

# April 2026

## Maywood 5 Entrée Bulk Lunch



WOWBUTTER™ & Jelly Sandwiches offered daily.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Spring Break	2 Spring Break	3 Spring Break
6 Beef Tamale Bean Tamale Yogurt Protein Kit Turkey-Ham & Swiss Sandwich  Wango Mango Juice Orange	7 Orange Chicken & Rice Orange Tofu & Rice Yogurt Protein Kit Turkey Cheddar Sandwich  Edamame Pear	8 Spinach & Artichoke Dip Yogurt Protein Kit Turkey-Ham & Swiss Sandwich  Crinkle Cut Carrots Apple	9 Adobo Local Chicken Drumstick Adobo Tofu Yogurt Protein Kit Turkey Cheddar Sandwich  Corn & Jalapeño Blend Banana	10 Breaded Ravioli Yogurt Protein Kit Turkey-Ham & Swiss Sandwich  Mixed Green Salad 100% Fruit Juice
13 Chicken Nuggets Veggie Chik'n Nuggets Yogurt Protein Kit Turkey-Ham & Swiss Sandwich  Emoji Potatoes Orange	14 Hamburger Veggie Burger Yogurt Protein Kit Turkey Cheddar Sandwich  Red Bell Pepper Strips Pear	15 Pizza Mac & Cheese Yogurt Protein Kit Turkey-Ham & Swiss Sandwich  Mixed Green Salad Apple	16 Deli Hoagie with Grinder Slaw Yogurt Protein Kit Turkey Cheddar Sandwich  Shredded Lettuce Mix Banana	17 Beef Pepperoni Pizza Cheese Pizza Yogurt Protein Kit Turkey-Ham & Swiss Sandwich  Lemon Chickpea Salad 100% Fruit Juice
20 Turkey Kielbasa Yogurt Protein Kit Turkey-Ham & Swiss Sandwich  Cherry Tomatoes Orange	21 Korean BBQ Tacos Korean BBQ Tofu Tacos Yogurt Protein Kit Turkey-Ham & Swiss Sandwich  Asian Slaw Pear	22 Tomato Cream Pasta Yogurt Protein Kit Turkey-Ham & Swiss Sandwich  Italian White Bean Salad Apple	23 BBQ Chicken Drumstick BBQ Tofu Yogurt Protein Kit Turkey Cheddar Sandwich  Mixed Green Salad Banana	24 Meatball Sub Mac & Cheese Bites Yogurt Protein Kit Turkey-Ham & Swiss Sandwich  Sweet Peas 100% Fruit Juice
27 Beef Fiestada Cheese Quesadilla Yogurt Protein Kit Turkey-Ham & Swiss Sandwich  Snap Peas That's It Bar	28 Chicken & Waffles Veggie Chick'n & Waffles Yogurt Protein Kit Turkey Cheddar Sandwich  Tater Tots Pear	29 Beef Pepperoni Pizza Cheese Pizza Yogurt Protein Kit Turkey-Ham & Swiss Sandwich  Mixed Green Salad Apple	30 Cajun Sloppy Joe Veggie Burger Yogurt Protein Kit Turkey Cheddar Sandwich  Red Bell Pepper Strips Banana	

All chicken served is raised with No Antibiotics Ever.  
All menus contain No Pork. We serve Whole Grain Rich grain/bread items.  
Milk options include 1%, Skim, & Chocolate Skim .

This institution is an equal opportunity provider.  
Offerings may vary by school. Menus are subject to  
change. Questions? Contact the School Dining Manager.

# Abril 2026

## Maywood 5 Entrante Almuerzo a granel



WOWBUTTER™ y sándwiches de mermelada disponibles todos los días.

Lunes	Martes	Miércoles	Jueves	Viernes
		1	2	3
		Vacaciones de primavera	Vacaciones de primavera	Vacaciones de primavera
6	7	8	9	10
<b>Tamal de ternera</b> <b>Tamal de frijoles</b> Kit de proteínas de yogur Sándwich de pavo, jamón y queso suizo  Zumo de mango Wango Naranja	<b>Pollo a la naranja con arroz</b> <b>Tofu a la naranja con arroz</b> Kit de proteínas de yogur Sándwich de pavo y queso cheddar  Edamame Pera	<b>Dip de espinacas y alcachofas</b> Kit de proteínas de yogur Sándwich de pavo, jamón y queso suizo  Zanahorias cortadas en ondulado Manzana	<b>Muslo de pollo local adobado</b> <b>Tofu adobado</b> Kit de proteínas de yogur Sándwich de pavo y queso cheddar  Mezcla de maíz y jalapeño Plátano	<b>Raviolis empanados</b> Kit de proteínas de yogur Sándwich de pavo, jamón y queso suizo  Ensalada mixta Zumo 100 % natural
13	14	15	16	17
<b>Nuggets de pollo</b> <b>Nuggets vegetarianos</b> Kit de proteínas de yogur Sándwich de pavo, jamón y queso suizo  Patatas emoji Naranja	<b>Hamburguesa</b> <b>Hamburguesa vegetariana</b> Kit de proteínas de yogur Sándwich de pavo y queso cheddar  Tiras de pimiento rojo Pera	<b>Pizza con macarrones y queso</b> Kit de proteína de yogur Sándwich de pavo, jamón y queso suizo  Ensalada mixta de verduras Manzana	<b>Bocadillo deli con ensalada de col</b> Kit de proteína de yogur Sándwich de pavo y queso cheddar  Mezcla de lechuga picada Plátano	<b>Pizza de pepperoni y ternera</b> <b>Pizza de queso</b> Kit de proteínas de yogur Sándwich de pavo, jamón y queso suizo  Ensalada de garbanzos al limón Zumo 100 % natural
20	21	22	23	24
<b>Salchicha de pavo</b> Kit de proteínas de yogur Sándwich de pavo, jamón y queso suizo  Tomates cherry Naranja	<b>Tacos coreanos a la barbacoa</b> <b>Tacos coreanos de tofu a la barbacoa</b> Kit de proteínas de yogur Sándwich de pavo, jamón y queso suizo  Ensalada asiática Pera	<b>Pasta con crema de tomate</b> Kit de proteínas de yogur Sándwich de pavo, jamón y queso suizo  Ensalada italiana de alubias blancas Manzana	<b>Muslo de pollo a la barbacoa</b> <b>Tofu a la barbacoa</b> Kit de proteínas de yogur Sándwich de pavo y queso cheddar  Ensalada mixta Plátano	<b>Bocadillo de albóndigas</b> <b>Bocaditos de macarrones con queso</b> Kit de proteínas de yogur Sándwich de pavo, jamón y queso suizo  Guisantes dulces Zumo 100 % natural
27	28	29	30	
<b>Fiestada de ternera</b> <b>Quesadilla de queso</b> Kit de proteínas de yogur Sándwich de pavo, jamón y queso suizo  Guisantes Barrita That's It	<b>Pollo y gofres</b> <b>Pollo vegetal y gofres</b> Kit de proteína de yogur Sándwich de pavo y queso cheddar  Croquetas de patata Pera	<b>Pizza de ternera y pepperoni</b> <b>Pizza de queso</b> Kit de proteína de yogur Sándwich de pavo, jamón y queso suizo  Ensalada mixta Manzana	<b>Sloppy Joe cajún</b> <b>Hamburguesa vegetariana</b> Kit de proteína de yogur Sándwich de pavo y queso cheddar  Tiras de pimiento rojo Plátano	

Todo el pollo que servimos se cría sin antibióticos.  
 Ninguno de nuestros menús contiene cerdo. Servimos productos integrales ricos en cereales y pan.  
 Las opciones de leche incluyen 1 %, desnatada y desnatada con chocolate .

Esta institución ofrece igualdad de oportunidades. Las ofertas pueden variar según el centro educativo. Los menús están sujetos a cambios. ¿Preguntas? Póngase en contacto con el responsable de comedores escolares.

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

Menu Name: 5 Entree Bulk Lunch

Include Cost: No

Site:

Use Alternate Menu Name: No

Wednesday - 04/01/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991475 Pizza, Turkey Sausage, Bulk- OKI	2BG, 2MMA	300	280	4.00	450	8.00	2.00	10.00	0.00	30	33.00	5.00	2.00	*N/A*	220.0	0.00	2.60
991476 Pizza, Cheese, 4x6, Bulk - OKI	2BG, 2MMA	50	280	3.50	470	8.00	2.00	11.00	0.00	15	33.00	4.00	16.00	*N/A*	310.0	*N/A*	2.50
991141 Yogurt, Granola, CJCheese, Crackers Kit- OKI	2BG, 2MMA	50	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4.02	*3.01	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	0.63	*N/A*	0.07	0.00	0	1.75	0.68	0.58	*N/A*	15.8	3.86	0.34
990648 Apple, Fresh, 138CT, - OKI	1/2c	500	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1.36	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			510	4.87	784	39.08	*14.78	14.44	*0.01	34	72.29	9.00	16.69	*0	547.7	*9.47	3.47
% of Calories				8.59%		30.65%	*11.59%	25.5%	*0.0%		56.7%		13.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Thursday - 04/02/2026

### Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
006788 Sloppy Joe, Turkey, Cajun, Bulk - OKI	4oz	300	149	1.51	709	*2.29	*N/A*	6.04	*0.00	45	11.44	1.18	13.01	*N/A*	*9.5	*14.87	*0.61
991483 Burger, Veggie, Bulk- OKI	2MMA	50	128	0.00	443	0.98	0.00	4.92	0.00	0	7.88	5.91	13.78	*N/A*	68.9	*N/A*	1.77
991482 Bun, Hamburger, WG, Bulk - OKI	1 each	350	149	0.00	259	2.98	2.98	1.99	0.00	0	25.86	1.99	5.97	*N/A*	49.7	*N/A*	1.39
759321 Kit, Waffle, Snackn, Yogurt, String Cheese - OKI	2MMA, 2BG	25	410	8.00	565	28.00	*21.00	15.00	0.00	64	54.00	2.00	15.00	*N/A*	*518.0	*N/A*	*0.00
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	25	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	2BG, 2MMA	50	271	4.81	642	2.00	*2.00	9.59	0.00	40	28.00	4.00	22.59	*N/A*	270.5	*0.00	2.00
990655 Tomatoes, Cherry, 3/4 cup - OKI	3/4c	500	18	0.03	5	2.58	*N/A*	0.20	*N/A*	0	3.82	1.18	0.86	*N/A*	9.8	13.46	0.26
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999647 Ketchup, Pkt - OKI	1	100	11	0.00	96	2.18	1.89	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1.36	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			537	3.21	1142	*36.76	*16.30	12.81	*0.01	43	78.94	7.85	28.33	*0	*417.6	*29.22	*2.93
% of Calories				5.38%		*27.38 %	*12.14 %	21.5%	*0.0%		58.8%		21.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Friday - 04/03/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
830882 Nacho, Filling, Veggie Crumble, Cheese, Bulk - OKI	4.56oz	300	168	6.16	588	0.70	*0.00	9.64	0.00	30	7.29	0.73	12.72	*N/A*	237.6	*N/A*	1.86
991558 Nacho, Filling, Chicken CheSauce, Bulk - OKI	2MMA, 2BG	50	148	3.91	351	0.00	*0.00	7.54	0.00	48	3.61	0.00	14.44	*N/A*	*111.5	*0.00	0.61
991491 Chips, tortilla, WG, Bulk- OKI	2BG	350	207	1.03	166	0.00	0.00	7.24	0.00	0	30.00	3.10	3.10	*N/A*	41.4	*N/A*	0.62
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	50	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4.02	*3.01	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991559 Beans, Black, Seasoned, Bulk, 3/4c- OKI	3/4c	500	135	0.00	406	1.02	*0.00	0.51	0.00	0	23.82	6.15	8.20	*N/A*	50.2	0.00	2.05
991826 Juice, Fruit Punch, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	0	15.00	0.00	0.00	0.00	0	16.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
999659 Sauce, Taco, PKT - OKI	1	350	5	0.00	95	0.47	*N/A*	0.02	0.00	0	1.04	0.19	0.06	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			692	6.88	1301	35.84	*13.38	19.19	0.01	37	94.97	10.70	32.31	*0	*588.0	*0.11	*4.82
% of Calories				8.95%		20.72%	*7.73%	25.0%	0.0%		54.9%		18.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Monday - 04/06/2026

### Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
804699 Tamale, Beef and Vegetable, IW, Bulk - OKI	1 each	300	340	5.00	650	1.00	*N/A*	20.00	0.00	27	29.00	4.00	16.00	*N/A*	9.0	*N/A*	20.00
450681 Tamale, Pinto Bean, Cheese, IW, Bulk - OKI	1 each	50	315	3.00	590	1.00	*N/A*	15.00	0.00	13	29.00	5.00	13.00	*N/A*	23.0	*N/A*	13.00
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	25	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
991488 Pizza, Boli, Bulk - OKI	2BG, 2MMA	25	309	5.99	689	4.99	2.00	12.98	0.00	30	34.94	2.00	15.97	*N/A*	354.4	*N/A*	2.00

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4.02	*3.01	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
991666 Juice, Vegetable, Wango Mango - OKI	3/4c	500	80	0.00	30	20.00	0.00	0.00	0.00	0	22.00	0.00	*N/A*	*N/A*	10.0	*N/A*	1.20
990645 ORANGE, Fresh 138CT, - OKI	1/2c	500	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999659 Sauce, Taco, PKT - OKI	1	300	5	0.00	95	0.47	*N/A*	0.02	0.00	0	1.04	0.19	0.06	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			593	5.39	870	48.37	*12.98	20.56	0.01	32	82.44	7.02	*24.75	*0	*402.6	*51.17	*15.62
% of Calories				8.18%		32.63%	*8.76%	31.2%	0.0%		55.6%		*16.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Tuesday - 04/07/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999594 Chicken, Orange, bulk - OKI	3.85oz	300	344	3.53	494	12.51	12.44	18.18	0.00	40	29.78	2.29	15.19	*N/A*	18.9	*0.00	2.02
013519 Rice, White, IQF, 1/2c, COS - OKI	1/2c	300	96	0.08	*N/A*	0.00	0.00	0.19	0.00	0	21.91	0.08	1.72	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
717530 Tofu, Orange, Bulk - OKI	4.4oz	50	199	1.27	224	*13.03	*12.96	8.85	0.00	0	15.98	2.61	17.52	*N/A*	694.0	*0.20	2.69
915674 Rice, White, IQF, 1c, COS - OKI	1c	50	192	0.16	*N/A*	0.00	0.00	0.38	0.00	0	43.82	0.16	3.44	*N/A*	*N/A*	*N/A*	*N/A*
991656 Hot Dog, Turkey, Bulk - OKI	1 each	25	130	3.00	260	0.00	*N/A*	10.00	0.00	50	1.00	0.00	7.00	*N/A*	52.0	*N/A*	0.72
991569 Bun, Hot Dog, WG, Bulk - OKI	1 each	25	150	0.00	270	3.00	3.00	2.50	0.00	0	28.00	3.00	6.00	*N/A*	80.0	*N/A*	1.40
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	25	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999626 Sandwich, Turkey, Cheddar - OKI	2BG, 2MMA	50	271	4.81	642	2.00	*2.00	9.59	0.00	40	28.00	4.00	22.59	*N/A*	270.5	*0.00	2.00
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
991474 Edamame, 3/4c, Bulk - OKI	3/4c	500	142	0.00	6	2.58	*N/A*	5.81	0.00	0	11.62	6.45	12.91	*N/A*	77.5	*N/A*	2.58
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13.27	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999657 Mayo, PKT - OKI	1	25	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	25	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	300	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			732	4.29	*613	*40.16	*14.49	24.40	0.01	39	93.87	14.12	38.84	*0	*495.5	*5.98	*5.31
% of Calories				5.27%		*21.95 %	*7.92%	30.0%	0.0%		51.3%		21.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Wednesday - 04/08/2026

Reimbursable Meal Total 500

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
366585 Dip, Spinach, Artichoke, Bulk - OKI	4.5oz	300	230	9.27	660	1.14	*0.00	15.86	0.00	44	7.05	1.97	16.21	*N/A*	*506.2	*1.00	3.53
991491 Chips, tortilla, WG, Bulk- OKI	2BG	300	207	1.03	166	0.00	0.00	7.24	0.00	0	30.00	3.10	3.10	*N/A*	41.4	*N/A*	0.62
991466 Chicken, Patty, Breaded, Bulk - OKI	1BG, 2MMA	50	240	2.50	440	1.00	*N/A*	14.01	0.00	25	16.01	3.00	14.01	*N/A*	30.0	*N/A*	1.90
991482 Bun, Hamburger, WG, Bulk - OKI	1 each	50	149	0.00	259	2.98	2.98	1.99	0.00	0	25.86	1.99	5.97	*N/A*	49.7	*N/A*	1.39
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	50	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4.02	*3.01	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
036412 Carrots, Crinkle, Fresh, 3/4c, IW - OKI	3/4c	500	40	0.00	79	5.27	*N/A*	0.00	0.00	0	9.23	3.96	1.32	*N/A*	39.6	*N/A*	0.53
990648 Apple, Fresh, 138CT, - OKI	1/2c	500	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999506 Sauce, Hot, Packet - OKI	1each	50	0	0.00	110	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1.36	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	200	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	200	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			640	8.57	1083	37.91	*10.08	22.76	*0.01	44	81.54	12.41	28.35	*0	*742.3	*6.21	*4.66
% of Calories				12.05 %		23.69%	*6.30%	32.0%	*0.0%		51.0%		17.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Thursday - 04/09/2026

### Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
129073 Chicken, Drumstick, Adobo, Bulk - OKI	2MMA	300	184	2.72	246	*0.70	*0.00	10.18	*0.00	102	1.24	0.39	20.35	*N/A*	*12.4	*0.00	*0.88
823618 Tofu, Adobo, Bulk - OKI	2MMA	50	157	1.28	272	*1.39	*0.00	8.83	*0.00	0	5.05	3.10	18.17	*N/A*	*697.3	*0.21	*2.88
991645 Roll, Dinner, Schubert, 2BG, Bulk - OKI	1 each	350	170	0.00	210	5.00	4.00	2.00	0.00	5	32.00	3.00	5.00	*N/A*	0.0	*N/A*	1.70
991577 Quesadilla, chile, cheese, Bulk - OKI	2BG, 2MMA	25	322	6.91	403	1.07	*N/A*	14.00	0.00	32	32.19	4.43	16.83	*N/A*	*N/A*	*N/A*	*N/A*
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	25	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	2BG, 2MMA	50	271	4.81	642	2.00	*2.00	9.59	0.00	40	28.00	4.00	22.59	*N/A*	270.5	*0.00	2.00
991471 Corn, Jalapeno, Blend, 3/4c, Bulk - OKI	3/4c	500	203	0.92	250	14.79	*0.00	6.47	0.00	0	35.12	5.55	5.55	*N/A*	0.0	*N/A*	0.92
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20
999657 Mayo, PKT - OKI	1	25	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	25	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999659 Sauce, Taco, PKT - OKI	1	50	5	0.00	95	0.47	*N/A*	0.02	0.00	0	1.04	0.19	0.06	*N/A*	*N/A*	*N/A*	*N/A*
999646 Salsa Cup - OKI	1/4c Veg	50	15	0.00	100	2.00	0.00	0.00	0.00	0	3.00	1.00	1.00	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			744	4.86	918	*46.54	*15.58	21.58	*0.01	79	104.65	12.15	37.16	*0	*404.8	*6.86	*4.05
% of Calories				5.88%		*25.02 %	*8.38%	26.1%	*0.0%		56.3%		20.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Friday - 04/10/2026

## Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991489 Ravioli, Breaded, WG, Bulk - OKI	7 each	300	419	1.50	750	10.90	*1.00	4.98	0.00	5	73.84	9.95	20.97	*N/A*	169.7	*3.54	4.71
999794 Egg Roll, Chicken, WG, Bulk - OKI	2MMA, 2BG	50	324	2.02	790	4.05	2.02	10.12	0.00	71	38.47	6.08	20.25	*N/A*	81.0	14.18	3.24
991141 Yogurt, Granola, CJCheese, Crackers Kit - OKI	2BG, 2MMA	50	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4.02	*3.01	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	0.63	*N/A*	0.07	0.00	0	1.75	0.68	0.58	*N/A*	15.8	3.86	0.34
991826 Juice, Fruit Punch, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	0	15.00	0.00	0.00	0.00	0	16.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999806 Sauce, Sweet & Sour, PC - OKI	1each	50	10	0.00	15	1.90	1.90	0.00	0.00	0	2.40	0.00	0.00	*N/A*	0.5	*N/A*	0.00
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1.36	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	200	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	200	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			590	3.21	973	41.89	*10.77	11.17	0.01	25	95.51	9.31	28.31	*0	*484.8	*7.51	*4.66
% of Calories				4.90%		28.40%	*7.30%	17.0%	0.0%		64.8%		19.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Monday - 04/13/2026

### Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991464 Chicken, Nuggets, WG, Bulk - OKI	5 each	300	243	2.53	445	1.01	0.00	14.16	0.00	25	16.19	3.04	14.16	*N/A*	30.4	*N/A*	1.92
999725 Crackers, Assorted, 1BG - OKI	1BG	300	88	0.00	182	2.00	1.00	2.62	0.00	0	14.75	1.50	1.50	*N/A*	11.8	*0.75	2.50
999512 Nuggets, Veggie, Chik'n, Bulk - OKI	2.25MMA, .25BG	50	212	1.01	344	1.01	1.01	13.15	0.00	0	13.15	1.01	12.14	*N/A*	60.7	*N/A*	2.83
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	50	210	1.00	250	1.00	1.00	7.00	0.00	0	34.00	4.00	*N/A*	*N/A*	18.0	*N/A*	2.00
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	50	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	2BG, 2MMA	50	271	4.81	642	2.00	*2.00	9.59	0.00	40	28.00	4.00	22.59	*N/A*	270.5	*0.00	2.00
999791 Potatoes, Emoticon, 3/4c, Bulk - OKI	3/4c	500	169	1.21	115	0.00	0.00	6.05	0.00	0	27.85	2.42	24.21	*N/A*	12.1	*N/A*	0.85
990645 ORANGE, Fresh 138CT, - OKI	1/2c	500	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999647 Ketchup, Pkt - OKI	1	500	11	0.00	96	2.18	1.89	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
999505 Sauce, BBQ, Packet - OKI	1 each	350	15	0.00	158	2.80	2.44	0.03	0.00	0	3.36	0.16	0.14	*N/A*	1.5	*N/A*	0.05
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			708	5.04	1094	33.98	*17.68	25.21	0.01	29	95.78	9.99	*48.93	*0	435.9	*51.62	5.30
% of Calories				6.41%		19.20%	*9.99%	32.0%	0.0%		54.1%		*27.6%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Tuesday - 04/14/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991481 Hamburger, Bulk - OKI	1 each	300	117	2.70	231	0.00	*N/A*	7.00	0.00	29	2.00	1.00	12.00	*N/A*	42.0	*N/A*	2.00

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
991483	Burger, Veggie, Bulk - OKI	2MMA	50	128	0.00	443	0.98	0.00	4.92	0.00	0	7.88	5.91	13.78	*N/A*	68.9	*N/A*	1.77
991482	Bun, Hamburger, WG, Bulk - OKI	1 each	350	149	0.00	259	2.98	2.98	1.99	0.00	0	25.86	1.99	5.97	*N/A*	49.7	*N/A*	1.39
991656	Hot Dog, Turkey, Bulk - OKI	1 each	25	130	3.00	260	0.00	*N/A*	10.00	0.00	50	1.00	0.00	7.00	*N/A*	52.0	*N/A*	0.72
991569	Bun, Hot Dog, WG, Bulk - OKI	1 each	25	150	0.00	270	3.00	3.00	2.50	0.00	0	28.00	3.00	6.00	*N/A*	80.0	*N/A*	1.40
991141	Yogurt, Granola, CJCheese, Crackers Kit - OKI	2BG, 2MMA	25	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632	Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626	Sandwich, Turkey, Cheddar - OKI	2BG, 2MMA	50	271	4.81	642	2.00	*2.00	9.59	0.00	40	28.00	4.00	22.59	*N/A*	270.5	*0.00	2.00
991115	Pepper, Fresh, Red, Strip, 3/4c - OKI	3/4c	500	18	0.04	3	2.86	*N/A*	0.20	0.00	0	4.10	1.43	0.67	*N/A*	4.8	86.89	0.29
990652	Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13.27	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990679	Mustard, PKT - OKI	1	300	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999657	Mayo, PKT - OKI	1	100	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
999647	Ketchup, Pkt - OKI	1	500	11	0.00	96	2.18	1.89	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990678	Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1.36	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668	Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669	Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			537	3.74	967	40.03	*16.91	14.01	0.02	33	77.61	10.40	27.26	*0	423.0	*92.84	4.01
% of Calories				6.27%		29.82%	*12.60 %	23.5%	0.0%		57.8%		20.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Wednesday - 04/15/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
264533 Pasta, Mac & Cheese, Pizza, Bulk - OKI	1.5c	300	470	11.82	914	1.89	*0.42	20.80	0.00	62	46.88	6.44	23.01	*N/A*	*478.3	*N/A*	*0.28
991476 Pizza, Cheese, 4x6, Bulk - OKI	2BG, 2MMA	50	280	3.50	470	8.00	2.00	11.00	0.00	15	33.00	4.00	16.00	*N/A*	310.0	*N/A*	2.50
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	50	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4.02	*3.01	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	0.63	*N/A*	0.07	0.00	0	1.75	0.68	0.58	*N/A*	15.8	3.86	0.34
990648 Apple, Fresh, 138CT, - OKI	1/2c	500	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1.36	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			624	9.56	1062	35.41	*13.83	20.92	*0.01	54	80.62	9.86	29.29	*0	*702.6	*9.47	*2.08
% of Calories				13.79 %		22.70%	*8.87%	30.2%	*0.0%		51.7%		18.8%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Thursday - 04/16/2026

## Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
807814 Sandwich, Turkey, Yellow American , Hoagie - OKI	2BG, 2MMA	250	260	2.75	755	3.00	*1.00	6.50	0.00	35	31.00	2.00	21.50	*N/A*	218.0	*0.00	1.44
759321 Kit, Waffle, Snackn, Yogurt, String Cheese - OKI	2MMA, 2BG	50	410	8.00	565	28.00	*21.00	15.00	0.00	64	54.00	2.00	15.00	*N/A*	*518.0	*N/A*	*0.00
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	50	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	75	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	2BG, 2MMA	75	271	4.81	642	2.00	*2.00	9.59	0.00	40	28.00	4.00	22.59	*N/A*	270.5	*0.00	2.00
922516 Slaw, Grinder Sandwich, Bulk - OKI	1c	500	107	1.12	585	3.04	*N/A*	7.74	0.00	*0	8.72	2.43	1.49	*N/A*	62.6	*4.31	1.19
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20
999657 Mayo, PKT - OKI	1	75	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	75	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1.36	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			632	6.06	1542	37.89	*16.62	21.99	0.02	*40	82.05	8.39	29.92	*0	*604.9	*11.14	*3.59
% of Calories				8.63%		23.98%	*10.52 %	31.3%	0.0%		51.9%		18.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Friday - 04/17/2026

## Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991475 Pizza, Turkey Sausage, Bulk- OKI	2BG, 2MMA	300	280	4.00	450	8.00	2.00	10.00	0.00	30	33.00	5.00	2.00	*N/A*	220.0	0.00	2.60
991476 Pizza, Cheese, 4x6, Bulk - OKI	2BG, 2MMA	50	280	3.50	470	8.00	2.00	11.00	0.00	15	33.00	4.00	16.00	*N/A*	310.0	*N/A*	2.50
991558 Nacho, Filling, Chicken CheSauce, Bulk - OKI	2MMA, 2BG	25	148	3.91	351	0.00	*0.00	7.54	0.00	48	3.61	0.00	14.44	*N/A*	*111.5	*0.00	0.61
991491 Chips, tortilla, WG, Bulk- OKI	2BG	25	207	1.03	166	0.00	0.00	7.24	0.00	0	30.00	3.10	3.10	*N/A*	41.4	*N/A*	0.62
991141 Yogurt, Granola, CJCheese, Crackers Kit- OKI	2BG, 2MMA	25	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4.02	*3.01	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
991564 Salad, Lemon Chickpea, Bulk, 3/4c - OKI	1 c	500	373	2.81	566	7.62	*N/A*	22.49	*0.00	0	34.44	10.60	12.32	*N/A*	*92.9	*12.36	*1.73

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991826 Juice, Fruit Punch, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	0	15.00	0.00	0.00	0.00	0	16.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			861	7.57	1209	46.38	*14.28	36.61	*0.01	35	101.70	15.77	28.11	*0	*592.3	*12.46	*4.52
% of Calories				7.91%		21.55%	*6.63%	38.3%	*0.0%		47.2%		13.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

### Monday - 04/20/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999879 Kielbasa, Turkey, Bulk - OKI	2MMA	300	120	2.00	630	1.00	1.00	7.00	0.00	60	4.00	0.00	12.00	*N/A*	30.0	*N/A*	1.10
991569 Bun, Hot Dog, WG, Bulk - OKI	1 each	300	150	0.00	270	3.00	3.00	2.50	0.00	0	28.00	3.00	6.00	*N/A*	80.0	*N/A*	1.40
991488 Pizza, Boli, Bulk - OKI	2BG, 2MMA	50	309	5.99	689	4.99	2.00	12.98	0.00	30	34.94	2.00	15.97	*N/A*	354.4	*N/A*	2.00
991141 Yogurt, Granola, CJCheese, Crackers Kit - OKI	2BG, 2MMA	50	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4.02	*3.01	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990655 Tomatoes, Cherry, 3/4 cup - OKI	3/4c	500	18	0.03	5	2.58	*N/A*	0.20	*N/A*	0	3.82	1.18	0.86	*N/A*	9.8	13.46	0.26
990645 ORANGE, Fresh 138CT, - OKI	1/2c	500	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	250	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999647 Ketchup, Pkt - OKI	1	250	11	0.00	96	2.18	1.89	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1.36	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			506	3.92	1138	35.98	*16.92	14.52	*0.01	54	70.10	7.63	27.29	*0	512.6	*64.63	3.28
% of Calories				6.97%		28.44%	*13.38 %	25.8%	*0.0%		55.4%		21.6%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Tuesday - 04/21/2026

### Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
738774 Taco, Filling, Korean, BBQ, Bulk - OKI	4oz	300	187	1.12	585	13.03	*11.14	4.58	0.05	75	20.06	0.48	16.76	*N/A*	25.7	*0.00	1.06
943200 Tofu, Korean, Bulk - OKI	2BG, 2MMA	50	219	1.57	370	*4.08	*3.96	10.88	0.00	0	12.77	2.87	21.87	*N/A*	853.7	*0.25	3.46
991777 Tortilla, WG, 6-IN, 2BG - OKI	2BG	350	180	2.99	379	2.00	*N/A*	4.99	0.00	0	29.94	0.00	3.99	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991656 Hot Dog, Turkey, Bulk - OKI	1 each	25	130	3.00	260	0.00	*N/A*	10.00	0.00	50	1.00	0.00	7.00	*N/A*	52.0	*N/A*	0.72
991569 Bun, Hot Dog, WG, Bulk - OKI	1 each	25	150	0.00	270	3.00	3.00	2.50	0.00	0	28.00	3.00	6.00	*N/A*	80.0	*N/A*	1.40
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	25	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4.02	*3.01	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
819196 Coleslaw, Asian, 3/4c, Bulk - OKI	4oz	500	143	1.74	89	4.70	*0.00	12.14	0.00	0	9.31	2.67	1.60	*N/A*	*44.6	*58.51	*0.72
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13.27	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	100	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999647 Ketchup, Pkt - OKI	1	50	11	0.00	96	2.18	1.89	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	300	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	100	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			697	6.67	1041	*43.54	*13.10	26.67	0.04	61	89.42	9.25	30.18	*0	*488.0	*64.49	*2.97
% of Calories				8.61%		*24.99%	*7.52%	34.4%	0.1%		51.3%		17.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Wednesday - 04/22/2026

Reimbursable Meal Total 500

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
359605 Tortellini, Tomato, Cream, Plant Based, Bulk-OKI	2BG, 2MMA	300	352	4.44	662	9.73	*4.35	12.68	0.00	36	40.94	4.95	20.57	*N/A*	253.2	*N/A*	4.95
991466 Chicken, Patty, Breaded, Bulk - OKI	1BG, 2MMA	50	240	2.50	440	1.00	*N/A*	14.01	0.00	25	16.01	3.00	14.01	*N/A*	30.0	*N/A*	1.90
991482 Bun, Hamburger, WG, Bulk - OKI	1 each	50	149	0.00	259	2.98	2.98	1.99	0.00	0	25.86	1.99	5.97	*N/A*	49.7	*N/A*	1.39
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	50	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4.02	*3.01	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
991874 Salad, Bean, White, Italian, Bulk - OKI	3/4c	500	271	0.66	492	5.48	*N/A*	4.57	*0.00	*0	44.09	8.13	9.12	*N/A*	73.1	*1.94	5.14
990648 Apple, Fresh, 138CT, - OKI	1/2c	500	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
999657 Mayo, PKT - OKI	1	250	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	250	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999506 Sauce, Hot, Packet - OKI	1each	200	0	0.00	110	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	200	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	200	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			836	6.08	1353	42.12	*12.69	23.60	*0.06	*40	116.87	16.32	36.81	*0	*593.8	*7.55	*9.78
% of Calories				6.55%		20.15%	*6.07%	25.4%	*0.1%		55.9%		17.6%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Thursday - 04/23/2026

Reimbursable Meal Total 500

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991806 Chicken, Drumstick, BBQ, Bulk - OKI	2MMA	300	229	2.72	455	0.00	*N/A*	10.17	0.00	102	12.52	0.00	19.99	*N/A*	8.8	*0.00	0.78
999928 Tofu, BBQ, Bulk-OKI	2MMA	50	47	0.08	251	*0.00	*N/A*	0.55	0.00	0	9.35	0.14	1.09	*N/A*	43.1	*0.01	0.17
991645 Roll, Dinner, Schubert, 2BG, Bulk - OKI	1 each	350	170	0.00	210	5.00	4.00	2.00	0.00	5	32.00	3.00	5.00	*N/A*	0.0	*N/A*	1.70
991577 Quesadilla, chile, cheese, Bulk - OKI	2BG, 2MMA	25	322	6.91	403	1.07	*N/A*	14.00	0.00	32	32.19	4.43	16.83	*N/A*	*N/A*	*N/A*	*N/A*
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	25	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	2BG, 2MMA	50	271	4.81	642	2.00	*2.00	9.59	0.00	40	28.00	4.00	22.59	*N/A*	270.5	*0.00	2.00
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	0.63	*N/A*	0.07	0.00	0	1.75	0.68	0.58	*N/A*	15.8	3.86	0.34
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20
999657 Mayo, PKT - OKI	1	25	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	25	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999659 Sauce, Taco, PKT - OKI	1	50	5	0.00	95	0.47	*N/A*	0.02	0.00	0	1.04	0.19	0.06	*N/A*	*N/A*	*N/A*	*N/A*
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1.36	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
999646 Salsa Cup - OKI	1/4c Veg	50	15	0.00	100	2.00	0.00	0.00	0.00	0	3.00	1.00	1.00	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			574	3.83	933	*33.18	*15.58	14.36	0.01	79	80.71	6.99	30.45	*0	*359.6	*10.70	*3.16
% of Calories				6.01%		*23.12 %	*10.86 %	22.5%	0.0%		56.2%		21.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Friday - 04/24/2026

## Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991583 Meatball, Beef, Marinara, Bulk - OKI	5 each	300	180	2.50	270	8.00	*1.00	6.99	0.00	35	16.02	4.00	14.98	*N/A*	104.8	*3.60	1.72
991584 Roll, Hoagie, WG, Bulk - OKI	2BG	300	150	0.00	105	1.00	1.00	2.00	0.00	0	29.00	2.00	5.00	*N/A*	26.0	*N/A*	1.44
437869 Bites, Cheesy, Mac, Bulk - OKI	5 pieces	50	388	8.44	658	3.38	0.00	18.57	0.00	42	32.08	3.38	21.95	*N/A*	523.4	*N/A*	1.52
999794 Egg Roll, Chicken, WG, Bulk - OKI	2MMA, 2BG	25	324	2.02	790	4.05	2.02	10.12	0.00	71	38.47	6.08	20.25	*N/A*	81.0	14.18	3.24
999806 Sauce, Sweet & Sour, PC - OKI	1each	25	10	0.00	15	1.90	1.90	0.00	0.00	0	2.40	0.00	0.00	*N/A*	0.5	*N/A*	0.00
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	25	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4.02	*3.01	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
169540 Peas, Green, Cold, 3/4c, Bulk - OKI	3/4c	500	111	0.07	102	6.24	*N/A*	0.38	0.00	0	20.21	6.38	7.30	*N/A*	34.0	14.03	2.16
991826 Juice, Fruit Punch, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	0	15.00	0.00	0.00	0.00	0	16.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
999657 Mayo, PKT - OKI	1	25	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990679 Mustard, PKT - OKI	1	25	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	200	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	200	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			628	4.26	704	44.11	*10.68	14.14	0.01	42	93.37	12.22	34.72	*0	*494.9	*17.01	*5.27
% of Calories				6.11%		28.10%	*6.80%	20.3%	0.0%		59.5%		22.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Monday - 04/27/2026

## Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991659 Sandwich, Fiestada, Big Daddy's, Bulk - OKI	2BG, 2MMA	300	320	7.00	600	6.00	1.00	14.00	0.00	40	31.00	3.00	18.00	*N/A*	290.0	0.00	2.50
991577 Quesadilla, chile, cheese, Bulk - OKI	2BG, 2MMA	50	322	6.91	403	1.07	*N/A*	14.00	0.00	32	32.19	4.43	16.83	*N/A*	*N/A*	*N/A*	*N/A*
991464 Chicken, Nuggets, WG, Bulk - OKI	5 each	25	243	2.53	445	1.01	0.00	14.16	0.00	25	16.19	3.04	14.16	*N/A*	30.4	*N/A*	1.92
999725 Crackers, Assorted, 1BG - OKI	1BG	25	88	0.00	182	2.00	1.00	2.62	0.00	0	14.75	1.50	1.50	*N/A*	11.8	*0.75	2.50
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	25	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4.02	*3.01	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999683 Peas, Snap, Fresh, 3/4c - OKI	3/4c	500	36	0.00	3	3.40	*N/A*	0.17	0.00	0	6.04	2.38	2.81	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999442 Bar, That's It, Assorted - OKI	1/2c	500	90	0.00	18	16.33	0.00	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
999659 Sauce, Taco, PKT - OKI	1	50	5	0.00	95	0.47	*N/A*	0.02	0.00	0	1.04	0.19	0.06	*N/A*	*N/A*	*N/A*	*N/A*
999647 Ketchup, Pkt - OKI	1	50	11	0.00	96	2.18	1.89	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
999505 Sauce, BBQ, Packet - OKI	1 each	50	15	0.00	158	2.80	2.44	0.03	0.00	0	3.36	0.16	0.14	*N/A*	1.5	*N/A*	0.05
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1.36	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			593	6.79	914	43.65	*13.96	17.11	0.01	42	81.16	8.74	28.41	*0	*518.3	*0.14	*2.94
% of Calories				10.31 %		29.44%	*9.42%	26.0%	0.0%		54.7%		19.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

## Tuesday - 04/28/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999920 Chicken, Louisiana, Waffles, Bulk - OKI	2BG, 2MMA	300	440	2.50	900	11.00	*11.00	15.00	0.00	85	53.00	3.00	23.00	*N/A*	*N/A*	*N/A*	*N/A*
999753 Waffles, Chicken, Veggie, Bulk - OKI	2.5BG, 2.25MMA	50	450	3.50	670	11.00	11.00	22.00	0.00	35	48.00	5.00	18.00	*N/A*	*60.0	*N/A*	*2.00

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991481 Hamburger, Bulk - OKI	1 each	25	117	2.70	231	0.00	*N/A*	7.00	0.00	29	2.00	1.00	12.00	*N/A*	42.0	*N/A*	2.00
991482 Bun, Hamburger, WG, Bulk - OKI	1 each	25	149	0.00	259	2.98	2.98	1.99	0.00	0	25.86	1.99	5.97	*N/A*	49.7	*N/A*	1.39
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	25	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	2BG, 2MMA	50	271	4.81	642	2.00	*2.00	9.59	0.00	40	28.00	4.00	22.59	*N/A*	270.5	*0.00	2.00
991486 Tater, Tots, 3/4c, Bulk - OKI	3/4c	500	136	0.62	248	1.24	*N/A*	4.95	0.00	0	21.05	2.48	1.24	*N/A*	*N/A*	*N/A*	*N/A*
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13.27	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999658 Syrup, PKT - OKI	1	300	121	0.00	22	22.11	22.11	0.00	0.00	0	30.19	0.00	0.00	*N/A*	0.9	*N/A*	0.03
999647 Ketchup, Pkt - OKI	1	500	11	0.00	96	2.18	1.89	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			831	4.43	1302	55.76	*35.79	22.95	0.01	69	126.71	10.88	30.63	*0	*348.2	*5.96	*1.58
% of Calories				4.80%		26.84%	*17.23%	24.9%	0.0%		61.0%		14.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Wednesday - 04/29/2026

Reimbursable Meal Total 500

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991475 Pizza, Turkey Sausage, Bulk- OKI	2BG, 2MMA	300	280	4.00	450	8.00	2.00	10.00	0.00	30	33.00	5.00	2.00	*N/A*	220.0	0.00	2.60
991476 Pizza, Cheese, 4x6, Bulk - OKI	2BG, 2MMA	50	280	3.50	470	8.00	2.00	11.00	0.00	15	33.00	4.00	16.00	*N/A*	310.0	*N/A*	2.50
991141 Yogurt, Granola, CJCheese, Crackers Kit- OKI	2BG, 2MMA	50	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
990806 Sandwich, Turkey Ham, Swiss, - OKI	2BG, 2MMA	50	297	4.56	519	4.02	*3.01	11.62	0.00	48	30.53	4.00	20.68	*N/A*	319.1	*N/A*	2.00
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	0.63	*N/A*	0.07	0.00	0	1.75	0.68	0.58	*N/A*	15.8	3.86	0.34
990648 Apple, Fresh, 138CT, - OKI	1/2c	500	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1.36	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			510	4.87	784	39.08	*14.78	14.44	*0.01	34	72.29	9.00	16.69	*0	547.7	*9.47	3.47
% of Calories				8.59%		30.65%	*11.59%	25.5%	*0.0%		56.7%		13.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Thursday - 04/30/2026

Reimbursable Meal Total 500

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
006788 Sloppy Joe, Turkey, Cajun, Bulk - OKI	4oz	300	149	1.51	709	*2.29	*N/A*	6.04	*0.00	45	11.44	1.18	13.01	*N/A*	*9.5	*14.87	*0.61
991483 Burger, Veggie, Bulk- OKI	2MMA	50	128	0.00	443	0.98	0.00	4.92	0.00	0	7.88	5.91	13.78	*N/A*	68.9	*N/A*	1.77
991482 Bun, Hamburger, WG, Bulk - OKI	1 each	350	149	0.00	259	2.98	2.98	1.99	0.00	0	25.86	1.99	5.97	*N/A*	49.7	*N/A*	1.39
759321 Kit, Waffle, Snackn, Yogurt, String Cheese - OKI	2MMA, 2BG	25	410	8.00	565	28.00	*21.00	15.00	0.00	64	54.00	2.00	15.00	*N/A*	*518.0	*N/A*	*0.00
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	25	390	6.00	485	18.00	10.00	15.50	0.00	25	44.00	4.00	14.00	*N/A*	528.0	*0.00	4.70
999632 Sandwich, Wowbutter & Jelly - OKI	2BG, 2MMA	50	573	5.95	424	14.98	12.79	31.77	0.00	0	52.91	9.98	19.93	*N/A*	143.7	*N/A*	4.01
999626 Sandwich, Turkey, Cheddar - OKI	2BG, 2MMA	50	271	4.81	642	2.00	*2.00	9.59	0.00	40	28.00	4.00	22.59	*N/A*	270.5	*0.00	2.00
991115 Pepper, Fresh, Red, Strip, 3/4c - OKI	3/4c	500	18	0.04	3	2.86	*N/A*	0.20	0.00	0	4.10	1.43	0.67	*N/A*	4.8	86.89	0.29
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20
990679 Mustard, PKT - OKI	1	50	4	0.02	65	0.05	0.00	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
999657 Mayo, PKT - OKI	1	50	57	0.92	55	0.46	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
999647 Ketchup, Pkt - OKI	1	100	11	0.00	96	2.18	1.89	0.08	0.00	0	2.59	0.12	0.10	*N/A*	0.9	*N/A*	0.03
990678 Sauce, Ranch, PKT - OKI	1	500	9	0.00	126	1.36	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07

# Base Menu Spreadsheet

## Portion Values

Apr 1, 2026 thru Apr 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990670 Milk, 1/2PNT, Choc, Skim - OKI	1c	300	110	0.00	210	18.00	*18.00	0.00	0.00	5	19.00	0.00	7.00	*N/A*	290.0	*N/A*	0.10
Weighted Daily Average			537	3.23	1140	*37.04	*16.30	12.82	*0.01	43	79.22	8.10	28.14	*0	*412.5	*102.65	*2.96
% of Calories				5.41%		*27.59 %	*12.14 %	21.5%	*0.0%		59.0%		21.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	641	5	*1039	*40.67	*15.34	19.38	*0.01	*45	88.72	10.28	*30.07	*0	*505.3	*26.21	*4.56
% of Calories		7.48%		*25.38 %	*9.57%	27.2%	*0.0%		55.4%		*18.8%				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**