	43.53	*10.25	12.97	0.00	46	70.94	4.65	*13.09	*0	*291.0	*0.26	*1.29
% of Calories				5.61%		39.94%	*9.40%	26.8%	0.0%		65.1%		*12.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2026 thru Apr 30, 2026

Tuesday - 04/07/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999422 Waffle, Stuffed, Chx & Cheese - OKI	1MMA, 1.5BG	150	190	4.00	330	9.00	8.00	8.00	0.00	55	23.00	1.00	9.00	*N/A*	*N/A*	*N/A*	*N/A*
287497 Bread, Breakfast, Assorted, K12 - OKI	2BG	50	170	1.00	160	15.03	15.03	5.34	0.00	0	29.06	1.67	3.34	*N/A*	105.9	*N/A*	1.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
327389 Apple, Dried, Crisps (1/2c) - OKI	1/2c	200	40	0.00	0	7.00	*N/A*	0.00	0.00	0	10.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			359	4.08	395	37.75	*9.76	8.79	0.00	51	56.92	5.47	16.31	*0	*269.4	*51.33	*0.38
% of Calories				10.23 %		42.06%	*10.87 %	22.0%	0.0%		63.4%		18.2%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Wednesday - 04/08/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991309 Pancakes, Bacon, Turkey - OKI	2BG	150	260	2.00	890	7.00	*1.00	12.00	0.00	41	27.00	2.00	14.00	*N/A*	*0.0	*N/A*	*0.40
999479 Yogurt, Cups, Assorted - OKI	1MMA	50	80	0.00	75	12.00	7.00	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	*0.00
990723 Granola, WG, 1BG- OKI	1BG	50	110	0.00	60	4.00	3.00	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991823 Juice, Apple, Cherry, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	50.00	*N/A*
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
Weighted Daily Average			460	2.40	815	42.99	*3.25	11.60	0.00	41	70.55	4.01	20.42	*0	*288.4	*57.00	*0.71
% of Calories				4.70%		37.38%	*2.83%	22.7%	0.0%		61.3%		17.8%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Thursday - 04/09/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999834 Biscuit, Chicken, Tender - OKI	1.5BG, 1MMA	150	215	2.00	370	4.00	3.50	8.50	0.00	22	22.00	2.00	12.00	*N/A*	126.0	*N/A*	1.80
991732 Donut, Pull-a-Part, Goodyman - OKI	2BG	50	240	4.50	300	8.00	8.00	11.00	0.00	0	31.00	2.00	4.00	*N/A*	24.0	*N/A*	1.00
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	11.98	*0.00	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
999658 Syrup, PKT - OKI	1	150	121	0.00	22	22.11	22.11	0.00	0.00	0	30.19	0.00	0.00	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00

Base Menu Spreadsheet

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			495	3.45	477	53.81	*21.21	10.58	0.00	27	83.27	5.30	18.72	*0	349.1	*51.33	1.75
% of Calories				6.27%		43.48%	*17.14 %	19.2%	0.0%		67.3%		15.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Friday - 04/10/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
247832 Roll, Cinnamon, Pillsbury - OKI	2 each	150	261	4.01	301	10.03	10.03	12.03	0.00	0	34.09	2.00	6.02	*N/A*	80.2	*N/A*	2.00
990768 Bagel, WG, IW - OKI	2BG	50	150	0.00	270	3.00	*N/A*	1.00	0.00	0	29.00	3.00	5.00	*N/A*	30.0	*N/A*	1.80
990784 Cream Cheese, Cup - OKI	1	50	70	4.01	115	1.00	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13.27	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			479	4.89	432	45.49	*7.52	12.76	*0.00	15	81.44	9.34	14.64	*0	*291.6	*11.62	*2.38
% of Calories				9.19%		37.99%	*6.28%	24.0%	*0.0%		68.0%		12.2%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Monday - 04/13/2026

Reimbursable Meal Total 200

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999765 Waffles, Blueberry, Mini, IW - OKI	2BG	150	210	1.00	170	12.00	11.00	6.00	0.00	0	37.00	2.00	4.00	*N/A*	30.0	*N/A*	1.40
240754 Bread, Assorted, Mini Loaf - OKI	1BG	50	160	0.50	100	14.00	13.00	4.50	0.00	22	27.50	1.00	3.00	*N/A*	14.0	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13.00	*0.00	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	150	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	50	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			439	3.07	318	49.32	*11.50	9.25	*0.00	23	78.51	5.52	*13.67	*0	*258.5	*5.90	*1.71
% of Calories				6.29%		44.94%	*10.48 %	19.0%	*0.0%		71.5%		*12.5%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Tuesday - 04/14/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991060 Egg, Bites, Sunny Fresh- OKI	1.5MMA	150	119	2.49	189	1.00	*N/A*	8.95	0.00	129	2.98	1.00	5.97	*N/A*	*N/A*	*N/A*	*N/A*
999479 Yogurt, Cups, Assorted - OKI	1MMA	50	80	0.00	75	12.00	7.00	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	*0.00
991136 Crackers, Educational Snacks - OKI	1BG	50	120	0.00	65	6.00	*N/A*	4.00	0.00	0	22.00	2.00	2.00	*N/A*	4.0	*N/A*	1.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10

Base Menu Spreadsheet

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
327389 Apple, Dried, Crisps (1/2c) - OKI	1/2c	200	40	0.00	0	7.00	*N/A*	0.00	0.00	0	10.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	150	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	50	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			319	3.04	291	32.36	*1.75	9.75	0.00	109	43.83	5.55	14.54	*0	*287.8	*51.46	*0.36
% of Calories				8.58%		40.58%	*2.19%	27.5%	0.0%		55.0%		18.2%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Wednesday - 04/15/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990637 Biscuits & Gravy - OKI	2oz	150	220	4.96	540	3.00	*N/A*	11.36	0.00	39	17.61	1.00	12.32	*N/A*	262.1	*N/A*	1.18
990768 Bagel, WG, IW - OKI	2BG	50	150	0.00	270	3.00	*N/A*	1.00	0.00	0	29.00	3.00	5.00	*N/A*	30.0	*N/A*	1.80
990784 Cream Cheese, Cup - OKI	1	50	70	4.01	115	1.00	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20
991823 Juice, Apple, Cherry, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	50.00	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			437	5.62	615	36.99	*0.00	12.12	0.00	44	63.51	3.51	19.41	*0	*412.4	*57.00	*1.57
% of Calories				11.57 %		33.86%	*0.00%	25.0%	0.0%		58.1%		17.8%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Thursday - 04/16/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991733 Frudel, Cherry, IW - OKI	2BG	150	200	0.50	270	10.00	9.00	5.00	0.00	0	38.00	2.00	5.00	*N/A*	0.0	*N/A*	1.60
999812 Rounds, Oatmeal, Assorted - OKI	2BG	50	273	4.23	239	14.91	13.42	11.93	0.00	15	38.77	3.98	4.97	*N/A*	29.8	*N/A*	1.49
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	11.98	*0.00	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			402	2.26	370	43.46	*10.10	8.19	0.00	14	74.57	5.80	13.72	*0	255.3	*51.33	1.70
% of Calories				5.06%		43.24%	*10.05 %	18.3%	0.0%		74.2%		13.7%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Friday - 04/17/2026

Reimbursable Meal Total 200

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999936 Pocket, Breakfast, Egg, Cheddar, Spicy, IW - OKI	1MMA, 1.5BG	150	220	4.00	380	2.00	2.00	8.00	0.00	70	26.01	2.00	9.00	*N/A*	153.1	*N/A*	2.00
999480 Muffin, Assorted, 1BG, BC, K12 - OKI	1BG	50	155	0.75	106	12.23	11.73	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
990677 Sunflower Seeds, IW- OKI	1MMA	50	200	2.50	135	1.00	0.00	17.00	0.00	0	8.00	4.00	7.00	*N/A*	31.0	*N/A*	1.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13.27	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			482	4.69	456	41.78	*4.43	13.20	*0.00	66	76.25	9.71	17.75	*0	351.0	*11.62	2.42
% of Calories				8.76%		34.67%	*3.68%	24.6%	*0.0%		63.3%		14.7%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Monday - 04/20/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999477 Bowl, Pancake, Assorted - OKI	2BG	150	230	2.50	333	15.97	5.99	4.83	0.00	35	40.60	2.00	4.99	*N/A*	*17.6	*N/A*	*1.33
287497 Bread, Breakfast, Assorted, K12 - OKI	2BG	50	170	1.00	160	15.03	15.03	5.34	0.00	0	29.06	1.67	3.34	*N/A*	105.9	*N/A*	1.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13.00	*0.00	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			86032	593.87	79698	10487.75	*1650.05	1299.84	*0.00	7195	16231.74	1137.20	*2582.30	*0	*51750.0	*1153.50	*335.55
% of Calories				6.21%		48.76%	*7.67%	13.6%	*0.0%		75.5%		*12.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Tuesday - 04/21/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999912 Toast, French, Sticks, IW, WG - OKI	2BG	150	240	1.00	260	12.00	12.00	7.00	0.00	10	38.00	2.00	6.00	*N/A*	21.0	*N/A*	0.60
999479 Yogurt, Cups, Assorted - OKI	1MMA	50	80	0.00	75	12.00	7.00	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	*0.00
990723 Granola, WG, 1BG- OKI	1BG	50	110	0.00	60	4.00	3.00	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
327389 Apple, Dried, Crisps (1/2c) - OKI	1/2c	200	40	0.00	0	7.00	*N/A*	0.00	0.00	0	10.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			401	1.58	336	40.25	*11.50	7.71	0.00	17	68.40	6.30	14.47	*0	*338.6	*51.33	*0.76
% of Calories				3.55%		40.15%	*11.47%	17.3%	0.0%		68.2%		14.4%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Wednesday - 04/22/2026

Reimbursable Meal Total 200

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991007 Biscuit, Maple, IW - OKI	2BG	150	200	2.50	300	8.00	5.00	5.00	0.00	0	33.00	2.00	4.00	*N/A*	170.0	*N/A*	2.00
999492 Bars, Granola, Assorted - OKI	1BG	50	140	0.63	79	9.00	8.00	4.50	0.00	5	23.00	1.00	2.25	*N/A*	10.3	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20
991823 Juice, Apple, Cherry, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	50.00	*N/A*
999660 Jelly, PKT - OKI	1	150	36	0.00	6	7.03	6.82	0.01	0.00	0	9.03	0.03	0.04	*N/A*	0.4	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			450	3.93	412	47.51	*10.87	7.98	0.00	16	80.57	3.78	13.75	*0	*388.2	*57.00	*2.00
% of Calories				7.86%		42.23%	*9.66%	16.0%	0.0%		71.6%		12.2%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Thursday - 04/23/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999941 Hash, Breakfast - OKI	6oz	150	91	0.82	193	0.77	*0.00	3.30	0.00	24	8.54	1.14	7.40	*N/A*	*5.4	*23.60	*0.42
991546 Muffin, Cornbread, IW, WG - OKI	1BG	150	150	0.50	90	9.00	9.00	5.00	0.00	15	23.01	0.00	3.00	*N/A*	21.0	*N/A*	1.00
999835 Roll, Cinnamon, IW, BC - OKI	2.5BG	50	210	0.00	190	10.00	9.00	0.50	0.00	0	40.00	3.00	6.00	*N/A*	20.0	*N/A*	1.70

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	11.98	*0.00	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			417	1.82	367	42.06	*9.00	7.81	0.00	39	70.05	4.91	18.03	*0	*272.7	*69.03	*1.62
% of Calories				3.93%		40.35%	*8.63%	16.9%	0.0%		67.2%		17.3%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Friday - 04/24/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
017681 Sandwich, Muffin, English, Tham, Cheese - OKI	2BG, 1MMA	150	199	1.92	601	2.68	*0.68	5.86	0.00	26	23.01	1.00	13.89	*N/A*	186.0	*N/A*	1.60
240754 Bread, Assorted, Mini Loaf - OKI	1BG	50	160	0.50	100	14.00	13.00	4.50	0.00	22	27.50	1.00	3.00	*N/A*	14.0	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13.27	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			437	3.45	636	42.73	*3.76	8.76	*0.00	40	73.01	8.09	21.29	*0	416.4	*11.62	1.87
% of Calories				7.11%		39.11%	*3.44%	18.0%	*0.0%		66.8%		19.5%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Monday - 04/27/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999771 Waffle, Snackn, Assorted - OKI	2BG	150	250	4.00	290	15.00	14.00	9.00	0.00	44	37.00	2.00	6.00	*N/A*	*N/A*	*N/A*	*N/A*
999479 Yogurt, Cups, Assorted - OKI	1MMA	50	80	0.00	75	12.00	7.00	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	*0.00
990723 Granola, WG, 1BG- OKI	1BG	50	110	0.00	60	4.00	3.00	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
327389 Apple, Dried, Crisps (1/2c) - OKI	1/2c	200	40	0.00	0	7.00	*N/A*	0.00	0.00	0	10.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13.00	*0.00	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	150	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	50	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			434	4.16	365	46.39	*13.00	9.67	0.00	45	72.11	4.90	*13.86	*0	*255.8	*0.40	*0.44
% of Calories				8.63%		42.76%	*11.98 %	20.1%	0.0%		66.5%		*12.8%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Tuesday - 04/28/2026

Reimbursable Meal Total 200

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
606526 Pancake, Puffs, Mini, Strawberry - OKI	1 each	150	190	1.00	160	8.00	7.00	6.00	0.00	0	33.00	3.00	3.00	*N/A*	*N/A*	*N/A*	*N/A*
287497 Bread, Breakfast, Assorted, K12 - OKI	2BG	50	170	1.00	160	15.03	15.03	5.34	0.00	0	29.06	1.67	3.34	*N/A*	105.9	*N/A*	1.00
327389 Apple, Dried, Crisps (1/2c) - OKI	1/2c	200	40	0.00	0	7.00	*N/A*	0.00	0.00	0	10.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	150	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	50	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			364	2.17	274	36.87	*9.01	7.87	0.00	12	64.36	6.97	11.90	*0	*233.2	*51.46	*0.36
% of Calories				5.37%		40.52%	*9.90%	19.5%	0.0%		70.7%		13.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Wednesday - 04/29/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
339467 Croissant, Turkey, Sausage, Cheese, IW - OKI	1.5BG, .5MMA	150	290	8.00	450	5.00	4.00	14.00	0.00	60	31.00	0.00	9.00	*N/A*	85.0	*N/A*	7.00
999480 Muffin, Assorted, 1BG, BC, K12 - OKI	1BG	50	155	0.75	106	12.23	11.73	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20
991823 Juice, Apple, Cherry, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	50.00	*N/A*

Base Menu Spreadsheet

Open Kitchens Inc

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	150	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	50	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			499	8.43	534	40.66	*5.93	15.39	0.00	66	72.86	2.14	17.63	*0	*290.0	*57.13	*5.72
% of Calories				15.20 %		32.59%	*4.75%	27.8%	0.0%		58.4%		14.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Thursday - 04/30/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991668 Omelet, Colby Jack, Tortilla - OKI	1BG, 2MMA	150	200	5.00	420	1.00	*0.00	10.49	0.00	165	15.97	0.00	10.00	*N/A*	*N/A*	*N/A*	*N/A*
999812 Rounds, Oatmeal, Assorted - OKI	2BG	50	273	4.23	239	14.91	13.42	11.93	0.00	15	38.77	3.98	4.97	*N/A*	29.8	*N/A*	1.49
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	11.98	*0.00	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
999646 Salsa Cup - OKI	1/4c Veg	150	15	0.00	100	2.00	0.00	0.00	0.00	0	3.00	1.00	1.00	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			413	5.63	557	38.20	*3.35	12.31	0.00	137	60.30	5.05	18.21	*0	*255.3	*51.33	*0.50
% of Calories				12.27 %		37.00%	*3.24%	26.8%	0.0%		58.4%		17.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

Base Menu Spreadsheet

Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	4324	31	4057	517	*82.62	69.20	*0.00	374	805.16	57.01	*132.88	*0	*2645.7	*89.62	*16.89
% of Calories		6.43%		47.85%	*7.64%	14.4%	*0.0%		74.5%		*12.3%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.