

# May 2026

## Maywood Hot + Cold Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
				1 <b>Maple Biscuit</b> Mini Loaf with String Cheese  Pear Apple
4 <b>Poffitz Mini Panckes</b> Granola Bar with String Cheese  Apple Fruit Cup	5 <b>Stuffed Chicken &amp; Cheese Waffle</b> Breakfast Bread  Orange Apple Crisps	6 <b>Cherry Frudel</b> Yogurt with Granola  Banana Apple Cherry Juice	7 <b>Chicken Biscuit</b> Oatmeal Round  Applesauce Orange	8 <b>Hot Cinnamon Rolls</b> Bagel & Cream Cheese  Pear Apple
11 <b>Blueberry Mini Waffles</b> Mini Loaf with String Cheese  Apple Fruit Cup	12 <b>Vanilla Boli</b> Yogurt & Graham Crackers  Orange Apple Crisps	13 <b>Biscuits &amp; Gravy</b> Muffin with String Cheese  Banana Apple Cherry Juice	14 <b>Pancakes &amp; Bacon</b> Bagel & Cream Cheese  Applesauce Orange	15 <b>Spicy Cheddar &amp; Egg Pocket</b> Pull-a-part Donut  Pear Apple
18 <b>Pancake Bowl</b> Breakfast Bread  Apple Fruit Cup	19 <b>French Toast Sticks</b> Yogurt with Granola  Orange Apple Crisps	20 <b>Maple Biscuit</b> Granola Bar with String Cheese  Banana Apple Cherry Juice	21 <b>Pancake Sausage Bites</b> Cinnamon Roll  Applesauce Orange	22 <b>Turkey Ham &amp; Cheese on English Muffin</b> Mini Loaf with String Cheese  Pear Apple
25 <b>Memorial Day</b>	26 <b>Poffitz Mini Panckes</b> Breakfast Bread  Fruit Cup Apple Crisps	27 <b>Turkey Sausage &amp; Cheese Croissant</b> Muffin with String Cheese  Banana Apple Cherry Juice	28 <b>Egg &amp; Cheese Omelet</b> Oatmeal Round  Applesauce Orange	29 <b>Maple Biscuit</b> Mini Loaf with String Cheese  Pear Apple

All chicken served is raised with No Antibiotics Ever.  
All menus contain No Pork. We serve Whole Grain Rich grain/bread items.  
Milk options include 1%, Skim, & Chocolate Skim .

This institution is an equal opportunity provider.  
Offerings may vary by school. Menus are subject to change. Questions? Contact the School Dining Manager.

# Mayo 2026

## Maywood Desayuno caliente + frío



Lunes	Martes	Miércoles	Jueves	Viernes
				1 <b>Bollo de arce</b> Mini panecillo con tiras de queso  Pera Manzana
4 <b>Mini tortitas Poffitz</b> Barrita de muesli con tiras de queso  manzana Taza de fruta	5 <b>Gofre relleno de pollo y queso</b> Pan de desayuno  Naranja Chips de manzana	6 <b>Frudel de cereza</b> Yogur con granola  Plátano Zumo de manzana y cereza	7 <b>Bollo de pollo</b> Galleta redonda de avena  Compota de manzana Naranja	8 <b>Rollitos de canela calientes</b> Bagel y queso crema  Pera Manzana
11 <b>Mini gofres de arándanos</b> Mini panecillo con tiras de queso  Manzana Taza de fruta	12 <b>Boli de vainilla</b> Yogur y galletas Graham  Naranja Chips de manzana	13 <b>Bollos con salsa</b> Muffin con tiras de queso  Plátano Zumo de manzana y cereza	14 <b>Tortitas y beicon</b> Bagel y queso crema  Compota de manzana Naranja	15 <b>Bocadillo de queso cheddar picante y huevo</b> Donut para compartir  Pera Manzana
18 <b>Bol de tortitas</b> Pan de desayuno  Manzana Taza de fruta	19 <b>Tiras de tostadas francesas</b> Yogur con granola  Naranja Chips de manzana	20 <b>Bollo de arce</b> Barrita de granola con tiras de queso  Plátano Zumo de manzana y cereza	21 <b>Bocaditos de tortita y salchicha</b> Rollito de canela  Compota de manzana Naranja	22 <b>Muffin inglés de jamón de pavo y queso</b> Mini panecillo con tiras de queso  Pera Manzana
25 <b>Día de los Caídos</b>	26 <b>Mini tortitas Poffitz</b> Pan de desayuno  Copa de fruta Chips de manzana	27 <b>Croissant de pavo, salchicha y queso</b> Muffin con tiras de queso  Plátano Zumo de manzana y cereza	28 <b>Tortilla de huevo y queso</b> Galleta redonda de avena  Compota de manzana Naranja	29 <b>Galleta de arce</b> Mini panecillo con tiras de queso  Pera Manzana

Todo el pollo que servimos se cría sin antibióticos.  
Ninguno de nuestros menús contiene cerdo. Servimos productos integrales ricos en cereales y pan.  
Las opciones de leche incluyen 1 %, desnatada y desnatada con chocolate .

Esta institución ofrece igualdad de oportunidades. Las ofertas pueden variar según el centro educativo. Los menús están sujetos a cambios. ¿Preguntas?  
Póngase en contacto con el responsable de comedores escolares.

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru May 30, 2026

**Menu Name:** Breakfast 1 Hot/1 Cold **Include Cost:** No  
**Site:**  
**Use Alternate Menu Name:** No

**Friday - 05/01/2026 Reimbursable Meal Total 200**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991007 Biscuit, Maple, IW - OKI	2BG	150	200	2.50	300	8.00	5.00	5.00	0.00	0	33.00	2.00	4.00	*N/A*	170.0	*N/A*	2.00
240754 Bread, Assorted, Mini Loaf - OKI	1BG	50	160	0.50	100	14.00	13.00	4.50	0.00	22	27.50	1.00	3.00	*N/A*	14.0	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13.27	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
999660 Jelly, PKT - OKI	1	150	36	0.00	6	7.03	6.82	0.01	0.00	0	9.03	0.03	0.04	*N/A*	0.4	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			466	3.88	415	51.99	*12.12	8.11	*0.00	20	87.27	8.86	13.90	*0	404.7	*11.62	2.19
% of Calories				7.49%		44.63%	*10.40 %	15.7%	*0.0%		74.9%		11.9%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

**Monday - 05/04/2026 Reimbursable Meal Total 200**

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991819 Pancake, Bites, Poffitz, WG, IW - OKI	2BG	150	250	1.00	290	13.01	11.01	12.01	0.00	40	37.02	2.00	4.00	*N/A*	36.0	*N/A*	1.00
999492 Bars, Granola, Assorted - OKI	1BG	50	140	0.63	79	9.00	8.00	4.50	0.00	5	23.00	1.00	2.25	*N/A*	10.3	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
327389 Apple, Dried, Crisps (1/2c) - OKI	1/2c	200	40	0.00	0	7.00	*N/A*	0.00	0.00	0	10.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13.00	*0.00	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			436	2.72	395	43.53	*10.25	12.97	0.00	46	70.94	4.65	*13.09	*0	*291.0	*0.26	*1.29
% of Calories				5.61%		39.94%	*9.40%	26.8%	0.0%		65.1%		*12.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

## Tuesday - 05/05/2026

### Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999422 Waffle, Stuffed, Chx & Cheese - OKI	1MMA, 1.5BG	150	190	4.00	330	9.00	8.00	8.00	0.00	55	23.00	1.00	9.00	*N/A*	*N/A*	*N/A*	*N/A*
287497 Bread, Breakfast, Assorted, K12 - OKI	2BG	50	170	1.00	160	15.03	15.03	5.34	0.00	0	29.06	1.67	3.34	*N/A*	105.9	*N/A*	1.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
327389 Apple, Dried, Crisps (1/2c) - OKI	1/2c	200	40	0.00	0	7.00	*N/A*	0.00	0.00	0	10.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			359	4.08	395	37.75	*9.76	8.79	0.00	51	56.92	5.47	16.31	*0	*269.4	*51.33	*0.38
% of Calories				10.23 %		42.06%	*10.87 %	22.0%	0.0%		63.4%		18.2%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

**Wednesday - 05/06/2026**

**Reimbursable Meal Total 200**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991733 Frudel, Cherry, IW - OKI	2BG	150	200	0.50	270	10.00	9.00	5.00	0.00	0	38.00	2.00	5.00	*N/A*	0.0	*N/A*	1.60
999479 Yogurt, Cups, Assorted - OKI	1MMA	50	80	0.00	75	12.00	7.00	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	*0.00
990723 Granola, WG, 1BG- OKI	1BG	50	110	0.00	60	4.00	3.00	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20
991823 Juice, Apple, Cherry, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	50.00	*N/A*
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
Weighted Daily Average			415	1.27	350	45.24	*9.25	6.35	0.00	10	78.80	4.01	13.67	*0	*288.4	*57.00	*1.61
% of Calories				2.75%		43.60%	*8.92%	13.8%	0.0%		76.0%		13.2%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

**Thursday - 05/07/2026**

**Reimbursable Meal Total 200**

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999834 Biscuit, Chicken, Tender - OKI	1.5BG, 1MMA	150	215	2.00	370	4.00	3.50	8.50	0.00	22	22.00	2.00	12.00	*N/A*	126.0	*N/A*	1.80
999812 Rounds, Oatmeal, Assorted - OKI	2BG	50	273	4.23	239	14.91	13.42	11.93	0.00	15	38.77	3.98	4.97	*N/A*	29.8	*N/A*	1.49
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	11.98	*0.00	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
999658 Syrup, PKT - OKI	1	150	121	0.00	22	22.11	22.11	0.00	0.00	0	30.19	0.00	0.00	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			504	3.38	461	55.54	*22.56	10.81	0.00	30	85.22	5.80	18.97	*0	350.5	*51.33	1.88
% of Calories				6.04%		44.08%	*17.90 %	19.3%	0.0%		67.6%		15.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

### Friday - 05/08/2026

### Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
247832 Roll, Cinnamon, Pillsbury - OKI	2 each	150	261	4.01	301	10.03	10.03	12.03	0.00	0	34.09	2.00	6.02	*N/A*	80.2	*N/A*	2.00
990768 Bagel, WG, IW - OKI	2BG	50	150	0.00	270	3.00	*N/A*	1.00	0.00	0	29.00	3.00	5.00	*N/A*	30.0	*N/A*	1.80
990784 Cream Cheese, Cup - OKI	1	50	70	4.01	115	1.00	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13.27	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			479	4.89	432	45.49	*7.52	12.76	*0.00	15	81.44	9.34	14.64	*0	*291.6	*11.62	*2.38
% of Calories				9.19%		37.99%	*6.28%	24.0%	*0.0%		68.0%		12.2%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

## Monday - 05/11/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999765 Waffles, Blueberry, Mini, IW - OKI	2BG	150	210	1.00	170	12.00	11.00	6.00	0.00	0	37.00	2.00	4.00	*N/A*	30.0	*N/A*	1.40
240754 Bread, Assorted, Mini Loaf - OKI	1BG	50	160	0.50	100	14.00	13.00	4.50	0.00	22	27.50	1.00	3.00	*N/A*	14.0	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13.00	*0.00	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	150	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	50	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			439	3.07	318	49.32	*11.50	9.25	*0.00	23	78.51	5.52	*13.67	*0	*258.5	*5.90	*1.71
% of Calories				6.29%		44.94%	*10.48 %	19.0%	*0.0%		71.5%		*12.5%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

## Tuesday - 05/12/2026

### Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991060 Egg, Bites, Sunny Fresh- OKI	1.5MMA	150	119	2.49	189	1.00	*N/A*	8.95	0.00	129	2.98	1.00	5.97	*N/A*	*N/A*	*N/A*	*N/A*
999479 Yogurt, Cups, Assorted - OKI	1MMA	50	80	0.00	75	12.00	7.00	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	*0.00
991136 Crackers, Educational Snacks - OKI	1BG	50	120	0.00	65	6.00	*N/A*	4.00	0.00	0	22.00	2.00	2.00	*N/A*	4.0	*N/A*	1.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
327389 Apple, Dried, Crisps (1/2c) - OKI	1/2c	200	40	0.00	0	7.00	*N/A*	0.00	0.00	0	10.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	150	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	50	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			319	3.04	291	32.36	*1.75	9.75	0.00	109	43.83	5.55	14.54	*0	*287.8	*51.46	*0.36
% of Calories				8.58%		40.58%	*2.19%	27.5%	0.0%		55.0%		18.2%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

## Wednesday - 05/13/2026

### Reimbursable Meal Total 200

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990637 Biscuits & Gravy - OKI	2oz	150	220	4.96	540	3.00	*N/A*	11.36	0.00	39	17.61	1.00	12.32	*N/A*	262.1	*N/A*	1.18
991732 Donut, Pull-a-Part, Goodyman - OKI	2BG	50	240	4.50	300	8.00	8.00	11.00	0.00	0	31.00	2.00	4.00	*N/A*	24.0	*N/A*	1.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20
991823 Juice, Apple, Cherry, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	50.00	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			442	5.74	593	37.99	*2.00	12.87	0.00	39	63.76	3.26	18.91	*0	*410.9	*57.00	*1.37
% of Calories				11.69 %		34.38%	*1.81%	26.2%	0.0%		57.7%		17.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

### Thursday - 05/14/2026

### Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991309 Pancakes, Bacon, Turkey - OKI	2BG	150	260	2.00	890	7.00	*1.00	12.00	0.00	41	27.00	2.00	14.00	*N/A*	*0.0	*N/A*	*0.40
990768 Bagel, WG, IW - OKI	2BG	50	150	0.00	270	3.00	*N/A*	1.00	0.00	0	29.00	3.00	5.00	*N/A*	30.0	*N/A*	1.80
990784 Cream Cheese, Cup - OKI	1	50	70	4.01	115	1.00	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	11.98	*0.00	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			434	3.33	871	38.48	*0.75	12.46	0.00	46	64.13	5.55	20.72	*0	*255.4	*51.33	*0.88
% of Calories				6.91%		35.47%	*0.69%	25.8%	0.0%		59.1%		19.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

## Friday - 05/15/2026

## Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999936 Pocket, Breakfast, Egg, Cheddar, Spicy, IW - OKI	1MMA, 1.5BG	150	220	4.00	380	2.00	2.00	8.00	0.00	70	26.01	2.00	9.00	*N/A*	153.1	*N/A*	2.00
999480 Muffin, Assorted, 1BG, BC, K12 - OKI	1BG	50	155	0.75	106	12.23	11.73	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
990677 Sunflower Seeds, IW- OKI	1MMA	50	200	2.50	135	1.00	0.00	17.00	0.00	0	8.00	4.00	7.00	*N/A*	31.0	*N/A*	1.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13.27	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			482	4.69	456	41.78	*4.43	13.20	*0.00	66	76.25	9.71	17.75	*0	351.0	*11.62	2.42
% of Calories				8.76%		34.67%	*3.68%	24.6%	*0.0%		63.3%		14.7%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 30, 2026

### Monday - 05/18/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999477 Bowl, Pancake, Assorted - OKI	2BG	150	230	2.50	333	15.97	5.99	4.83	0.00	35	40.60	2.00	4.99	*N/A*	*17.6	*N/A*	*1.33
287497 Bread, Breakfast, Assorted, K12 - OKI	2BG	50	170	1.00	160	15.03	15.03	5.34	0.00	0	29.06	1.67	3.34	*N/A*	105.9	*N/A*	1.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13.00	*0.00	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			86032	593.87	79698	10487.75	*1650.05	1299.84	*0.00	7195	16231.74	1137.20	*2582.30	*0	*51750.0	*1153.50	*335.55
% of Calories				6.21%		48.76%	*7.67%	13.6%	*0.0%		75.5%		*12.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

### Tuesday - 05/19/2026

### Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999912 Toast, French, Sticks, IW, WG - OKI	2BG	150	240	1.00	260	12.00	12.00	7.00	0.00	10	38.00	2.00	6.00	*N/A*	21.0	*N/A*	0.60
999479 Yogurt, Cups, Assorted - OKI	1MMA	50	80	0.00	75	12.00	7.00	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	*0.00
990723 Granola, WG, 1BG- OKI	1BG	50	110	0.00	60	4.00	3.00	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
327389 Apple, Dried, Crisps (1/2c) - OKI	1/2c	200	40	0.00	0	7.00	*N/A*	0.00	0.00	0	10.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
999658 Syrup, PKT - OKI	1	150	121	0.00	22	22.11	22.11	0.00	0.00	0	30.19	0.00	0.00	*N/A*	0.9	*N/A*	0.03
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			492	1.58	353	56.83	*28.08	7.71	0.00	17	91.05	6.30	14.47	*0	*339.3	*51.33	*0.78
% of Calories				2.89%		46.20%	*22.83 %	14.1%	0.0%		74.0%		11.8%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

## Wednesday - 05/20/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991007 Biscuit, Maple, IW - OKI	2BG	150	200	2.50	300	8.00	5.00	5.00	0.00	0	33.00	2.00	4.00	*N/A*	170.0	*N/A*	2.00
999492 Bars, Granola, Assorted - OKI	1BG	50	140	0.63	79	9.00	8.00	4.50	0.00	5	23.00	1.00	2.25	*N/A*	10.3	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20
991823 Juice, Apple, Cherry, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	50.00	*N/A*
999660 Jelly, PKT - OKI	1	150	36	0.00	6	7.03	6.82	0.01	0.00	0	9.03	0.03	0.04	*N/A*	0.4	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			450	3.93	412	47.51	*10.87	7.98	0.00	16	80.57	3.78	13.75	*0	*388.2	*57.00	*2.00
% of Calories				7.86%		42.23%	*9.66%	16.0%	0.0%		71.6%		12.2%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

## Thursday - 05/21/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
990778 Bites, Pancake Sausage - OKI	1.5BG, 2MMA	150	256	0.90	586	11.00	*N/A*	5.00	0.00	29	37.00	4.00	17.00	*N/A*	70.0	*N/A*	3.00
999835 Roll, Cinnamon, IW, BC - OKI	2.5BG	50	210	0.00	190	10.00	9.00	0.50	0.00	0	40.00	3.00	6.00	*N/A*	20.0	*N/A*	1.70
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	11.98	*0.00	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			428	1.50	595	42.98	*2.25	5.33	0.00	32	74.13	7.05	22.97	*0	305.4	*51.33	2.80
% of Calories				3.15%		40.17%	*2.10%	11.2%	0.0%		69.3%		21.5%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

## Friday - 05/22/2026

Reimbursable Meal Total 200

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
017681 Sandwich, Muffin, English, Tham, Cheese - OKI	2BG, 1MMA	150	199	1.92	601	2.68	*0.68	5.86	0.00	26	23.01	1.00	13.89	*N/A*	186.0	*N/A*	1.60
240754 Bread, Assorted, Mini Loaf - OKI	1BG	50	160	0.50	100	14.00	13.00	4.50	0.00	22	27.50	1.00	3.00	*N/A*	14.0	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13.27	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			437	3.45	636	42.73	*3.76	8.76	*0.00	40	73.01	8.09	21.29	*0	416.4	*11.62	1.87
% of Calories				7.11%		39.11%	*3.44%	18.0%	*0.0%		66.8%		19.5%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

## Monday - 05/25/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
606526 Pancake, Puffs, Mini, Strawberry - OKI	1 each	150	190	1.00	160	8.00	7.00	6.00	0.00	0	33.00	3.00	3.00	*N/A*	*N/A*	*N/A*	*N/A*
999479 Yogurt, Cups, Assorted - OKI	1MMA	50	80	0.00	75	12.00	7.00	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	*0.00
991136 Crackers, Educational Snacks - OKI	1BG	50	120	0.00	65	6.00	*N/A*	4.00	0.00	0	22.00	2.00	2.00	*N/A*	4.0	*N/A*	1.00
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13.00	*0.00	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	150	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	50	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			414	1.94	270	47.07	*7.00	7.62	*0.00	12	77.38	6.52	*11.92	*0	*264.0	*5.90	*0.66
% of Calories				4.22%		45.48%	*6.76%	16.6%	*0.0%		74.8%		*11.5%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

## Tuesday - 05/26/2026

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991819 Pancake, Bites, Poffitz, WG, IW - OKI	2BG	150	250	1.00	290	13.01	11.01	12.01	0.00	40	37.02	2.00	4.00	*N/A*	36.0	*N/A*	1.00
287497 Bread, Breakfast, Assorted, K12 - OKI	2BG	50	170	1.00	160	15.03	15.03	5.34	0.00	0	29.06	1.67	3.34	*N/A*	105.9	*N/A*	1.00
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13.00	*0.00	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
327389 Apple, Dried, Crisps (1/2c) - OKI	1/2c	200	40	0.00	0	7.00	*N/A*	0.00	0.00	0	10.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	150	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	50	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			429	2.16	372	44.65	*12.01	12.26	0.00	42	71.89	4.82	*11.95	*0	*229.3	*0.40	*1.27
% of Calories				4.53%		41.63%	*11.20 %	25.7%	0.0%		67.0%		*11.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

## Wednesday - 05/27/2026

Reimbursable Meal Total 200

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
339467 Croissant, Turkey, Sausage, Cheese, IW - OKI	1.5BG, .5MMA	150	290	8.00	450	5.00	4.00	14.00	0.00	60	31.00	0.00	9.00	*N/A*	85.0	*N/A*	7.00
999480 Muffin, Assorted, 1BG, BC, K12 - OKI	1BG	50	155	0.75	106	12.23	11.73	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	69	0.09	1	9.46	*N/A*	0.26	0.00	0	17.68	2.01	0.84	*N/A*	3.9	6.73	0.20
991823 Juice, Apple, Cherry, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13.00	0.00	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	50.00	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	150	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	50	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			499	8.43	534	40.66	*5.93	15.39	0.00	66	72.86	2.14	17.63	*0	*290.0	*57.13	*5.72
% of Calories				15.20 %		32.59%	*4.75%	27.8%	0.0%		58.4%		14.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

### Thursday - 05/28/2026

### Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991668 Omelet, Colby Jack, Tortilla - OKI	1BG, 2MMA	150	200	5.00	420	1.00	*0.00	10.49	0.00	165	15.97	0.00	10.00	*N/A*	*N/A*	*N/A*	*N/A*
999812 Rounds, Oatmeal, Assorted - OKI	2BG	50	273	4.23	239	14.91	13.42	11.93	0.00	15	38.77	3.98	4.97	*N/A*	29.8	*N/A*	1.49
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	11.98	*0.00	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
990645 ORANGE, Fresh 138CT, - OKI	1/2c	200	45	0.01	0	8.98	*N/A*	0.12	0.00	0	11.28	2.30	0.90	*N/A*	38.4	51.07	0.10

# Base Menu Spreadsheet

Open Kitchens Inc

## Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
999646 Salsa Cup - OKI	1/4c Veg	150	15	0.00	100	2.00	0.00	0.00	0.00	0	3.00	1.00	1.00	*N/A*	0.0	*N/A*	0.00
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			413	5.63	557	38.20	*3.35	12.31	0.00	137	60.30	5.05	18.21	*0	*255.3	*51.33	*0.50
% of Calories				12.27 %		37.00%	*3.24%	26.8%	0.0%		58.4%		17.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

## Friday - 05/29/2026

## Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
991007 Biscuit, Maple, IW - OKI	2BG	150	200	2.50	300	8.00	5.00	5.00	0.00	0	33.00	2.00	4.00	*N/A*	170.0	*N/A*	2.00
240754 Bread, Assorted, Mini Loaf - OKI	1BG	50	160	0.50	100	14.00	13.00	4.50	0.00	22	27.50	1.00	3.00	*N/A*	14.0	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	50	80	4.00	200	1.00	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13.27	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12.43	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	*N/A*	7.2	5.50	0.14
999660 Jelly, PKT - OKI	1	150	36	0.00	6	7.03	6.82	0.01	0.00	0	9.03	0.03	0.04	*N/A*	0.4	*N/A*	0.02
990668 Milk, 1/2PNT, 1% - OKI	1c	100	100	1.50	120	11.00	*N/A*	2.50	0.00	15	11.00	0.00	8.00	*N/A*	132.3	0.53	0.00

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 30, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990669 Milk, 1/2PNT, Skim - OKI	1c	100	77	0.13	95	11.54	*N/A*	0.18	0.00	5	11.25	0.00	7.64	*N/A*	276.7	0.00	0.07
Weighted Daily Average			466	3.88	415	51.99	*12.12	8.11	*0.00	20	87.27	8.86	13.90	*0	404.7	*11.62	2.19
% of Calories				7.49%		44.63%	*10.40 %	15.7%	*0.0%		74.9%		11.9%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10										

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	4516	31.74	4229	541.90	*87.01	71.55	*0.00	382	843.20	59.88	*138.31	*0	*2766.8	*86.27	*17.61
% of Calories		6.33%		48.00%	*7.71%	14.3%	*0.0%		74.7%		*12.3%				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**